



Plymouth Pedalers Lite Biking Club

2024 Lite Group Schedule 4 - Aug 28 through Oct 9

(all rides start at 9:30, **except for Sept 25, which starts at 10:00**)

Aug 28 - 9:30	<u>Coon Rapids Dam to Bunker Hills Park</u>	Leader: Bob Flynn 612-280-9540
Meet in the Coon Rapids Dam Regional Park on the west side of the Coon Rapids Dam. 10360 W River Rd. 55444. We will cross the dam and head north on the Coon Creek trail to Bunker Hills Regional Park. We'll return on the same route. Distance: About 17 miles. Trail: Mostly flat & paved. (Start location)		

Sep 4 - 9:30	<u>Fort Snelling to Mississippi River Gorge</u> (11:00 lunch at Sea Salt at Minnehaha Falls)	Leader: Ray Boll 763-269-9027
Meet at Fort Snelling Soccer Field. 6247 Bloomington Rd. Fort Snelling. We will ride through Veteran's Home Park, old Ford Plant area, Highland neighborhood, east river Rd. Sea Salt for Lunch at Minnehaha Falls. 1 Hill, 18 miles. Start Location		

Sep 11 - 9:30	<u>Medicine Lake to Theodore Wirth</u>	Leader: Norm Spaeth (763) 458-2431
Meet at West Medicine Lake Park, 1920 West Medicine Lake Dr, Plymouth. Ride the Luce Line east to Theodore Wirth Chalet and stop for coffee. Paved bike trails, mostly flat but a few moderate hills. About 17 miles. (Start Location)		

Sep 18 - 9:30	<u>Fish Lake/Eagle Lake Loop</u>	Leader: Laurie Netznik 952-451-4581
Meet in the parking lot at Fish Lake Regional Park, 14900 Bass Lake Road. We'll head south from the park onto the Medicine Lake Regional Trail. Then ride around Lake Camelot to Cheshire Pkwy and head north to Eagle Lake. Return to Fish Lake. The ride is mostly on bike paths with some hills along the way. 14 mi. (Start Location)		

Sep 25 - 10:00	<u>Brown's Creek Trail to Stillwater</u>	Leader: Bill Lundberg 651-235-3701
Meet at Brown's Creek Park. 8312 Neal Ave. N. Stillwater, MN 55082. We will ride the Brown's Creek trail into Stillwater, and then ride the loop trail to the St. Croix Crossing Bridge into Wisconsin, then around to the lift Bridge in Stillwater, and Back to Brown's Creek Park. We will stop for coffee in Stillwater. Trails: Paved, some hills. Distance: 14 miles. (Start Location)		

Oct 2 - 9:30	<u>Dakota Trail - Wayzata to Navarre/Mound</u>	Leader: Deb Grill 763-302-9061
Meet at the beach house parking lot in Wayzata - 238 Grove Lane East, Wayzata, MN. Ride on the Dakota Rail Regional Trail from Wayzata to Mound. We will stop for refreshments in Mound and then return to Wayzata. Trail: Level on paved rail bed, about 18 miles roundtrip. (Start Location)		

Oct 9 - 9:30	<u>Mpls Riverfront from Cedar Lake</u>	Leader: John Heibel 763-551-4767
Meet at the Triangle park - Drew Ave. So. & Cedar Shore Dr. near 3501 W 24th St. The ride will go on N. Cedar Lake Trail to Miss. River. Coffee stop on St. Anthony Main. Return via Cedar Lake Trail. Distance approx. 15 mi. Flat trails. (Start Location)		

Oct 16-12:00 * End of Season Lunch at Plymouth Community Center *****