

REGISTER: MARCH 13 (residents) | MARCH 20 (non residents) | 6 a.m. online | 10 a.m. phone





PARKERS LAKE PLAYFIELD, 15500 CO RD 6



### EBT NOW AVAILABLE

The market will be bursting with summer vegetables & fruits, so remember to bring a bag to carry it all home.

A newsletter is published online each week which highlights market vendors, upcoming news and recipes to try.

PLYMOUTH PARKS & RECREATION

763.509.5200 / plymouthmn.gov/farmersmarket



# **2024 SPECIAL EVENTS**

MARCH 14	Pie Day
MARCH 23	Discover Plymouth
APRIL 25 - 28	Primavera
MAY1	Walk with the Mayor
MAY 18	Bark in the Park
MAY 23	Summer Beach Series: Beaches and Bonfires
MAY 24	Memorial Day Event
JUNE 14	Hilde Nights - Parrothead Paradise
JUNE 18	Music in Millennium - Plymouth Concert Band
JUNE 18	Summer Skate Series
JUNE 26-OCT. 2	Farmers Market
JUNE 21	Summer Beach Series: Parker's Lake Play Day
JUNE 27	Happy Birthday America
JUNE 29	Music in Plymouth 5K
JULY 10	Music in Plymouth
JULY 19	Hilde Nights - Gen X Jukebox
AUGUST 9	Summer Beach Series: Beaches Bands and Brews
AUGUST 15	Kids Fest
AUGUST 20	Music in Millennium - Plymouth Rockers
AUGUST 23	Hilde Nights - Chris Kroeze and Tim Sigler Band
OCTOBER 25	Halloween Event
NOVEMBER 7	Veterans Day Breakfast
NOVEMBER 23	Plymouth Artisan Market

PLYMOUTHMN.GOV/SPECIALEVENTS

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### & CONTACT INFORMATION

### **MAIN PHONE NUMBERS**

City Hall	763-509-5000
Parks & Forestry Office	763-509-5940
Plymouth Community Center	763-509-5200
Plymouth Ice Center	763-509-5250
Weather Line	763-509-5205

### **PARKS & RECREATION · 763-509-5200**

Kari Hemp, Recreation Manager	763-509-5220
Jason Goehring, Turf & Horticulture Manager	763-509-5946
Brian Swartzer, Parks Infrastructure Manager	763-509-5947
Jess Riley, Plymouth Community Center Manager	763-509-5281
Hannah Hawkins, PCC Activity Coordinator	763-509-5217
Nicole Schultz, PCC Event Coordinator	763-509-5608
Erik Halverson, Ice Center Manager	763-509-5251
Dan Lauer, Athletics Supervisor	763-509-5283
Katie Yandell, Aquatics & Outdoor Programs	763-509-5222
Alyssa Fram, Arts Supervisor	763-509-5225
Jessie Koch, Outdoor Facilities & Events Supervisor	763-509-5223
Paul Pearson, Education & Inclusion Supervisor	763-509-5228
Ann Mosack, Health & Fitness Supervisor	763-509-5214
Meghan Constantini, Active Adult 55+ Supervisor	763-509-5284
Meghan Dunn, Aquatics Coordinator	763-509-5221
Zach Swenson, Program Coordinator	763-509-5226
Michele Wasko, Program Coordinator	763-509-5272
Jackie Maas, Volunteer Coordinator	763-509-5230
Jennifer Tomlinson, Director	763-509-5201

### CITY COUNCIL MEMBERS

Jeffry Wosje, Mayor Alise McGregor, Ward 1 Julie Peterson, Ward 2 Jim Davis, Ward 3 Julie Pointner, Ward 4 Clark Gregor, At Large Jim Willis, At Large jwosje@plymouthmn.gov amcgregor@plymouthmn.gov jpeterson@plymouthmn.gov jdavis@plymouthmn.gov jpointner@plymouthmn.gov cgregor@plymouthmn.gov jwillis@plymouthmn.gov

# PARK & RECREATION ADVISORY COMMISSION (PRAC) MEMBERS

Hannah Wegner, Ward 1 Ann Hoekstra, Ward 2 Nick Beecher, Ward 3 Vita Wilson, Ward 4 James Kuznia, At Large John McCulloch, At Large Jessica Montgomery, At Large hannahmwegner@gmail.com brigl003@umn.edu nick\_beecher@yahoo.com vitawilson@edinarealty.com james.kuznia@comcast.net johmccu@gmail.com jessicaj.montgomery@gmail.com

# Registration

### **REGISTRATION DATES**

Residents: March 13 6am online / 10am phone

Non-Residents: March 20 6am online / 10am phone

Aquatics Programs (res and non res):

March 13 (6am online / 10am phone)



### **PARKS & REC OFFICE HOURS**

Monday-Friday, 8am to 4:30pm



### **QUESTIONS?**

763-509-5200 / recreation@plymouthmn.gov



### **ACTIVITIES GUIDES**

Yearly subscriptions for non-residents are available for \$9/year.



### **WEATHER UPDATES**

763-509-5205

### HOW TO SET UP YOUR ONLINE ACCOUNT



### **GO ONLINE**

plymouthmn.gov/recreation Click the blue "Register Online" button. Then click "Create Account" 2

### **CREATE AN ACCOUNT**

Enter information about yourself.

Before you save, add family members that participate in recreation activities by clicking "Add New Member."



### SAVE

A quick approval process is required before your account is active. A confirmation will be emailed when your account is approved.

## FINANCIAL ASSISTANCE

- » Financial assistance application forms are available at: plymouthmn.gov or by calling 763-509-5200.
- » Program financial assistance dollars are available to assist families with children who meet income guidelines.
- » Funds are available to Plymouth residents only and only for children under 18 years of age.
- » Plymouth residents qualifying for assistance may purchase eight reduced price Lifetime passes per year at the Plymouth Parks & Recreation office (\$6.50 for adults and \$2.50 for children).

### **REGISTRATION POLICIES**

- » Total fee must be paid at the time of registration.
- » Registrations are not accepted at program site.
- » We reserve the right to cancel programs if needed. Full refunds will be issued if a class is canceled by the City.
- Cancellations made by Parks and Rec will be sent via e-mail from the Recreation general e-mail account. Credits will be put on the household account to use at a later date or account holder may request to be refunded by the original payment method.
- » Waiting lists will be started if classes fill. Additional or expanded classes may be formed if possible.
- » A receipt may be emailed as a confirmation. Further confirmations will not be sent by mail, phone or fax.
- » When registering by phone, you are officially agreeing to the liability and photo waivers stated on the registration form.
- Many participants in our programs have a peanut or similar nut allergy. For the safety and enjoyment of everyone in our programs, please pack nut-free snacks for your child when attending Plymouth Parks and Recreation programming.

### WITHDRAWAL / TRANSFER POLICIES

- » Class transfers are available and must be made at least one full week prior to the first class unless noted otherwise.
- » Withdrawal/refund requests must be made at least one full week prior to the first class unless noted. (For leagues, the withdrawal refund policy may be different and may be several weeks out from the start date of the program. This would be noted directly with the program advertisement.)
- » A \$5 service fee is retained on each withdrawal/refund request unless noted otherwise.
- » Withdrawals/transfers accepted by calling 763-509-5200. Faxed requests will not be accepted.
- There are no refunds for missed classes or for withdrawals after the stated full week policy.

Liability Waiver: In consideration of your accepting this entry, I state and affirm that participation in the above program(s) is voluntary. I understand that the program(s) are not an essential service provided by the City; that certain risks are inherent and that these risks, anticipated or unanticipated, may result in injury or damage to persons and/or property. I hereby assume all risks in connection with the program(s); agree to hold the City or anyone acting on behalf of the City harmless and waive any right to make claims or bring lawsuits for any injuries or damages related to the alleged negligence of the City. This waiver does not apply to any injuries or damages that are a result of willful, wanton or intentional misconduct by the City or anyone acting on behalf of the City.

Photo Waiver: I understand that the City may use photographs taken at its programs that picture me or my dependents for publicity purposes.

### SPECIAL USE FACILITIES

- 1 Plymouth Dog Park 17005 Chankadha Trail
- 2 Hilde Performance Center 3500 Plymouth Blvd
- 3 Plymouth Ice Center 3650 Plymouth Blvd
- 4 Millennium Garden 14800 34th Ave
- 5 NW Greenway Pavilion/Challenge Course 5250 Peony Ln
- 6 Plymouth Community Center/Fieldhouse 14800 34th Ave
- 7 Plymouth City Hall 3400 Plymouth Blvd

### **PLAYFIELDS**

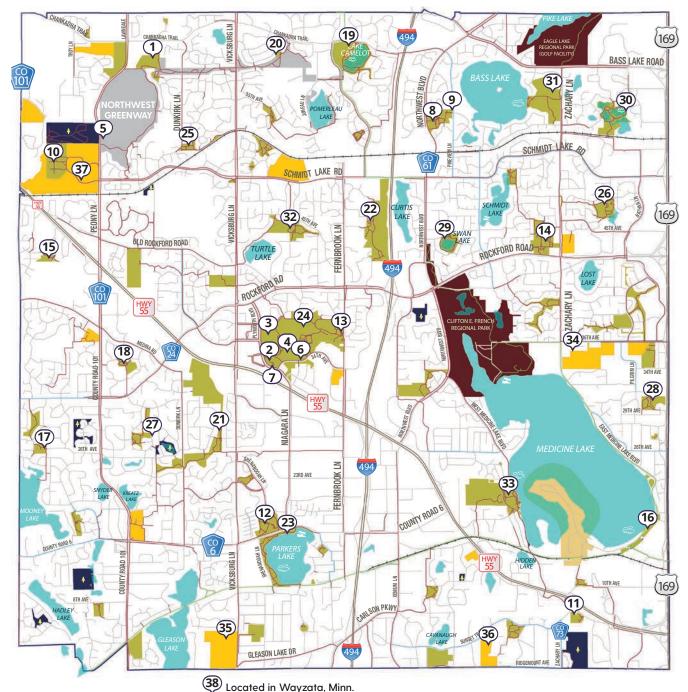
- 8 Bass Lake 5450 Northwest Blvd
- 9 Bass Lake Tennis Courts Pineview Lane N & 54th Ave N
- 10 Elm Creek 4905 Peony Ln
- 11 LaCompte 10795 Old Co Rd 15
- 12 Parkers Lake 15500 Co Rd 6
- 13 Plymouth Creek 3625 Fernbrook Ln
- 14 Zachary 4355 Zachary Ln

### **PARKS**

- 15 Crooked Creek 4255 Walnut Grove Ln N
- 16 East Medicine Lake 1740 E Medicine Lk Blvd
- 17 Green Oaks 2600 Zircon Ln N
- 18 Heather Ponds 3426 Lawndale Ln N
- 19 Lake Camelot 14105 Chankadha Trail
- 20 Legacy Greenway 15365 59th Pl N
- 21 Maple Creek 2695 Weston Ln N
- 22 Nature Canyon 13919 45th Ave N
- 23 Parkers Lake 15205 Co Rd 6
- 24 Plymouth Creek 14800 34th Ave N
- 25 Prairie Ponds 5150 Dunkirk Ln N
- 26 Rolling Hills 10355 48th Ave N
- 27 Shiloh 2700 Jewel Ln N
- 28 Sunrise 2995 Kilmer Ln N
- 29 Swan Lake 4480 Quinwood Ln N
- 30 Three Ponds 5360 Union Terrace Ln N
- 31 Timber Shores 11250 53rd Ave N
- 32 Turtle Lake 14991 45th Ave N
- 33 West Medicine Lake 1920 W Medicine Lk Dr

### SCHOOLS

- 34 Armstrong Senior High 10635 36th Ave
- 35 Wayzata Central Middle 305 Vicksburg Ln
- 36 Wayzata East Middle School 12000 Ridgemount Ave
- 37 Wayzata High School 4955 Peony Ln
- 38 Wayzata West Middle School 149 Barry Ave, Wayzata





This map shows where activities are located.

To view the full Parks & Trails map, visit plymouthmn.gov

# Plymouth Facilities











**OPEN GYM** 



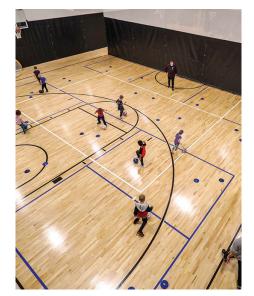
: PCC

**FIELDHOUSE** 













# Beach information on pg 95





### NEW!

# WAYZATA EAST MIDDLE SCHOOL POOL



Plymouth Parks & Recreation will provide aquatics programs from 6 a.m. to 9 p.m. at Wayzata East Middle School. Please see list of offerings on pages 88-94.





### **VETERANS MEMORIAL WALL**

at Plymouth City Hall, 3400 Plymouth Blvd.

Honor a veteran by having their name engraved on our Veterans Memorial wall located adjacent to City Hall. Any veteran who has been honorably discharged is eligible for engraving. For details and pricing, call 763-509-5200.

### **MEMORIALS**

The City offers opportunities to memorialize a person, pet or event by donating money for a bench or a tree. These unique items range in price from \$500 to \$2,500. For details, contact Paul Buck at 763-509-5944 or pbuck@plymouthmn.gov

### LIFETIME™ FITNESS: PLYMOUTH

The City of Plymouth has a public-private partnership with the Plymouth LifeTime™ – which allows Plymouth residents to purchase daily passes for the pool and fitness area/club without the purchase of a LifeTime™ membership.

Rates are subject to change. For hours, rates and more information, call Plymouth LifeTime $^{-1}$  at 763-509-0909.

### Low Income Discounts

Residents of Plymouth who are low income may qualify for discount passes. Individuals may purchase eight discount daily passes per year from the city. Call 763-509-5200 for an application and details on eligibility.

# Volunteer Opportunities

### MAKE A DIFFERENCE - VOLUNTEER!



### **GENERAL OPPORTUNITIES**

Open to individuals 16 years & older.

### Adopt a Spot

Adopt a park, garden, dog waste station, fire hydrant, storm drain or street to keep Plymouth clean and safe. View a map at plymouthmn.gov/adoptaspot to find which spot is available near you.

### **Archival Adventures**

Learn how to care for historic photos and documents at Old Town Hall, Thursdays, March 7, April 18, May 16 and June 6.

### **Art Ambassador**

Greet visitors and answer questions about rotating art exhibits at the Plymouth Community Center during the late afternoon/evening and weekends. Must be 16 years or older.

### **Garlic Mustard Removal**

### May

Remove this spring invasive plant from parks and trails. Work on your own or organize a group event for your neighborhood park. Contact Volunteer Services for identification and removal information. A great self-directed family, neighborhood, group or scout project.

### **History Ambassadors**

### Starting in July

Greet visitors during Old Town Hall open hours and help them solve their history mysteries. Training provided.

### Millennium Garden Caretakers

### June - September

Keep the Millennium Garden looking lovely for residents and garden weddings. Set your own schedule to water, deadhead and weed.

### **Native Plant Garden Club**

### July - September

Provide regular maintenance of native perennials during volunteer-led organized events at the Fazendin Park pollinator garden.

Tuesday, June 11, 6 to 8 p.m.

Friday, June 14, 9 to 11 a.m.

Tuesday, July 9, 6 to 8 p.m.

Friday, July 12, 9 to 11 a.m.

Tuesday, August 13, 6 to 8 p.m.

Friday, August 16, 9 to 11 a.m.

Friday, September 13, 9 to 11 a.m.

### **Police Explorers**

Youth, aged 14 to 20, explore law enforcement careers by studying an array of topics, including search and arrest, traffic stops, crime prevention, use of force and much more. Explorers meet weekly during the school year. Contact Volunteer Services for an application due Aug. 1.

### **Police Reserves**

Assist sworn officers with traffic and crowd control, transportation of prisoners, surveillance and patrol activities, special events and other education programs. Must be 21 year or older, commit to 15 hours a month, have a clean driving record and background check.

### **Storm Drain Marking**

Mark your neighborhood storm drains to remind passersby that storm water and debris drains straight into wetlands untreated, which can pollute the water. Flexible schedule. Great family or scout project!

# YOUTH COACHING OPPORTUNITIES

### Adults and teens 16 or older

No coaching experience required; free coaching materials and training clinics are provided.

### **T-ball/Baseball Coaches**

### June (8 weeks) or July-Aug. (6 weeks)

Coach an evening recreation t-ball program with emphasis on fun for kids ages 4-7.

### **Soccer Coaches**

### Late August to mid-October

Coach a fall youth recreational soccer program (ages 5-14) with one game and one practice each week.

### SPECIAL EVENTS OPPORTUNITIES

Open to individuals 14 years & older.

### **Discover Plymouth**

### Saturday, March 23

Help showcase Plymouth by assisting with set up, interacting with residents during the event and tearing down when it is over.

### **Primavera**

### Thursday, April 25 - Sunday, April 28

Assist with preparation before and during the annual fine arts event.

### **Drop-Off Day**

### Friday, April 26 & Saturday, April 27

Put your passion for the environment to work on the days when city residents can safely dispose of recyclable items. Volunteers direct traffic, keep track of and sort items.

### **Bare Root Tree Sale**

### Friday, May 3 & Saturday, May 4

Help with Friday set up and then assist residents who have placed orders for trees and shrubs during a city-sponsored sale.

### **Plant and Pull Day**

### Saturday, June 1

Join in planting flowers to beautify Plymouth city parks and buildings. Or pull invasive garlic mustard from woodland areas. Open to teens, adults, families and groups.

### **Kids Fest**

### Thursday, August 15

Assist with children's games, help manage lines and more.

### TWEEN OPPORTUNITIES

An introduction to volunteering for tweens aged 11-13 with stand-alone opportunities to support your community. These are active positions with bending and walking. Registration is required. Space is limited. Activities are led by city staff members and volunteers. See page 46 to register.

### **Aquatics Camps**

### June - August

Assist with swim lessons by presenting safety lessons of the day, take attendance, read stories to siblings waiting for family members in the pool and more. A great opportunity for those interested in becoming a future swim instructor. Must be 12 or 13 years old.

### **Garlic Mustard Pull**

### Tuesday, May 21, 4:30 to 6 p.m.

Pull invasive garlic mustard from wooded areas in Plymouth City Center. Bring gardening gloves and a water bottle. Wear long pants, long sleeves and sturdy shoes.

### **Storm Drain Marking**

### Thursday, July 18, 6:30 to 8 p.m. Aspen Ridge Park

Learn why it's important to keep Plymouth's watersheds clean, then clear and mark storm drains to educate others. Bring work gloves, a water bottle and dress for the weather.

# 1,800+ volunteers

make a difference in our community

### **CONTACT VOLUNTEER SERVICES**

763-509-5230

volunteer@plymouthmn.gov Plymouthmn.gov/volunteer

### **TEEN OPPORTUNITIES**

### **Summer Teen Volunteer Program**

### June - August

Teens 14 and older learn leadership skills and gain valuable experience working with children enrolled in summer recreation programs, including playgrounds, sports, art and more. Behind-the-scenes opportunities at Old Town Hall are also available.

Teens choose the programs, locations and times that interest them. Call 763-509-5230 for an application or go online; they are due Friday, April 5. Mandatory training session during the week of June 10. Additional training sessions may be required, depending on placements.

### **Parks & Forestry Career Camp**

Teens work alongside Parks & Forestry professionals who will share their skills and career insights. Learn about playground installation, turf and sports field management, urban forestry, and horticulture. Explore outdoor career opportunities that allow you to be active and work with your hands. Must be 16 years or older. Space is limited and registration is required.



# Adaptive & Inclusive Programs

### **INCLUSION SERVICES**

In compliance with the Americans with Disabilities Act of 1990, reasonable accommodations can be provided

upon request to allow individuals with a disability to participate in Plymouth Parks & Recreation services, programs and activities.

Plymouth Parks & Recreation offers inclusion services. If you have questions regarding special needs and our inclusion services, please call 763-509-5200.

### **INCLUSION POLICY**

Plymouth Parks & Recreation prides itself on providing quality programs and activities for people of all abilities.

To create the best recreation experience for people with and without disabilities, we require a minimum of two weeks advance notice before the start of a recreation program or activity.

Without a two-week notice, Plymouth Parks & Recreation is not able to guarantee that individual requests can be met. If Plymouth Parks & Recreation cannot meet a given request due to short notice, the participant would be required to arrange for their own Personal Care Attendant (PCA).

No refund will be issued due to the lack of an inclusion aide if you register less than one week from the start of the program.

To ensure that each participant has the best possible experience, follow these steps:

- » Register and notify Recreation staff of any special needs a minimum of two weeks in advance.
- » Complete and return the Participant Information Form.

see pg. 11 for additional resources

### **ARTS ACCESS**

Arts Access workshops and activities are specifically designed for youth and adults with disabilities.

### ARTS ACCESS - BEGINNER ACRYLIC PAINTING PCC-Education Wina. 14800 34th Avenue N

Artists will create a painting with acrylic paint. This beginner level two-part class will focus on how to create bright color, texture and depth and build knowledge on the use of different brushes and techniques. All materials provided.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	W	Aug 7 6:00pm-7:30pm Aug 14 6:00pm-7:30pm	Res \$30 Non Res \$35	25183-01

### ARTS ACCESS - BEGINNER DRAWING BASICS

PCC-Education Wing, 14800 34th Avenue N

Learn to draw accurately and quickly by breaking complicated objects down into simple shapes. In this two-part class we will cover the basis principles of perspective, layout, design, lighting, volume, and space. All materials provided.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	W	Jun 26 6:00pm-7:30pm July 3 6:00pm-7:30pm	Res \$30 Non Res \$35	25181-01

### ARTS ACCESS - INTRODUCTION TO KNITTING PCC-Education Wina, 14800 34th Avenue N

This introductory beginner-friendly workshop offers hands-on learning, visual aids and personalized help so you can master the art of knitting. Walk away with a finished project. All supplies included.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	W	July 17 6:00pm-7:30pm	Res \$15 Non Res \$20	25182-01

# ARTS ACCESS FLOWER POT PAINTING AND PLANTING PCC-Education Wina. 14800 34th Avenue N

Artists can choose to create a piece of art with acrylic paint pouring or other embellishments. Plant your annual flower in your new pot and a mini garden appears! All supplies included.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	W	June 5 6:00pm-7:30pm	Res \$15 Non Res \$20	25180-01



#### **GYMNASTICS**

### **GYMNASTICS CAMP: ADAPTIVE STARS**

Wayzata High School, 4955 Peony Lane

Adaptive Stars is a unique gymnastics program designed for children and young adults accompanied by a para or other supportive grown up. Our program is dedicated to providing an inclusive and supportive environment where every participant can discover the joy of gymnastics and unlock their full potential. We will emphasize skill development, coordination, flexibility, and strength-building in a way that accommodates various abilities. Our adaptive equipment and modified routines cater to individual needs, fostering a sense of achievement and confidence among participants. We believe that gymnastics is for everyone, and we are committed to breaking down barriers to participation. Join us on this exciting journey where each participant, regardless of ability, can shine bright and reach new heights. (Enter at the Commons Door, East side of Building, Door 30)

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-20	M-Th	Jun 10-Jun 13 1:30pm-2:30pm	Res \$65 Non Res \$75	23250-01
5-20	M-W,F	Jun 17-Jun 21 9:00am-10:00am	Res \$65 Non Res \$75	23250-02
5-20	M-Th	Jun 24-Jun 27 3:00pm-4:00pm	Res \$65 Non Res \$75	23250-03
5-20	M-Th	Jul 22-Jul 25 1:00pm-2:00pm	Res \$65 Non Res \$75	23250-04

### **YOGA**

#### **ADAPTIVE SLOW FLOW**

PCC-Active Wing, 14800 34th Avenue N

An energizing hour of Yoga that includes breathwork, a little meditation, movement, balance, strength and stretch. Bring your mat, and water. Instr: PR Brady. No program: 5/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
14+	М	May 6-Jun 24 11:15am-12:15pm	Res \$75 Non Res \$85	25463-01
14+	М	Jul 8-Aug 26 11:15am-12:15pm	Res \$85 Non Res \$95	25463-02

#### NATURE-BASED CAMPS AND GROUPS

# FOREST FRIENDS: AN INCLUSIVE, THERAPEUTIC & PLAYFUL NATURE-BASED CAMP

PCC-Active Wing, 14800 34th Avenue N

Explore and access nature in various ways for mindfulness, fun, and reaping the therapeutic benefits of nature. This is a space for kids to connect with their true selves, connect with peers in their own way, and connect with nature. All are welcome! Please pack a nut-free snack and drink each day.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-6	M-Th	Jun 10-Jun 13 8:30am-11:30am	Res \$300 Non Res \$330	23346-01

# NATURALLY YOU: AN INCLUSIVE, THERAPEUTIC, & MINDFULNESS-DRIVEN NATURE-BASED GROUP

PCC-Education Wing, 14800 34th Avenue N

This course offers adults to explore and access nature in various ways for mindfulness and reaping other therapeutic benefits of nature. This is a space for adults to connect with their true selves, connect with others in their own way, and connect with nature. All are welcome! Instr. Michelle Pettit, Roots & Wings Therapeutic Services LLC

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Jun 10-Jul 8 6:15pm-7:30pm	Res \$190 Non Res \$209	25356-01

# NATURE NAVIGATORS: AN INCLUSIVE, THERAPEUTIC, & CURIOSITY-DRIVEN NATURE-BASED GROUP

NW Greenway, 5250 Peony Lane

This course offers youth to explore and access nature in various ways for mindfulness, fun, and reaping the therapeutic benefits of nature. This is a space for youth to connect with their true selves, connect with peers in their own way, and connect with nature. All are welcome!

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	M-Th	Jul 8-Jul 11 9:00am-12:00pm	Res \$300 Non Res \$330	24305-01

# GROUNDED ARTS & CRAFTS: AN INCLUSIVE & NATURE-BASED CAMP

NW Greenway, 5250 Peony Lane

Explore and access nature creatively using nature-based materials to create various arts and crafts. This is a space for youth to connect with their true selves, connect with peers in their own way, and connect with nature. All are welcome. Instr. Michelle Pettit, Roots and Wings Therapeutic Services LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-15	M-Th	Aug 19-Aug 22 9:00am-12:00pm	Res \$325 Non Res \$359	23320-01

# BUBBLES & FIDGETS: AN INCLUSIVE, THERAPEUTIC, AND NATURE-BASED CAMP

PCC - Active Wing, 14800 34th Ave. N

Explore and access nature with activities centered on fun bubble activities and creating and playing with different types of fidgets. This is a space for youth to connect with their true selves, connect with peers in their own way, and connect with nature. All are welcome! Please bring a nut-free snack and water each day.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-15	M-Th	Aug 26-Aug 29 9:00am-12:00pm	Res \$325 Non Res \$359	23343-01

# 

#### MUSIC

### PRIVATE ADAPTIVE MUSIC SESSIONS

PCC-Education Wing, 14800 34th Avenue N

Private 30-minute lessons are taught by board-certified (MT-BC) Neurologic Music Therapists®. Beginner to intermediate students of any age with any disabilities welcomed. These lessons will be adapted to your student and are for anyone who has wanted to try music lessons. We understand that learning is a process for many, and therapists are able to adapt to the pace and style of instruction that is success oriented and comfortable for learners. No music experience required! It is recommended to have an instrument at home for practice. Instrument choices include: Piano, ukulele, percussion, guitar, and voice. Instr. Living Spirit Therapy Services, LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
all ages	Tu	Jun 4-Jun 25 6:00pm-8:00pm	Res \$450 Non Res \$460	26102-01
all ages	W	Aug 7-Aug 28 9:00am-12:00pm	Res \$450 Non Res \$460	26102-02
all ages	Th	Aug 1-Aug 29 6:00pm-8:00pm	Res \$450 Non Res \$460	26102-03

# PRIVATE EXPLORATORY ADAPTIVE MUSIC SESSIONS

PCC-Education Wing, 14800 34th Avenue N

Private 30-minute lessons are taught by board-certified (MT-BC) Neurologic Music Therapists®. Students have the opportunity to try a variety of different instruments before settling on one. Instruments include: piano, guitar, percussion, voice, and ukulele. No music experience required. Beginner to intermediate students of any age with any disabilities welcomed. Let us help them discover their strengths and explore the joys of playing an instrument! Instr: Living Spirit Therapy Services, LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
all ages	Tu	Jun 4-Jun 25 6:00pm-8:00pm	Res \$450 Non Res \$460	26103-01
all ages	W	Aug 7-Aug 28 9:00am-12:00pm	Res \$450 Non Res \$460	26103-02
all ages	Th	Aug 1-Aug 29 6:00pm-8:00pm	Res \$450 Non Res \$460	26103-03

# SHORT-TERM, SUPPLEMENTAL SUMMER MUSIC THERAPY

PCC-Education Wing, 14800 34th Avenue N

Music therapy sessions are individualized to meet immediate needs in individual, dyads, and small group formats. People with any physical, cognitive, social, emotional, or spiritual need may benefit from music therapy services. Music therapy sessions are facilitated by board-certified Neurologic Music Therapists® (MT-BC). These sessions are not intended for those who have not received music therapy before, but for those who receive music therapy during the school year and may not have access to them during summer. When registering please note one of the following options for therapy services - individual, dyads (session with one other participant), or small group. Instr: Living Spirit Therapy Services, LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
all ages	Tu	Jun 4-Jun 25 6:00pm-8:00pm	Res \$450 Non Res \$460	26104-01
all ages	W	Aug 7-Aug 28 9:00am-12:00pm	Res \$450 Non Res \$460	26104-02
all ages	Th	Aug 1-Aug 29 6:00pm-8:00pm	Res \$450 Non Res \$460	26104-03

### I GOT THE MUSIC IN ME

PCC-Active Wing, 14800 34th Avenue N

This inclusive music camp is a multisensory camp exploring music through multiple mediums. We'll sing, dance and explore a variety of instruments, books through song, and create your own music crafts. Caregivers/parents are encouraged to join if participants have high support needs. Camp is facilitated by board-certified (MT-BC) Neurologic Music Therapists®. No music experience required! Please complete the linked music therapy referral form if participants have any disabilities. Instr: Living Spirit Therapy Services, LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-9	M-F	Jul 22-Jul 26 1:00pm-4:00pm	Res \$300 Non Res \$330	23124-01

### **DRUMMING, SONGWRITING AND RELAXATION**PCC-Active Wing, 14800 34th Avenue N

This inclusive camp will explore music in a variety of ways. Explore different kinds of drums: African, bucket, ball, sound shapes, paddle, table, and more. Try your hand at songwriting and creating your own beats with technology. Experiment with a variety of different relaxation techniques. No experience required! Caregivers are encouraged to join if participants have high support needs. Camp will be facilitated by board-certified (MT-BC) Neurologic Music Therapists®. Please complete the liked music therapy referral form if participants have any disabilities. Instr. Living Spirit Therapy Services, LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13+	M-F	Jul 22-Jul 26 9:00am-12:00pm	Res \$300 Non Res \$330	25106-01

### MUSIC, MUSIC, MUSIC PCC-Event Wing, 14800 34th Avenue N

This inclusive music group is for all music loves: well adults and those with physical or mental conditions. Sing, play instruments, move to the music, share memories and associations with the music, meet new friends, and learn new ways to explore music. Class will be facilitated by board-certified (MT-BC) Neurologic Music Therapist®. Those with physical conditions, dementia, and mental health conditions are welcome to participate alone or with a caregiver. No music experience required. Please complete the linked music therapy referral form if you have dementia or a mental health condition. Instr. Living Spirit Therapy Services, LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	Tu-F	Aug 20-Aug 23 1:00pm-3:00pm	Res \$300 Non Res \$330	25109-01



### **SWIMMING**

### **ADAPTIVE PRIVATE SWIM LESSONS**

Wayzata East Middle School, 12000 Ridgemount Avenue

Lessons will be taught by an instructor certified in Swim Angelfish's Swim Whisperers® program. This multi-level Swim Whisperers® Certification Program teaches swim instructors the strategies needed to overcome the underlying challenges faced by their swimmers. This advanced adaptive aquatic training empowers instructors with the required tools to more effectively teach swimmers with Anxiety, Autism, Trauma, Discomfort, Physical Difficulties, Sensory Issues, Motor Problems and Delays.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	M-Th	Jun 10-Jun 20 8:30am-9:00am	Res \$245 Non Res \$245	26801-01
5+	M-Th	Jun 24-Jul 3 8:30am-9:00am	Res \$245 Non Res \$245	26801-02
5+	M-Th	Jun 24-Jul 3 11:00am-11:30am	Res \$245 Non Res \$245	26801-03
5+	M-Th	Jul 8-Jul 18 10:00am-10:30am	Res \$280 Non Res \$280	26801-04
5+	M-Th	Jul 22-Aug 1 8:30am-9:00am	Res \$280 Non Res \$280	26801-05
5+	M-Th	Aug 5-Aug 15 8:30am-9:00am	Res \$280 Non Res \$280	26801-06
5+	Tu	Jun 4-Jul 23 5:15pm-5:45pm	Res \$280 Non Res \$280	26801-07
5+	Th	Jun 13-Jul 25 6:00pm-6:30pm	Res \$210 Non Res \$210	26801-08
5+	Sa	Jun 8-Aug 3 8:30am-9:00am	Res \$280 Non Res \$280	26801-09
5+	Tu,Th	Jul 30-Aug 15 8:00pm-8:30pm	Res \$210 Non Res \$210	26801-10

### **SEMI-PRIVATE ADAPTIVE SWIM LESSONS**

Wayzata East Middle School, 12000 Ridgemount Avenue

Small group lessons of 2-3 participants will be taught by an instructor certified in Swim Angelfish's Swim Whisperers® program. This multi-level Swim Whisperers® Certification Program teaches swim instructors the strategies needed to overcome the underlying challenges faced by their swimmers. This advanced adaptive aquatic training empowers instructors with the required tools to more effectively teach swimmers with Anxiety, Autism, Trauma, Discomfort, Physical Difficulties, Sensory Issues, Motor Problems and Delays.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	M-Th	Jun 10-Jun 20 10:00am-10:30am	Res \$168 Non Res \$168	26806-01
5+	M-Th	Jun 24-Jul 3 10:15am-10:45am	Res \$168 Non Res \$168	26806-02
5+	M-Th	Jul 8-Jul 18 8:30am-9:00am	Res \$192 Non Res \$192	26806-03
5+	M-Th	Jul 22-Aug 1 11:00am-11:30am	Res \$192 Non Res \$192	26806-04
5+	M-Th	Aug 5-Aug 15 10:00am-10:30am	Res \$192 Non Res \$192	26806-05
5+	Tu	Jun 4-Jul 23 4:30pm-5:00pm	Res \$192 Non Res \$192	26806-06
5+	Tu	Jun 4-Jul 23 7:45pm-8:15pm	Res \$192 Non Res \$192	26806-07
5+	Th	Jun 13-Jul 25 4:30pm-5:00pm	Res \$144 Non Res \$144	26806-08
5+	Sa	Jun 8-Aug 3 12:00pm-12:30pm	Res \$192 Non Res \$192	26806-09
5+	Sa	Jun 8-Aug 3 1:30pm-2:00pm	Res \$192 Non Res \$192	26806-10
5+	Tu,Th	Jul 30-Aug 15 6:45pm-7:15pm	Res \$144 Non Res \$144	26806-11

### **ADDITIONAL RESOURCES**

**REACH FOR RESOURCES** provides programs for all ages and serves the northern and western Twin Cities suburbs. REACH programs include bowling, dances and trips.

**%** 952-200-3030

reachforresources.org

WINDOWS OF OPPORTUNITY provides programs for adults and serves the Robbinsdale School District 281. Program offerings include trips, dances, bike outings and computer classes.

**%** 763-504-6990

ced.rdale.org

PROJECT SOAR provides programs for adults and serves four school districts: Hopkins, Minnetonka, St. Louis Park and Wayzata. Program offerings include trips, dances, arts and crafts, BINGO and cooking.

**952-401-6898** 

projectsoarmn.org

COURAGE KENNY REHABILITATION INSTITUTE provides programs for all ages and has locations in Burnsville, Golden Valley, Forest Lake and Stillwater. Program offerings include swim classes, sports and support groups as well as work and career skills.

**%** 612-775-2499

allinahealth.org/courage-kenny-rehabilitation-institute



**ARTS** 

### MUSIC FOR EVERYONE

PCC-Education Wing, 14800 34th Avenue N

Private 30-minute lessons are taught by qualified, experienced teachers. Beginner to intermediate students welcome. Learn new skills or improve those you already have. Develop your tone, rhythm and reading skills while you enjoy a variety of musical styles. Students will need their own instrument at home for practice. Piano students will need a piano or keyboard with natural touch and at least 76 keys. No Lessons: 6/19, 7/2-7/4.

AGES: 7+ | DAYS: Tuesdays - Thursdays

#### SESSION DATES:

June 11 - August 15

COST: Res: \$225 | Non Res: \$235

#### REGISTRATION

Plymouth and Maple Grove belong to this consortium. If you live in either of these cities, you qualify for the resident rate. Before registering, email musicforeveryone@plymouthmn.gov to arrange lesson time.

- · Flute
- · Piano
- · Viola, Violin, or Guitar
- Voice

New students can start anytime during the session, subject to availability. Fees are pro-rated at \$25 per lesson. Bring the course registration receipt to the first class.

### YOGA BALL DRUMMING

PCC-Active Wing, 14800 34th Avenue N

This music infused class uses yoga balls and drum sticks to increase strength and endurance, range of motion, flexibility and coordination; improve mood and affect; improve immune functioning and much more! Meet new people, have fun, get fit and groove at the same time! All ages and abilities welcome! Modifications provided to sit and stand for the program. This group will be facilitated by a board-certified (MT-BC) Neurologic Music Therapist®. Instr: Living Spirit Therapy Services, LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13+	Tu	Jul 16 5:30pm-6:30pm	Res \$46 Non Res \$53	26105-02
13+	Tu	Aug 20 5:30pm-6:30pm	Res \$46 Non Res \$53	26105-03



### **OUTDOOR RECREATION**

#### **FAMILY FIRST SAIL**

Wayzata Community Sailing Center, 426 Arlington Circle

A fun first introductory lesson to sailing just for families up to four sailors. Small children are welcome as long as they can wear a life jacket. Learn the basics and experience the excitement of sailing on Lake Minnetonka. Lessons will begin with sailing basics, followed by on-water instruction with Wayzata Sailing's Certified Instructors. Skills include: Basic tiller steering, points of sail and basic sail trim. Dress appropriately for the weather and outdoors. Personal Flotation Device and sailboat are included. Price is for a family of 5. One registration per family not each person. Each family will have their own instructor and sailboat. Limited to 3 families.

AGES	DAY	DATE & TIME	COST	ACTIVITY
all ages	F	Jun 28 5:00pm-8:00pm	Res \$144 Non Res \$180	25235-01

### INTRO TO STAND UP PADDLEBOARD

East Medicine Lake Park, 1740 East Medicine Lake Boulevard

Learn to paddle board and find out the fitness benefits! Basic safety and instruction on maneuvering, steering, and refining techniques. Priorities are safety, fun, and addressing individual goals. Expect to get wet: bring a towel and wear sunscreen. Participants must be 8 years of age or older. Brought to you by the certified instructors at Betty's Board Shop. Boards and life jackets provided.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8+	Tu	May 28 5:00pm-6:00pm	Res \$40 Non Res \$45	25216-01
8+	Sa	Jun 1 8:00am-9:00am	Res \$40 Non Res \$45	25216-03



### **SPECIALTY**

### THE STEM LAB LLC KITS: **WOODWORKER DRAGSTER RACE CAR** Online

Use a hammer and nails to build a working dragster race car complete with fiery decals and a racetrack for launchina! Kit features hammer, hardware, paint, paintbrush, precut quality wood pieces with predrilled holes, full-color step-by-step instructions for ease of assembly. Makes one dragster and launching track. Geared towards ages 7+. Please indicate pickup or shipping option (additional \$8).

AGES	COST	ACTIVITY
7+	\$25	26924-01

### THE STEM LAB LLC KITS: WOODWORKER MARBLE DROP

#### Online

Features marble, hammer, hardware, paint, paintbrush, stickers. precut quality wood pieces with predrilled holes and full-color step-by-step instructions for ease of assembly. Makes one marble drop game. Geared towards ages 8+. Please indicate pickup or shipping option (additional \$8).

AGES	COST	ACTIVITY
8+	\$25	26926-01

### THE STEM LAB LLC KITS: **WOODWORKER PROPELLER RACER** Online

Spin the propeller and watch it go! Build a racer that really moves with this interactive lesson in woodworking and physics. Construct and decorate the racer, then experiment to see what makes it go the farthest and fastest. Features hammer, hardware, paint, paintbrush, stickers, precut quality wood pieces with predrilled holes, full-color step-by-step instructions for ease of assembly. Makes one propeller racer. Geared towards ages 8+. Please indicate pickup or shipping option (additional \$8).

AGES	COST	ACTIVITY
8+	\$25	26927-01

### THE STEM LAB LLC KITS: WOODWORKER MARSHMALLOW LAUNCHER Online

The Marshmallow Launcher is as fun to use as it is to build! Kit features hammer, hardware, paintbrush, paint, precut auglity wood pieces with predrilled holes, full-color step-by-step instructions for ease of assembly. Once built, the fully functional launcher can be used all summer long. Makes one launcher. Geared towards gaes 7+. Please indicate pickup or shipping option (additional \$8).

AGES	COST	ACTIVITY
7+	\$25	26925-01

### **SPORTS - MARTIAL ARTS**

### TAE KWON DO KARATE BEGINNER

Ultimate Martial Arts, 147 Hamel Road

Improve balance, coordination and overall physical health, Build confidence, self-esteem and concentration, Instr. Tom Malone. Martial Arts Hall of Fame Inductee

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	М	Jun 17-Jul 22 4:00pm-4:45pm	Res \$109 Non Res \$119	26215-01

### **SPORTS - GYMNASTICS**

### **GYMNASTICS OPEN GYM**

Wayzata High School, 4955 Peony Lane

Practice your skills, show off to your family, and enjoy some active time together! Price is per person all participants 1+ need to be registered. An adult will need to accompany children.

DAY	DATE & TIME	COST	ACTIVITY
М	Jun 17 1:00pm-3:00pm	Res \$10 Non Res \$10	23416-01
Tu	Jun 18 1:00pm-3:00pm	Res \$10 Non Res \$10	23416-02
Th	Jun 20 1:00pm-3:00pm	Res \$10 Non Res \$10	23416-03
F	Jun 21 1:00pm-3:00pm	Res \$10 Non Res \$10	23416-04
М	Jul 22 3:00pm-5:00pm	Res \$10 Non Res \$10	23416-05
Tu	Jul 23 3:00pm-5:00pm	Res \$10 Non Res \$10	23416-06

### **GYMNASTICS TUMBLING PRIVATE LESSONS**

Wayzata High School, 4955 Peony Lane

Take time to get some one-on-one instruction from our staff. Private lessons are developed to meet the goals of each individual aymnast. No lines, no waiting just your aymnast and individualized attention! Lessons meet for 30 minutes

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	M-Th	Jun 10-Jun 13 3:30pm-4:00pm	Res \$105 Non Res \$110	23907-01
6-12	M-W,F	Jun 17-Jun 21 1:00pm-1:30pm	Res \$105 Non Res \$110	23907-02
6-12	M-Th	Jun 24-Jul 25 1:00pm-1:30pm	Res \$105 Non Res \$110	23907-03
6-12	Tu,Th	Jul 23-Aug 8 4:30pm-5:00pm	Res \$158 Non Res \$165	23907-04



ARTS

### **KIDCREATE STUDIO - DINO DISCOVERY**

PCC-Active Wing, 14800 34th Avenue N

Tyrannosaurs Rex, Triceratops and Diplodocus ...is your child dazzled by dinosaurs? This is your child's chance to have a playdate with a dino and create a fantastic work of dinosaur art. Your young artists will create their own diorama complete with a toy dinosaur!

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-6	Sa	Jul 20 9:30am-10:30am	Res \$30 Non Res \$34	21105-01

### KIDCREATE STUDIO - FATHER'S DAY GIFT MAKING PCC-Active Wing, 14800 34th Avenue N

Father's Day with the perfect gift crafted by you! Swing away and let your creativity drive you as we use an array of materials to construct a super jumbo golf themed Father's Day card. Show dear old dad that you will always be his little caddy!

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-6	Sa	Jun 8 9:30am-10:30am	Res \$30 Non Res \$34	21106-01

Children must be accompanied by a caregiver

### DANCE

### **TIPPI TOES DANCE - TODDLER & ME DANCE**

PCC-Active Wing, 14800 34th Avenue N

A dance class for mom, dad, or guardian to learn basic dance steps with your little dancer. We'll incorporate music, movement, balance and basic dance steps in a fun and positive environment. Instr: Tippi Toes No program: 6/19, 7/3.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
1.5-3	W	Jun 12-Aug 7 9:30am-10:15am	Res \$87 Non Res \$97	21109-01
1.5-3	W	Jun 12-Aug 7 10:30am-11:15am	Res \$87 Non Res \$97	21109-02

### MUSIC

### FIRST STEPS IN MUSICLAND

PCC-Education Wing, 14800 34th Avenue N

Exposure to basic musical concepts and a wide variety of musical styles through fun activities. Caregiver and child will dance, sing and play while learning rhythm and fine/gross motor coordination. No program: 6/19, 7/3.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-5	W	Jun 5-Aug 7 9:30am-10:15am	Res \$109 Non Res \$120	21110-01
2-5	W	Jun 5-Aug 7 10:30am-11:15am	Res \$109 Non Res \$120	21110-02





**ARTS - MUSIC** 

### MUSIC TOGETHER MIXED AGE FREE DEMO

PCC-Education Wing, 14800 34th Avenue N

In this class, you'll learn a wide range of delightful musical activities for you, your baby, toddler or preschooler. Along with class instruction, participants receive a CD, music downloads. sonabook, and educational materials. Sibling/additional child discount applied for families registering more than one. Instr: Music Together in the Valley LLC

AGES	DAY	DATE & TIME	COST	ACTIVITY
infant- 6 yrs	Tu	Jun 11 10:00am-10:45am	no fee	21112-01
infant- 6 yrs	Tu	Jun 11 11:00am-11:45am	no fee	21112-02
infant- 6 yrs	М	Jun 17 9:00am-9:45am	no fee	21112-03
infant- 6 yrs	М	Jun 17 10:00am-10:45am	no fee	21112-04
infant- 6 yrs	М	Jun 17 4:15pm-5:00pm	no fee	21112-05
infant- 6 yrs	М	Jun 17 5:15pm-6:00pm	no fee	21112-06

#### MUSIC TOGETHER MIXED AGES

PCC-Education Wing, 14800 34th Avenue N

In this class, you'll learn a wide range of delightful musical activities for you, your baby, toddler or preschooler. Along with class instruction, participants receive a CD, music downloads, sonabook, and educational materials. Sibling/additional child discount applied for families registering more than one. Instr: Music Together in the Valley LLC

AGES	DAY	DATE & TIME	COST	ACTIVITY
infant- 6 yrs	М	Jun 24-Aug 12 9:00am-9:45am	Res \$174 Non Res \$191	21113-01
infant- 6 yrs	М	Jun 24-Aug 12 10:00am-10:45am	Res \$174 Non Res \$191	21113-02
infant- 6 yrs	М	Jun 24-Aug 12 11:00am-11:45am	Res \$174 Non Res \$191	21113-03
infant- 6 yrs	М	Jun 24-Aug 12 4:15pm-5:00pm	Res \$174 Non Res \$191	21113-04
infant- 6 yrs	М	Jun 24-Aug 12 5:15pm-6:00pm	Res \$174 Non Res \$191	21113-05
infant- 6 yrs	Tu	Jun 25-Aug 13 9:00am-9:45am	Res \$174 Non Res \$191	21113-06
infant- 6 yrs	Tu	Jun 25-Aug 13 10:00am-10:45am	Res \$174 Non Res \$191	21113-07
infant- 6 yrs	Tu	Jun 25-Aug 13 11:00am-11:45am	Res \$174 Non Res \$191	21113-08

### **SPORTS - GYMNASTICS**

### **GYMNASTICS: TUMBLING TYKES AND FITNESS**

Wayzata High School, 4955 Peony Lane

A coupled class for children with their favorite grown-up! Come have fun and learn basic aymnastics skills as well as improve balance, fitness, strength, and gross motor skills. No program: 6/19. 7/15

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	М	Jun 10-Jul 1 4:30pm-5:00pm	Res \$65 Non Res \$75	21201-01
2-3	Tu,Th	Jun 11-Jun 27 5:00pm-5:30pm	Res \$98 Non Res \$113	21201-02
2-3	М	Jul 8-Aug 5 4:30pm-5:00pm	Res \$65 Non Res \$75	21201-03
2-3	Tu,Th	Jul 23-Aug 8 5:00pm-5:30pm	Res \$98 Non Res \$113	21201-04

### **CANCELLATION POLICY**

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.





**ARTS** 

# ABRAKADOODLE PRINCESSES AND PIXIE DUST ART CAMP PCC-Education Wina, 14800 34th Avenue N

Join us and celebrate all things magical as we make our own fairy wings, create sparkly wands, collage fairies, and sprinkle them with pixie dust, sculpt our very own kissable frog out of clay, and more! Bring a beverage, nut-free snack and recess attire Costumes are welcome

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	M-Th	Jun 10-Jun 13 9:00am-12:00pm	Res \$220 Non Res \$248	22103-01

### ABRAKADOODLE - ARTSY CRAFTY FUN

PCC-Education Wing, 14800 34th Avenue N

We'll sing favorite songs, dance, read popular stories and create amazing art as we learn about artists and explore the world with our imagination. Bring a beverage, nut-free snack, and recess attire.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	M-Th	Jul 15-Jul 18 9:00am-12:00pm	Res \$220 Non Res \$248	22104-01

### **ABRAKADOODLE - BLUEY'S BIG ART CAMP**

PCC-Education Wing, 14800 34th Avenue N

Based on everyone's Australian Cattle Dog, Bluey, this special art camp combines giggles, wiggles and a good dose of fun artsy mess. In this fun-filled camp we'll explore different materials as we paint, sculpt and work with fun and sloppy supplies. Along the way we'll read stories and sing favorite songs! Dress for a mess and bring a beverage, nut-free snack and recess attire.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	M-Th	Jul 22-Jul 25 1:00pm-4:00pm	Res \$220 Non Res \$248	22105-01

### KIDCREATE STUDIO -LIONS AND TIGERS AND BEARS, OH MY!

PCC-Active Wing, 14800 34th Avenue N

Come join us as we create adorable artwork inspired by some of our favorite zoo animals. Budding Picassos and future zoologists alike will love painting on real canvas boards, sculpting with air-dry clay and scribbling with oil pastels as they create animal-themed artwork that is totally WILD! Please pack a nut-free snack and drink for your child each day.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-6	M-W	Jun 10-Jun 12 1:00pm-4:00pm	Res \$200 Non Res \$220	22101-01

### **KIDCREATE STUDIO - UNICORN SLIME**

PCC-Active Wing, 14800 34th Avenue N

We'll learn the secret recipe for fabulous, glittery unicorn slime and take it home in a unicorn jar so sparkly that it's guaranteed to dazzle! Please bring a beverage and nut-free snack.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-6	Sa	Jun 22 9:00am-12:00pm	Res \$60 Non Res \$69	22102-01

### DANCE

### **3-4 BALLET DANCE CAMP**

PCC-Active Wing, 14800 34th Avenue N

This class will introduce your youngest mover to ballet basics with an emphasis in coordination, creativity, and fun! Activewear and bare feet or ballet shoes are needed. We'll dance together each day and end with an informal performance on Thursday! Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-4	M-Th	Jun 10-Jun 13 5:30pm-6:00pm	Res \$55 Non Res \$59	22114-01

### 3-4 CREATIVE MOVEMENT DANCE CAMP

PCC-Active Wing, 14800 34th Avenue N

Get moving with a great first dance class for your little mover! This class will emphasize coordination, body awareness, and creativity while having lots of fun! Dancers will dance barefoot. Activewear is needed. We'll dance together each day and end with an informal performance on Thursday! Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-4	M-Th	Jun 24-Jun 27 5:45pm-6:15pm	Res \$55 Non Res \$59	22100-01

### BALLET & TAP (AGES 3-4)

PCC-Active Wing, 14800 34th Avenue N

This class focuses on beginning ballet and tap dance technique. Dancers will develop rhythm, creativity, and coordination as they practice locomotor movements and learn fun sequences that will be expanded upon in each class. Pink or skin tone ballet shoes, black tap shoes, and leotard/tights or activewear are needed. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-4	Tu,Th	Jul 9-Jul 25 5:45pm-6:30pm	Res \$80 Non Res \$86	22110-01



**ARTS - DANCE** 

### **CREATIVE MOVEMENT (AGES 3-4)**

PCC-Active Wing, 14800 34th Avenue N

Get moving with a great first dance class for your little mover! This class will emphasize coordination, body awareness, and creativity while having lots of fun! Dancers will dance barefoot. Activewear is needed. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-4	М	Aug 5-Aug 26 4:30pm-5:00pm	Res \$55 Non Res \$59	22921-01

### **TIPPI TOES DANCE CLASS**

PCC-Active Wing, 14800 34th Avenue N

Move and groove to the Tippi Toes® beat in this fun and energetic combination class, with your child dancing on their own! Tippi Toes incorporates an even mix of the three types of dance over the 45 minute class time using high-energy music and choreography. For children ages 3-5 years. Instr: Tippi Toes. No program: 6/19, 7/3.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	W	Jun 12-Aug 7 11:30am-12:15pm	Res \$87 Non Res \$97	21111-01



### MUSIC

### **BACH TO ROCK - ROCK CITY WORLD TOUR**

Bach to Rock, 4345 Nathan Ln N

These high-energy musical classes focus on foundational music skills; children will be introduced to different instruments each week.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	М	Jun 3-Jul 8 1:00pm-1:45pm	Res \$158 Non Res \$174	22112-01
3-5	Tu	Jun 4-Jul 9 2:00pm-2:45pm	Res \$158 Non Res \$174	22112-02
3-5	Tu	Jun 4-Jul 9 5:00pm-5:45pm	Res \$158 Non Res \$174	22112-03
3-5	М	Jul 15-Aug 19 1:00pm-1:45pm	Res \$158 Non Res \$174	22112-04
3-5	Tu	Jul 16-Aug 20 2:00pm-2:45pm	Res \$158 Non Res \$174	22112-05
3-5	Tu	Jul 16-Aug 20 5:00pm-5:45pm	Res \$158 Non Res \$174	22112-06

#### PIANO FOR LITTLE MOZARTS

PCC-Education Wing, 14800 34th Avenue N

Explore beginning piano in a dual lesson format (two students per class-each register separately). Lessons include music facts, movements, singing, percussion instruments and more. No program: 6/19, 7/3.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	W	Jun 3-Aug 7 11:30am-12:00pm	Res \$160 Non Res \$177	22107-01
4-6	W	Jun 3-Aug 7 12:10pm-12:40pm	Res \$160 Non Res \$177	22107-02

### **EDUCATION**

# FOREST FRIENDS: AN INCLUSIVE, THERAPEUTIC & PLAYFUL NATURE-BASED CAMP

PCC-Active Wing, 14800 34th Avenue N

Explore and access nature in various ways for mindfulness, fun, and reaping the therapeutic benefits of nature. This is a space for kids to connect with their true selves, connect with peers in their own way, and connect with nature. All are welcome! Please pack a nut-free snack and drink each day.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-6	M-Th	Jun 10-Jun 13 8:30am-11:30am	Res \$300 Non Res \$330	23346-01

### **SCIENCE EXPLORERS: DYNAMITE DINOSAURS**

PCC-Active Wing, 14800 34th Avenue N

Become a paleontologist to learn how enormous or small dinosaurs were, plus participate in a "mini" dino dig along with other hands-on experiments.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Tu-Th	Jul 16-Jul 18 9:30am-11:30am	Res \$79 Non Res \$91	22305-01

### **SCIENCE EXPLORERS: MIXTURE MADNESS**

PCC-Active Wing, 14800 34th Avenue N

Explore the world of chemistry while creating slime. Learn about polymers, have fun with magical crystals while learning about absorption and more.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Tu-Th	May 28-May 30 9:30am-11:30am	Res \$79 Non Res \$91	22301-01



### **SPECIALTY**

# THE STEM LAB LLC KITS: BACKYARD EXPLORER - BIRD WATCH Online

Invite budding naturalists to head outside for a walk — in the woods, a park, or right in their backyard — to spot feathered friends. Learn the basics of birding, from identifying common birds to learning about habitat and listening for bird songs. Includes activity ideas such as building a bird nest, matching games, and simple discovery about food chains/life cycle of birds. Build a wooden birdhouse, gelatin bird feeders and observe the wonders of the world outside with clipboard and working binoculars. Geared towards children ages 3+. Please indicate if you would like to pickup your kit at City Hall or have it shipped to you (add \$8 for shipping).

COST	ACTIVITY
\$55	26916-01

# THE STEM LAB LLC KITS: BACKYARD EXPLORER - BUBBLES Online

Can bubbles be different shapes? Why do bubbles pop? Head outside and get bubbling as you explore surface tension with hands-on science, 16 ounces of bubble solution and reusable bubble straws/connectors to make unlimited 2D and 3D geometric wands. Then delight your bubble explorer with giant bubbles big enough to fit in! Geared towards ages 3+. Please indicate pickup or shipping option (additional \$8).

COST	ACTIVITY
\$40	26921-01

# THE STEM LAB LLC KITS: BACKYARD EXPLORER- HONEY BEES Online

This kit targets a deeper understanding and appreciation for these remarkable insects and their impact on our ecosystem. National Geographic Kids book with beautiful, engaging, and authentic photos, natural honeycomb, authentic bee pollen, and more support learning and captivate children's' intrigue. Designed for ages 4+. Please indicate pickup or shipping option (additional \$8).

COST	ACTIVITY
\$40	26918-01

### THE STEM LAB LLC KITS: GET GROWING Online

Celebrate summer and the joys of growing veggies as cute as children themselves. Full-spectrum grow lights and adjustable circular vents control humidity and air flow as 36 seedlings are started. Transparent grow trays allow observation of root growth and carefully chosen seed varieties withstand rough handling and quick germination. Designed for ages 3+. Please indicate pickup or shipping option when registering (additional \$8).

COST	ACTIVITY
\$45	26917-01

# THE STEM LAB LLC KITS: SCIENCE EXPERIMENT BUNDLE BOOK Online

Teacher created, science experiment book promotes easy, hands-on scientific exploration with simple materials, planned, photographed and ready to bring into your home! Simply gather the materials from your cupboard and start experimenting! Geared towards ages 3.5+. Please indicate pickup or shipping option (additional S8).

COST	ACTIVITY
\$20	26923-01

# THE STEM LAB LLC KITS: THE STEM LAB LLC KITS: SOLAR PRINTING KIT Online

Harness the power of the sun to develop your one-of-a-kind STEM art! Use hand-treated, sun-sensitive papers that undergo a chemical change when exposed to sunlight. Images appear within minutes and are permanent with a quick rinse of water. Geared towards ages 3+. Please indicate pickup or shipping option (additional \$8).

COST	ACTIVITY
\$35	26922-01

# THE STEM LAB LLC: BACKYARD EXPLORER - BUG HUNT Online

Packed with educational prompts and activities to encourage junior naturalists to spot insects while on a walk in the woods, playing in a park, or searching right outside their front door. Interactive field guides help young seekers identify fliers, crawlers, and pollinators. Project ideas such as Weave a Web or Make a Bug Hotel, and cool bug facts, boost the insect intrigue. Includes a one-handed bug catcher with thumb operated trapping slider and 5x magnification, a perfect companion to catch the fastest specimens in a safe and humane way. Designed for ages 4+. Please indicate pickup or shipping option (additional \$8).

COST	ACTIVITY
\$55	26919-01



### **SPORTS** - BASKETBALL

### **REVSPORTS BASKETBALL**

PCC-Active Wing, 14800 34th Avenue N

Programs are a great opportunity for your child to explore their new and developing motor skills. Parents/guardians are expected to be present and ready to engage for 2-3 and 3-4 years of age (not a league).No program: 5/27, 7/1, 7/4, 9/2.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	М	May 6-Jun 3 5:00pm-5:25pm	Res \$67 Non Res \$77	22212-01
3-4	М	May 6-Jun 3 5:30pm-6:10pm	Res \$67 Non Res \$77	22212-02
4-5	М	May 6-Jun 3 6:15pm-6:55pm	Res \$67 Non Res \$77	22212-03
5-6	М	May 6-Jun 3 7:00pm-7:40pm	Res \$67 Non Res \$77	22212-04
2-3	М	Jun 10-Jul 8 5:00pm-5:25pm	Res \$67 Non Res \$77	22212-05
3-4	М	Jun 10-Jul 8 5:30pm-6:10pm	Res \$67 Non Res \$77	22212-06
4-5	М	Jun 10-Jul 8 6:15pm-6:55pm	Res \$67 Non Res \$77	22212-07
5-6	М	Jun 10-Jul 8 7:00pm-7:40pm	Res \$67 Non Res \$77	22212-08
2-3	М	Jul 15-Aug 5 5:00pm-5:25pm	Res \$67 Non Res \$77	22212-09
3-4	М	Jul 15-Aug 5 5:30pm-6:10pm	Res \$67 Non Res \$77	22212-10
4-5	М	Jul 15-Aug 5 6:15pm-6:55pm	Res \$67 Non Res \$77	22212-11
5-6	М	Jul 15-Aug 5 7:00pm-7:40pm	Res \$67 Non Res \$77	22212-12
2-3	М	Aug 12-Sep 9 5:00pm-5:25pm	Res \$67 Non Res \$77	22212-13
3-4	М	Aug 12-Sep 9 5:30pm-6:10pm	Res \$67 Non Res \$77	22212-14

4-5	М	Aug 12-Sep 9 6:15pm-6:55pm	Res \$67 Non Res \$77	22212-15
5-6	М	Aug 12-Sep 9 7:00pm-7:40pm	Res \$67 Non Res \$77	22212-16
2-3	Th	May 16-Jun 6 5:00pm-5:25pm	Res \$67 Non Res \$77	22212-17
3-4	Th	May 16-Jun 6 5:30pm-6:10pm	Res \$67 Non Res \$77	22212-18
4-5	Th	May 16-Jun 6 6:15pm-6:55pm	Res \$67 Non Res \$77	22212-19
5-6	Th	May 16-Jun 6 7:00pm-7:40pm	Res \$67 Non Res \$77	22212-20
2-3	Th	Jun 13-Jul 11 5:00pm-5:25pm	Res \$67 Non Res \$77	22212-21
3-4	Th	Jun 13-Jul 11 5:30pm-6:10pm	Res \$67 Non Res \$77	22212-22
4-5	Th	Jun 13-Jul 11 6:15pm-6:55pm	Res \$67 Non Res \$77	22212-23
5-6	Th	Jun 13-Jul 11 7:00pm-7:40pm	Res \$67 Non Res \$77	22212-24
2-3	Th	Jul 18-Aug 8 5:00pm-5:25pm	Res \$67 Non Res \$77	22212-25
3-4	Th	Jul 18-Aug 8 5:30pm-6:10pm	Res \$67 Non Res \$77	22212-26
4-5	Th	Jul 18-Aug 8 6:15pm-6:55pm	Res \$67 Non Res \$77	22212-27
5-6	Th	Jul 18-Aug 8 7:00pm-7:40pm	Res \$67 Non Res \$77	22212-28
2-3	Th	Aug 15-Sep 5 5:00pm-5:25pm	Res \$67 Non Res \$77	22212-29
3-4	Th	Aug 15-Sep 5 5:30pm-6:10pm	Res \$67 Non Res \$77	22212-30
4-5	Th	Aug 15-Sep 5 6:15pm-6:55pm	Res \$67 Non Res \$77	22212-31
5-6	Th	Aug 15-Sep 5 7:00pm-7:40pm	Res \$67 Non Res \$77	22212-32





**SPORTS - BASEBALL** 

### **REVSPORTS - BASEBALL**

Plymouth Playfield, 9755 36th Avenue N

A great opportunity for your child to explore their new and developing motor skills. Ages 2-3 and 3-5 use Tees and ages 4-6 is Coach-Pitch. One parent/guardian expected to be present and ready to engage for classes for ages 2-3 and 3-5. (Not a league). No program: 5/27, 7/1, 7/4.

AGES	DAY	DATE & TIME	COST	ACTIVITY	AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	М	May 6-Jun 3 5:30pm-5:55pm	Res \$67 Non Res \$77	22204-01	2-3	Th	May 9-May 30 5:30pm-5:55pm	Res \$67 Non Res \$77	22204-13
3-5	М	May 6-Jun 3 6:00pm-6:40pm	Res \$67 Non Res \$77	22204-02	3-5	Th	May 9-May 30 6:00pm-6:40pm	Res \$67 Non Res \$77	22204-14
3-5	М	May 6-Jun 3 6:45pm-7:25pm	Res \$67 Non Res \$77	22204-03	3-5	Th	May 9-May 30 6:45pm-7:25pm	Res \$67 Non Res \$77	22204-15
4-6	М	May 6-Jun 3 7:30pm-8:10pm	Res \$67 Non Res \$77	22204-04	4-6	Th	May 9-May 30 7:30pm-8:10pm	Res \$67 Non Res \$77	22204-16
2-3	М	Jun 10-Jul 8 5:30pm-5:55pm	Res \$67 Non Res \$77	22204-05	2-3	Th	Jun 13-Jul 11 5:30pm-5:55pm	Res \$67 Non Res \$77	22204-17
3-5	М	Jun 10-Jul 8 6:00pm-6:40pm	Res \$67 Non Res \$77	22204-06	3-5	Th	Jun 13-Jul 11 6:00pm-6:40pm	Res \$67 Non Res \$77	22204-18
3-5	М	Jun 10-Jul 8 6:45pm-7:25pm	Res \$67 Non Res \$77	22204-07	3-5	Th	Jun 13-Jul 11 6:45pm-7:25pm	Res \$67 Non Res \$77	22204-19
4-6	М	Jun 10-Jul 8 7:30pm-8:10pm	Res \$67 Non Res \$77	22204-08	4-6	Th	Jun 13-Jul 11 7:30pm-8:10pm	Res \$67 Non Res \$77	22204-20
2-3	М	Jul 15-Aug 5 5:30pm-5:55pm	Res \$67 Non Res \$77	22204-09	2-3	Th	Jul 18-Aug 8 5:30pm-5:55pm	Res \$67 Non Res \$77	22204-21
3-5	М	Jul 15-Aug 5 6:00pm-6:40pm	Res \$67 Non Res \$77	22204-10	3-5	Th	Jul 18-Aug 8 6:00pm-6:40pm	Res \$67 Non Res \$77	22204-22
3-5	М	Jul 15-Aug 5 6:45pm-7:25pm	Res \$67 Non Res \$77	22204-11	3-5	Th	Jul 18-Aug 8 6:45pm-7:25pm	Res \$67 Non Res \$77	22204-23
4-6	М	Jul 15-Aug 5 7:30pm-8:10pm	Res \$67 Non Res \$77	22204-12	4-6	Th	Jul 18-Aug 8 7:30pm-8:10pm	Res \$67 Non Res \$77	22204-24

### SOFTBALL

### **REVSPORTS- SOFTBALL**

Plymouth Playfield, 9755 36th Avenue N

A great opportunity for your child to explore their new and developing motor skills. Parents/guardians are expected to be present and ready to engage for classes (not a league). T's will be utilized for the 2-5 year old program. Coach-Pitch for the 4-6 year old program (T's if needed). Softball is generally geared to encourage girls to play. No program: 6/19, 7/3.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	W	May 8-May 29 5:45pm-6:10pm	Res \$67 Non Res \$77	22210-01
3-5	W	May 8-May 29 6:15pm-6:55pm	Res \$67 Non Res \$77	22210-02
4-6	W	May 8-May 29 7:00pm-7:40pm	Res \$67 Non Res \$77	22210-03
2-3	W	Jun 5-Jul 10 5:45pm-6:10pm	Res \$67 Non Res \$77	22210-05
3-5	W	Jun 5-Jul 10 6:15pm-6:55pm	Res \$67 Non Res \$77	22210-06
4-6	W	Jun 5-Jul 10 7:00pm-7:40pm	Res \$67 Non Res \$77	22210-07
2-3	W	Jul 17-Aug 7 5:45pm-6:10pm	Res \$67 Non Res \$77	22210-09
3-5	W	Jul 17-Aug 7 6:15pm-6:55pm	Res \$67 Non Res \$77	22210-10
4-6	W	Jul 17-Aug 7 7:00pm-7:40pm	Res \$67 Non Res \$77	22210-11



**SPORTS - FLAG FOOTBALL** 

### **REVSPORTS - FLAG FOOTBALL**

Plymouth Playfield, 9755 36th Avenue N

Programs are a great opportunity for your child to explore their new and developing motor skills. Parents/guardians are expected to be present and ready to engage for classes (not a league).

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
2-3	W	Jul 17-Aug 7 5:30pm-5:55pm	Res \$67 Non Res \$77	22208-01
3-5	W	Jul 17-Aug 7 6:00pm-6:40pm	Res \$67 Non Res \$77	22208-02
4-6	W	Jul 17-Aug 7 6:45pm-7:25pm	Res \$67 Non Res \$77	22208-03
4-6	W	Jul 17-Aug 7 7:30pm-8:10pm	Res \$67 Non Res \$77	22208-04

### **GYMNASTICS**

### **GYMNASTICS: TUMBLING TYKES**

Wayzata High School, 4955 Peony Lane

Emphasis on fun! Explore basic gymnastics skills and improve motor skills, including safe use of gymnastics equipment. Adult assistance is advised for three year old participants. No program: 6/19, 7/15.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
3-5	M-Th	Jun 10-Jun 13 3:00pm-3:30pm	Res \$65 Non Res \$70	23255-01
3-5	М	Jun 10-Aug 5 5:15pm-5:45pm	Res \$130 Non Res \$140	23255-02
3-5	Tu,Th	Jun 11-Jun 27 5:45pm-6:15pm	Res \$98 Non Res \$105	23255-03
3-5	M-Th	Jun 24-Jun 27 1:00pm-2:00pm	Res \$120 Non Res \$130	23255-04
3-5	M-Th	Jul 22-Jul 25 2:15pm-2:45pm	Res \$65 Non Res \$75	23255-05
3-5	Tu,Th	Jul 23-Aug 8 6:00pm-6:30pm	Res \$98 Non Res \$105	23255-06

### MARTIAL ARTS

### LITTLE TIGER

Ultimate Martial Arts. 147 Hamel Road

Learn basic self-defense and martial arts skills, develop coordination and flexibility. Basic kicks and punches taught through exercises and fun games. Earn belts and stickers. Instr: Tom Malone. No program: 7/4.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-5	Th	Jun 13-Jul 25 5:30pm-6:00pm	Res \$109 Non Res \$119	22209-01

### **MULTI-SPORT**

### **SKYHAWKS MINI HAWK CAMP**

PCC Fieldhouse, 14800 34th Avenue N

Baseball, basketball, and soccer in a safe, structured environment with lots of fun. Explore balance, movement, hand/ eye coordination and skill development. Bring two snacks, sunscreen, appropriate clothing and a water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	M-Th	Jul 22-Jul 25 9:00am-12:00pm	Res \$139 Non Res \$153	22213-01

### **SPORTS UNLIMITED SPORTS SAMPLER**

Bass Lake Playfield, 5450 Northwest Boulevard

Explore baseball, soccer, soft lacrosse and flag football. Bring appropriate clothing (shin guards recommended for soccer), baseball glove, snack and water.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Tu	May 7-May 28 4:30pm-6:00pm	Res \$84 Non Res \$96	22202-01

### **NINJA WARRIOR**

### **REVSPORTS - NINJA WARRIOR FITNESS**

Elm Creek Playfield, 4905 Peony Lane

This instructional class will use challenges that will evolve into an obstacle course at the end of each session. Participants build skills that involve running, jumping, balance and control, coordination, strength and agility. Each session is challenging, but FUN! Parent should be ready to engage with 2-3 and 3-5 year olds. No program: 7/2.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	Tu	May 7-May 28 5:30pm-5:55pm	Res \$79 Non Res \$90	22402-01
3-5	Tu	May 7-May 28 6:00pm-6:40pm	Res \$79 Non Res \$90	22402-02
4-6	Tu	May 7-May 28 6:45pm-7:25pm	Res \$79 Non Res \$90	22402-03
2-3	Tu	Jun 11-Jul 9 5:30pm-5:55pm	Res \$79 Non Res \$90	22402-04
3-5	Tu	Jun 11-Jul 9 6:00pm-6:40pm	Res \$79 Non Res \$90	22402-05
4-6	Tu	Jun 11-Jul 9 6:45pm-7:25pm	Res \$79 Non Res \$90	22402-06
2-3	Tu	Jul 16-Aug 6 5:30pm-5:55pm	Res \$79 Non Res \$90	22402-07
3-5	Tu	Jul 16-Aug 6 6:00pm-6:40pm	Res \$79 Non Res \$90	22402-08
4-6	Tu	Jul 16-Aug 6 6:45pm-7:25pm	Res \$79 Non Res \$90	22402-09



**SPORTS - SOCCER** 

### **HAPPYFEET SOCCER**

### Locations vary

HappyFeet Soccer is the premier early development program, using imaginative play and play-to-learn concepts to teach real deceptive dribbling skills on the move. Using our friendly story time with a soccer ball approach, HappyFeet has received recognition by many early childhood education experts as the premeier preschool-age soccer program. Our curriculum is designed to foster your child's development and creativity with more time spent on skill acquisition. Our camps utilize fun, engaging activities to enhance skill acquisition and finishes with small side scrimmages. Equipment provided. For questions and or to purchase a jersey, reach us at office@tchappyfeet.com No Program: 5/25, 8/31.

AGES	DAY	DATE & TIME	COST	ACTIVITY
Bass L	ake Pla	yfield, 5450 Northy	vest Boulevard	
4-5	Sa	May 4-Jun 1 2:30pm-3:15pm	Res \$75 Non Res \$86	22200-13
3-4	Sa	May 4-Jun 1 3:20pm-4:05pm	Res \$75 Non Res \$86	22200-14
2-2	Sa	May 4-Jun 1 4:10pm-4:55pm	Res \$75 Non Res \$86	22200-15
4-5	Sa	Jun 8-Jun 29 2:30pm-3:15pm	Res \$75 Non Res \$86	22200-16
3-4	Sa	Jun 8-Jun 29 3:20pm-4:05pm	Res \$75 Non Res \$86	22200-17
2-2	Sa	Jun 8-Jun 29 4:10pm-4:55pm	Res \$75 Non Res \$86	22200-18
4-5	Sa	Jul 13-Aug 3 2:30pm-3:15pm	Res \$75 Non Res \$86	22200-19
3-4	Sa	Jul 13-Aug 3 3:20pm-4:05pm	Res \$75 Non Res \$86	22200-20
2-2	Sa	Jul 13-Aug 3 4:10pm-4:55pm	Res \$75 Non Res \$86	22200-21
4-5	Sa	Aug 17-Sep 14 2:30pm-3:15pm	Res \$75 Non Res \$86	22200-22
3-4	Sa	Aug 17-Sep 14 3:20pm-4:05pm	Res \$75 Non Res \$86	22200-23
2-2	Sa	Aug 17-Sep 14 4:10pm-4:55pm	Res \$75 Non Res \$86	22200-24

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AGES	DAY	DATE & TIME	COST	ACTIVITY
Plymo	uth Cre	ek Playfield, 3625 F	ernbrook Lane	N
2-2	Th	Jun 6-Jun 27 9:30am-10:15am	Res \$75 Non Res \$86	22200-04
3-4	Th	Jun 6-Jun 27 10:20am-11:05am	Res \$75 Non Res \$86	22200-05
4-5	Th	Jun 6-Jun 27 11:10am-11:55am	Res \$75 Non Res \$86	22200-06
2-2	Th	Jul 11-Aug 1 9:30am-10:15am	Res \$75 Non Res \$86	22200-07
3-4	Th	Jul 11-Aug 1 10:20am-11:05am	Res \$75 Non Res \$86	22200-08
4-5	Th	Jul 11-Aug 1 11:10am-11:55am	Res \$75 Non Res \$86	22200-09
2-2	Th	Aug 15-Sep 5 9:30am-10:15am	Res \$75 Non Res \$86	22200-10
3-4	Th	Aug 15-Sep 5 10:20am-11:05am	Res \$75 Non Res \$86	22200-11
4-5	Th	Aug 15-Sep 5 11:10am-11:55am	Res \$75 Non Res \$86	22200-12
PCC F	ieldhous	se, 14800 34th Aver	nue N	
2-2	Th	May 2-May 23 9:30am-10:15am	Res \$75 Non Res \$86	22200-01
3-4	Th	May 2-May 23 10:20am-11:05am	Res \$75 Non Res \$86	22200-02
4-5	Th	May 2-May 23 11:10am-11:55am	Res \$75 Non Res \$86	22200-03







**SPORTS** - SOCCER

### **REVSPORTS SOCCER**

### Locations vary

RevSports soccer participants learn and practice the fundamentals of soccer through individual player development. Each day will focus on a topic building on the previous topics including: dribbling, shooting, defending, passing, and more. All equipment is provided. Athletic footwear recommended. Parent is expected to be present and ready to engage with child. This is not a league. No program: 5/27, 6/19, 7/1, 7/2, 7/3, 7/4.

AGES	DAY	DATE & TIME	COST	ACTIVITY
				ACTIVITI
Elm Cı	reek Pla	yfield, 4905 Peony	Lane	
2-3	Tu	May 7-May 28 5:30pm-5:55pm	Res \$67 Non Res \$77	22203-13
3-4	Tu	May 7-May 28 6:00pm-6:40pm	Res \$67 Non Res \$77	22203-14
4-5	Tu	May 7-May 28 6:45pm-7:25pm	Res \$67 Non Res \$77	22203-15
5-6	Tu	May 7-May 28 7:30pm-8:10pm	Res \$67 Non Res \$77	22203-16
2-3	Tu	Jun 11-Jul 9 5:30pm-5:55pm	Res \$67 Non Res \$77	22203-17
3-4	Tu	Jun 11-Jul 9 6:00pm-6:40pm	Res \$67 Non Res \$77	22203-18
4-5	Tu	Jun 11-Jul 9 6:45pm-7:25pm	Res \$67 Non Res \$77	22203-19
5-6	Tu	Jun 11-Jul 9 7:30pm-8:10pm	Res \$67 Non Res \$77	22203-20
2-3	Tu	Jul 16-Aug 6 5:30pm-5:55pm	Res \$67 Non Res \$77	22203-21
3-4	Tu	Jul 16-Aug 6 6:00pm-6:40pm	Res \$67 Non Res \$77	22203-22
4-5	Tu	Jul 16-Aug 6 6:45pm-7:25pm	Res \$67 Non Res \$77	22203-23
5-6	Tu	Jul 16-Aug 6 7:30pm-8:10pm	Res \$67 Non Res \$77	22203-24

Plymouth Playfield, 9755 36th Avenue N					
2-3	М	May 6-Jun 3 5:30pm-5:55pm	Res \$67 Non Res \$77	22203-01	
3-4	М	May 6-Jun 3 6:00pm-6:40pm	Res \$67 Non Res \$77	22203-02	
4-5	М	May 6-Jun 3 6:45pm-7:25pm	Res \$67 Non Res \$77	22203-03	
5-6	М	May 6-Jun 3 7:30pm-8:10pm	Res \$67 Non Res \$77	22203-04	
2-3	М	Jun 10-Jul 8 5:30pm-5:55pm	Res \$67 Non Res \$77	22203-05	
3-4	М	Jun 10-Jul 8 6:00pm-6:40pm	Res \$67 Non Res \$77	22203-06	
4-5	М	Jun 10-Jul 8 6:45pm-7:25pm	Res \$67 Non Res \$77	22203-07	
5-6	М	Jun 10-Jul 8 7:30pm-8:10pm	Res \$67 Non Res \$77	22203-08	
2-3	М	Jul 15-Aug 5 5:30pm-5:55pm	Res \$67 Non Res \$77	22203-09	
3-4	М	Jul 15-Aug 5 6:00pm-6:40pm	Res \$67 Non Res \$77	22203-10	
4-5	М	Jul 15-Aug 5 6:45pm-7:25pm	Res \$67 Non Res \$77	22203-11	
5-6	М	Jul 15-Aug 5 7:30pm-8:10pm	Res \$67 Non Res \$77	22203-12	
2-3	W	May 8-May 29 5:30pm-5:55pm	Res \$67 Non Res \$77	22203-25	
3-4	W	May 8-May 29 6:00pm-6:40pm	Res \$67 Non Res \$77	22203-26	
4-5	W	May 8-May 29 6:45pm-7:25pm	Res \$67 Non Res \$77	22203-27	
5-6	W	May 8-May 29 7:30pm-8:10pm	Res \$67 Non Res \$77	22203-28	

2-3	W	Jun 5-Jul 10 5:30pm-5:55pm	Res \$67 Non Res \$77	22203-29
3-4	W	Jun 5-Jul 10 6:00pm-6:40pm	Res \$67 Non Res \$77	22203-30
4-5	W	Jun 5-Jul 10 6:45pm-7:25pm	Res \$67 Non Res \$77	22203-31
5-6	W	Jun 5-Jul 10 7:30pm-8:10pm	Res \$67 Non Res \$77	22203-32
2-3	Th	May 9-May 30 5:30pm-5:55pm	Res \$67 Non Res \$77	22203-33
3-4	Th	May 9-May 30 6:00pm-6:40pm	Res \$67 Non Res \$77	22203-34
4-5	Th	May 9-May 30 6:45pm-7:25pm	Res \$67 Non Res \$77	22203-35
5-6	Th	May 9-May 30 7:30pm-8:10pm	Res \$67 Non Res \$77	22203-36
2-3	Th	Jun 13-Jul 11 5:30pm-5:55pm	Res \$67 Non Res \$77	22203-37
3-4	Th	Jun 13-Jul 11 6:00pm-6:40pm	Res \$67 Non Res \$77	22203-38
4-5	Th	Jun 13-Jul 11 6:45pm-7:25pm	Res \$67 Non Res \$77	22203-39
5-6	Th	Jun 13-Jul 11 7:30pm-8:10pm	Res \$67 Non Res \$77	22203-40
2-3	Th	Jul 18-Aug 8 5:30pm-5:55pm	Res \$67 Non Res \$77	22203-41
3-4	Th	Jul 18-Aug 8 6:00pm-6:40pm	Res \$67 Non Res \$77	22203-42
4-5	Th	Jul 18-Aug 8 6:45pm-7:25pm	Res \$67 Non Res \$77	22203-43
5-6	Th	Jul 18-Aug 8 7:30pm-8:10pm	Res \$67 Non Res \$77	22203-44



**SPORTS - TENNIS** 

### SKYHAWKS CAMP TENNIS

Zachary Playfield, 4355 Zachary Lane

Whether your child is a beginner or intermediate player, this program will improve their game. The program will focus on skill refinement as well as practice and match play to develop consistent, well-round players. Loaner racket provided.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	M-Th	Jun 10-Jun 13 9:00am-11:00am	Res \$119 Non Res \$130	22207-01
4-6	M-Th	Jul 29-Aug 1 9:00am-11:00am	Res \$119 Non Res \$130	22207-02

### **REVSPORTS - TENNIS**

Plymouth Playfield, 9755 36th Avenue N

A great opportunity for your child to explore their new and developing motor skills. Parents/guardians are expected to be present and ready to engage for ages 2-3 and 3-5 classes. No program: 6/19, 7/3.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	W	May 8-May 29 5:30pm-5:55pm	Res \$67 Non Res \$77	22211-01
3-5	W	May 8-May 29 6:00pm-6:40pm	Res \$67 Non Res \$77	22211-02
4-6	W	May 8-May 29 6:45pm-7:25pm	Res \$67 Non Res \$77	22211-03
2-3	W	Jun 5-Jul 10 5:30pm-5:55pm	Res \$67 Non Res \$77	22211-04
3-5	W	Jun 5-Jul 10 6:00pm-6:40pm	Res \$67 Non Res \$77	22211-05
4-6	W	Jun 5-Jul 10 6:45pm-7:25pm	Res \$67 Non Res \$77	22211-06
2-3	W	Jul 17-Aug 7 5:30pm-5:55pm	Res \$67 Non Res \$77	22211-07
3-5	W	Jul 17-Aug 7 6:00pm-6:40pm	Res \$67 Non Res \$77	22211-08
4-6	W	Jul 17-Aug 7 6:45pm-7:25pm	Res \$67 Non Res \$77	22211-09

#### **REVSPORTS - VOLLEYBALL**

PCC-Active Wing, 14800 34th Avenue N

RevSports Volleyball players learn and practice the fundamentals of volleyball through individual player development. Each day will focus on a topic building on the previous topics including: passing, setting, serving, and hitting. All equipment is provided. Softer and lighter-weight balls are used. A smaller net and court may be used to assist in skill development. Participants should wear tennis shoes in the gym. Parent is expected to be present and ready to engage with child. This is not a league. No program: 7/2.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Tu	May 14-Jun 4 5:30pm-6:10pm	Res \$67 Non Res \$77	22214-01
4-6	Tu	Jun 11-Jul 9 5:30pm-6:10pm	Res \$67 Non Res \$77	22214-04
4-6	Tu	Jul 16-Aug 6 5:30pm-6:10pm	Res \$67 Non Res \$77	22214-07
4-6	Tu	Aug 13-Sep 3 5:30pm-6:10pm	Res \$67 Non Res \$77	22214-10



Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.



# Preschool Playground Programs

# Little Adventures Camp at the Plymouth Community Center

Ages: 3-5

Days: Tuesday-Thursday

Time: 9:30-11:30am

Cost: Res \$45, Non-Res \$54

### Location:

Plymouth Community Center - Youth Room

14800 34th Ave. N

Kids have a great time learning, playing and meeting new friends. Crafts, games, stories, songs and more. Designed to enhance your child's social and emotional growth, increase independence and promote creative play.

Each week will have a different theme. Children participate without parent and must be toilet trained. Staff ratio is 1:5.

Please bring a nut-free snack and water for your child each day. T-shirt included.

Parent handbooks will be emailed out in the Spring.

THEME	DATES	ACTIVITY NUMBER
Wide World of Sports	June 18-June 20	22311-01
Mickey Mouse & Friends	June 25-June 27	22311-02
Music Mania	July 9-July 11	22311-03
Princess & Superhero	July 16-July 18	22311-04
Little Chefs	July 23-July 25	22311-05
The 4 Seasons	Jul 30-Aug 1	22311-06
Favorite Fairy Tales	Aug 6-Aug 8	22311-07





# Youth Playground Programs

# Park All Day

Ages: 5-10

Days: Monday-Friday Time: 8:00am-4:30pm

Cost: Res \$185, Non-Res \$205

This program gives kids the opportunity to spend a big part of their summer at the park. Each day will include structured games, crafts and activities and free play. Participants should bring a lunch and beverage each day as well as a few snacks. Each week will include a field trip. It is recommended that kids have completed Kindergarten. Kids who are 11 and have just completed fifth grade may be eliqible to register, please call our office. All sites have air conditioning.

### Parent handbooks will be emailed out in the Spring.

\* No Park All Day on June 19. Cost for the week is: Res \$148 Non Res \$164



BASS LAKE PLAYFIELD 5450 Northwest Blvd	PARKERS LAKE PARK 15205 Co. Road 5	PLYMOUTH COMMUNITY CENTER 14800 34th Avenue N	PLYMOUTH CREEK PLAYFIELD 3625 Fernbrook Lane N	ZACHARY PLAYFIELD 4355 Zachary Lane
June 17-June 21 *	June 17-June 21 *	June 17-June 21 *	June 17-June 21 *	June 17-June 21 *
23353-01	23345-01	23312-01	23396-01	23387-01
June 24-June 28	June 24-June 28	June 24-June 28	June 24-June 28	June 24-June 28
23353-02	23345-02	23312-02	23396-02	23387-02
July 8-July 12	July 8-July 1	July 8-July /2	July 8-July 12	July 8-July 12
23353-03	23345-0	- 23312-0	23396-03	23387-03
July 15-July 19	15h 18- uly 19	34y/5-July 19	July 15-July 19	July 15-July 19
23353-04	33/5-04	237/2-04	23396-04	23387-04
July 22-July 26	July 22-July 26	Jul/ 22-July 26	July 22-July 26	July 22-July 26
23353-05	23345-05	23312-05	23396-05	23387-05
July 29-August 2	July 29-August 2	July 29-August 2	July 29-August 2	July 29-August 2
23353-06	23345-06	23312-06	23396-06	23387-06
August 5-August 9	August 5-August 9	August 5-August 9	August 5-August 9	August 5-August 9
23353-07	23345-07	23312-07	23396-07	23387-07



#### **ARTS - ABRAKADOODLE**

# ABRAKADOODLE - WHIMSICAL CAMP OF CUTENESS

PCC-Education Wing, 14800 34th Avenue N

In this one-of-a-kind camp we'll have fun drawing, painting, sculpting charming creatures like sweetly smiling cupcakes, adorable gnomes, glittery winking unicorns, and cuddling bears, among other lovely projects. Please bring a nut-free snack, water bottle, and recess attire.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-11	M-Th	Jun 24-Jun 27 9:00am-12:00pm	Res \$220 Non Res \$248	23128-01

# ABRAKADOODLE - ZANY CARTOONS AND COMIC CRAFTERS

PCC-Education Wing, 14800 34th Avenue N

Join us in this super fun camp and learn creative tricks to draw characters as well as funny animals, people, monsters and much more. We'll even learn the basics of comic making. You'll get your own sketch book to bring home at the end of camp. Learn the fun and easy step-by-step basics of cartooning. Please bring a nut-free snack, water bottle, and recess attire. No program: 6/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-11	M-F	Jun 17-Jun 21 1:00pm-4:00pm	Res \$220 Non Res \$248	23157-01

# ABRAKADOODLE - DREAM SPACE - ULTIMATE INTERIOR DESIGNER

PCC-Education Wing, 14800 34th Avenue N

If you love designing your room, then this is the perfect camp to hone your artistic and designer skills. In this one-of-a-kind camp you'll design cool rooms and spaces, choose colors, elements, and materials. We'll have fun sketching fabric designs, make mini furniture, and create cool decor. Bring a nut-free snack, water bottle, and recess attire.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-11	M-Th	Jun 10-Jun 13 1:00pm-4:00pm	Res \$220 Non Res \$248	23102-01

### ABRAKADOODLE - YUMMY YUM ART CAMP

PCC-Education Wing, 14800 34th Avenue N

Create yummy art and cute food characters like an ice cream cat, a bear icicle, a hot dog-dog, cookies, cupcakes, lollipops and many more amazing treats and cute food characters. We'll draw, paint, collage and sculpt adorable kawaii food and on last day we'll decorate a real treat to take home. Bring a nut-free snack, water bottle and recess attire.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-11	M-Th	Jun 24-Jun 27 1:00pm-4:00pm	Res \$220 Non Res \$248	23125-01

# ABRAKADOODLE - FANTASTIC CAMP OF ART AND IMAGINATION

PCC-Education Wing, 14800 34th Avenue N

In this fantastic camp we'll have a blast using fun art challenges, games, and prompts to kick-start your creativity to create your own masterpieces. Watercolors, oil pastels, clay and more, are all part of this one-of-a-kind camp. Please bring a nut-free snack, water bottle, and recess attire.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-11	M-Th	Jul 8-Jul 11 9:00am-12:00pm	Res \$220 Non Res \$248	23159-01

### ABRAKADOODLE - COOKIES AND ART

PCC-Education Wing, 14800 34th Avenue N

New cookie projects! Join us as we explore our creative side making art that you can actually eat! We'll have a blast decorating real cookies, making beautiful art on paper and sculpting clay. Each day we'll decorate a cookie and create fun art projects to bring home. Bring a nut-free snack, water bottle, and recess attire.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-11	M-Th	Jul 8-Jul 11 1:00pm-4:00pm	Res \$220 Non Res \$248	23126-01

### **ABRAKADOODLE - DESIGN FUNDAMENTALS**

PCC-Education Wing, 14800 34th Avenue N

Calling all art and graphic design lovers! Created by a real designer, we'll explore the principles and elements of design as we create a product brand, logo, package, among other exciting projects. We'll have fun creating many applications for our designs like creating our own stationary, stamp, giftwrapping and much more. Join us and have a blast putting your imagination and creative juices to work. Bring a nut-free snack, water bottle, and recess attire.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-11	M-Th	Jul 22-Jul 25 9:00am-12:00pm	Res \$220 Non Res \$248	23127-01

### **ABRAKADOODLE - EPIC MESS!**

PCC-Education Wing, 14800 34th Avenue N

Roll your sleeves and get ready to have a blast as we bring the mess in art to the max. We'll have fun with all sorts of messy materials like plaster, paper mache, tie dye, paint, clay, and much more. Mess making has never been better before! Please bring a white T-shirt, a water bottle, a nut-free snack, and dress for messy art.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-11	M-Th	Jul 29-Aug 1 9:00am-12:00pm	Res \$220 Non Res \$248	23129-01

### ABRAKADOODLE - CAN YOU DOODLE THAT??

PCC-Education Wing, 14800 34th Avenue N

In this amazing camp you'll learn how to doodle all sorts of things from adorable animals to funny food. You'll learn how to use special pens and patterns to add dimension and texture, then you'll create your own doodles and have a blast applying them to notebooks, cards, stamps and much more. You'll get your own sketch book to keep and continue doodling. Please bring a beverage, nut-free snack and recess attire.

A	AGES	DAY	DATE & TIME	COST	ACTIVITY
5	5-10	M-Th	Jul 29-Aug 1 1:00pm-4:00pm	Res \$220 Non Res \$248	23130-01



**ARTS - ABRAKADOODLE** 

### ABRAKADOODLE - ULTIMATE POKEMON ART FUN

PCC-Education Wing, 14800 34th Avenue N

Calling all Pokemon fans! Join us at this ultimate Pokemon art camp based on the hit series and movie. You'll have a blast as you explore your creative side bringing virtual designs to life and learning how to draw, paint, collage and sculpt creatures form Pokemon to take home. Please pack a nut-free snack and water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-11	M-Th	Aug 5-Aug 8 9:00am-12:00pm	Res \$220 Non Res \$248	23131-01

### **ART IN MOTION**

# ART IN MOTION: PAINT, SCULPT, AND DESIGN THE WORLD OF SPORTS

PCC-Education Wing, 14800 34th Avenue N

This summer, get ready to unleash your inner champion at KidzArt's sports themed art Camp! Capture the energy and movement of your favorite sports on canvas, through clay, and collage. Find your creative voice and express your passion for sports through a variety of exciting projects. Design your own dream gear and draw a custom jersey, create a trophy, and sculpt a pop-up stadium. Please pack a nut-free snack and water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	M-Th	Jul 15-Jul 18 1:00pm-4:00pm	Res \$220 Non Res \$248	23135-01

### ARTISTIC MOMENTS

# ARTISTIC MOMENTS SUMMERTIME FONDANT CUPCAKE ART

PCC-Education Wing, 14800 34th Avenue N

Have you ever used fondant to decorate cupcakes? Fondant is a 'Play-Doh-like' edible icing used to create fun designs on cupcakes. Learn how to roll, cut, and sculpt colorful fondant into a wide variety of shapes and sizes. You will have fun creating festive cupcakes for any occasion! Please Note: Cupcakes are purchased through Cub Foods. If you have any food allergies, please contact the Cub Foods Bakery to inquire about all ingredients used in these products.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	М	Jun 10 5:30pm-7:00pm	Res \$45 Non Res \$50	23138-01

### **CANVAS FUN**

### **CANVAS FUN: SMILEY SLOTH**

PCC-Education Wing, 14800 34th Avenue N

Grab your friend and join us for a fun one-day painting workshop. Everyone will get their own 11x14 stretched canvas to paint a cute, cuddly, smiley sloth.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-11	F	Jul 26 10:00am-11:00am	Res \$40 Non Res \$44	23101-01

### **EASY CRAFTS**

### **EASY CRAFTS - CRAFT CHALLENGE CAMP**

PCC-Education Wing, 14800 34th Avenue N

If you like arts and crafts, come challenge your creativity at our camp. Each day has a different theme and we will use simple materials to create extraordinary projects. Please bring a nutfree snack and a water bottle. Instr. Stefania Luca.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	M-F	Aug 19-Aug 23 9:00am-12:00pm	Res \$250 Non Res \$275	23104-01

### GLASS ART AT SKYLAB

### GLASSBLOWING CREATIONS CAMP

Skylab Glass Arts, 8838 7th Avenue

Day one will be a fusing session, where students will assemble chunks of colored glass in any layout or scheme they like. The creation will spend the day in the kiln fusing at high temperature, and when students return on day 2, they will create a design to be cut from vinyl, applied to the fused glass and then sandblasted to leave behind a matte negative on the creation. Day 3 students will transition over to the torches and learn to manipulate glass into a marble, possibly a pendant. Day 4 will be item pickup where students can make any last minute tweaks to their creations and then receive a demo from our instructors on more advanced techniques, before taking their creations home! Instr: Skylab Glass Arts - David Schuster

AGES	DAY	DATE & TIME	COST	ACTIVITY
10-18	M-Th	Jun 10-Jun 13 1:00pm-4:00pm	Res \$340 Non Res \$374	23134-01
10-18	M-Th	Jul 29-Aug 1 1:00pm-4:00pm	Res \$340 Non Res \$374	23134-02
10-18	M-Th	Aug 12-Aug 15 1:00pm-4:00pm	Res \$340 Non Res \$374	23134-03



### **ARTS - KIDCREATE STUDIO**

### **KIDCREATE STUDIO - FATHER'S DAY GIFT MAKING**

PCC-Active Wing, 14800 34th Avenue N

Get ready for Father's Day by making dear old dad a gift he will love! We'll use a variety of materials to sculpt a totally realistic golf scene. Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-9	Sa	Jun 8 1:00pm-4:00pm	Res \$60 Non Res \$69	23103-01

### **KIDCREATE STUDIO - TIE DYE PARTY**

PCC-Education Wing, 14800 34th Avenue N

Send your kids to class to make a tie-dyed shirt that they will wear all summer long. Children must bring their own white t-shirt to class. Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	F	Jun 14 1:00pm-4:00pm	Res \$60 Non Res \$69	23107-01
5-12	F	Aug 2 1:00pm-4:00pm	Res \$60 Non Res \$69	23107-02

### KIDCREATE STUDIO - MODERN MASTERS IN CLAY

PCC-Education Wing, 14800 34th Avenue N

Be inspired by art created by Vincent Van Gogh, Claude Monet, Edward Munch and Claes Oldenburg. We will recreate famous works of art like Monet's Water Lilies, Munch's The Scream, Oldenburg's Spoonbridge and Cherry and many others, all in clay. Make room to display these masterpieces! The projects your child creates in this camp are going to be amazing! Please pack a nut-free snack and drink for your child each day.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-9	Th,F	Jun 20-Jun 21 9:00am-12:00pm	Res \$133 Non Res \$146	23108-01

### **KIDCREATE STUDIO - WATERMELON SLIME**

PCC-Education Wing, 14800 34th Avenue N

What's messier than a slice of juicy watermelon? WATERMELON SLIME! In this class, artists will create their very own slime that looks just like goopy, gloopy, drippy watermelon, seeds and all! Dress for a mess; grown-ups, you don't want to try this at home!!! Please pack a nut tree snack and drink tor your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-9	Sa	Jun 22 1:00pm-4:00pm	Res \$60 Non Res \$69	23106-01

### KIDCREATE STUDIO -ADVANCED DRAWING - ANIME

PCC-Education Wing, 14800 34th Avenue N

In this advanced drawing class designed especially for older kids, we'll explore the exciting world of Anime! Artists will finetune their drawing skills as they master techniques and draw popular characters like Egg Gudetama (Lazy Egg Yolk), Totoro, and more! We'll even paint our own anime-style self-portraits on real canvas boards. This class is perfect for anyone who wants to fine-tune their drawing skills. Please pack a nut-free snack, lunch, and a drink for your child

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	F	Jun 28 9:00am-3:00pm	Res \$138 Non Res \$150	23143-01

### KIDCREATE STUDIO -SUCCULENT GARDEN MAKING

PCC-Education Wing, 14800 34th Avenue N

Design this living work of art with colorful succulents, plus an adorable mushroom figure that adds a whimsical touch. All supplies included in class fee. Instr: Kidcreate Studio

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-14	F	Jul 12 1:00pm-2:30pm	Res \$62 Non Res \$70	23145-01

### KIDCREATE STUDIO -ADVANCED WATERCOLOR TECHNIQUES PCC-Education Wing, 14800 34th Avenue N

Take your watercolor painting skills to new heights with our thrilling advanced art class! Dive into the world of watercolors and uncover exciting techniques that will truly elevate your artwork. This class is tailor-made for students who are ready to take their skills to the next level. As you explore different watercolor techniques, you'll have the opportunity to create breathtaking misty mountain landscapes, and a garden of mushrooms, and even unleash your inner creativity with whimsical doodle flowers. Please pack a nut-free snack, lunch and water bottle for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-14	F	Jul 26 9:00am-3:00pm	Res \$138 Non Res \$150	23144-01





**ARTS** - KIDCREATE STUDIO

### **KIDCREATE STUDIO - STEAM-SATIONAL ART**

PCC-Education Wing, 14800 34th Avenue N

Calling all smarty-pants! Get ready to explore S.T.E.A.M concepts in totally rad and creative ways that will result in cool creations you'll be proud to brag about - from your very own pinball machine, a creative Venus flytrap, a colorful kaleidoscope and magic ink that will light up a cityscape, plus loads of experiential learning and messy fun along the way! Please pack a nut-free snack and drink for your child each day.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	M-Th	Aug 12-Aug 15 1:00pm-4:00pm	Res \$220 Non Res \$248	23109-01

## KIDCREATE STUDIO - REVEAL CANDLE MAKING PCC-Education Wing. 14800 34th Avenue N

Welcome to our magical art class where we will be exploring the world of reveal candles! We will be crafting unique candles, infused with your favorite scents, colors, and hidden surprises. With the addition of delightful charms into the warm wax, your candle will transform into a stunning masterpiece as the flame slowly burns down and reveals the secret treasures waiting to be discovered within

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-14	F	Aug 16 1:00pm-2:30pm	Res \$62 Non Res \$70	23146-01

### KIDCREATE STUDIO - STATE FAIR FOOD

PCC-Education Wing, 14800 34th Avenue N

What's the best thing about the State Fair? The food, of course! In this fun-filled class your young artist will create the most delicious looking art project around! It will be yumminess on a stick! The kids will be creating, not eating this art project. Please pack a nut-free snack, lunch, and a drink for your child

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	F	Aug 23 1:00pm-4:00pm	Res \$60 Non Res \$69	23110-01



### **KIDZART: NEON GLOW**

**KIDZART** 

PCC-Education Wing, 14800 34th Avenue N

This summer, unleash your inner luminescence at our Glow-in-the-Dark Art Camp. Dive into a world where creativity takes on a whole new meaning, illuminated by the magic of fluorescent paints, neon powders, and black light surprises. Make a simple circuit to light up your painting! Create your own glow-in-the-dark dice and learn some new games to play. Make a treasure box, along with neon, black light and fluorescent designs that will help you discover the fun you can have with light. Please bring a nut-free snack and water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	M-Th		Res \$220 Non Res \$248	23139-01

### DANCE

### **BALLET & TAP (AGES 5-7)**

PCC-Active Wing, 14800 34th Avenue N

This class will focus on ballet and tap technique at a beginner level. Dancers will develop rhythm, balance, artistry, and teamwork in this class as they learn fun and challenging sequences expanded upon in each class. Ballet shoes, tap shoes, and leotards/tights or activewear are needed. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	М	Aug 5-Aug 26 5:05pm-5:45pm	Res \$55 Non Res \$59	23132-01

### 5-7 BALLET DANCE CAMP

PCC-Active Wing, 14800 34th Avenue N

This class will introduce your youngest mover to ballet basics with an emphasis in coordination, creativity, teamwork, and fun! Activewear and bare feet or ballet shoes are needed. We'll dance together each day and end with an informal performance on Thursday! Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	M-Th	Jun 10-Jun 13 6:05pm-6:45pm	Res \$55 Non Res \$59	23161-01

### BALLET AND TAP (AGES 8-11)

PCC-Active Wing, 14800 34th Avenue N

This class will focus on ballet and tap technique at a beginner to intermediate level. Dancers will develop rhythm, balance, artistry, and teamwork in this class as they learn fun and challenging sequences expanded upon in each class. Ballet shoes, tap shoes, and leotards/tights or activewear are needed. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-11	М	Aug 5-Aug 26 5:45pm-6:45pm	Res \$55 Non Res \$59	23160-01



### **ARTS - DANCE**

### **CONTEMPORARY MODERN (AGES 9-12)**

PCC-Active Wing, 14800 34th Avenue N

Students will learn contemporary modern dance technique and choreography, with a focus on creative expression, improvisation, and dance composition. This is a great class for students looking to expand their dance vocabulary or those looking to express themselves through movement. Dancers will dance barefoot. Activewear is needed. We'll dance together each day and end the week with an informal performance on Thursday! Instr. City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-12	M-Th	Jun 24-Jun 27 6:50pm-7:45pm	Res \$55 Non Res \$59	23164-01

### 5-8 CREATIVE MOVEMENT DANCE CAMP

PCC-Active Wing, 14800 34th Avenue N

This class will emphasize coordination, body and spatial awareness, expression and creativity and will introduce Modern Dance technique at a beginner level. Dancers will dance barefoot. Activewear is needed. We'll dance together each day and end the week with an informal performance on Thursday! Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	M-Th	Jun 24-Jun 27 6:15pm-6:50pm	Res \$55 Non Res \$59	23170-01

### **HIP HOP (AGES 5-7)**

PCC-Active Wing, 14800 34th Avenue N

Get moving with hip hop dance! This high energy class will focus on hip hop fundamentals, grooves, and having fun! This class will be taught at an absolute beginner level. Activewear and clean tennis shoes are needed. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	W	Aug 7-Aug 28 6:00pm-6:30pm	Res \$55 Non Res \$59	23141-01

### HIP HOP (AGES 8-11)

PCC-Active Wing, 14800 34th Avenue N

This class will introduce dancers to hip hop dance at a beginner level with challenge options as the class progresses. Hip-hop is a fun, upbeat style of dance characterized by hard hitting movement and body isolations. This class will explore a variety of different styles that make up hip hop dance. Activewear and clean tennis shoes are needed. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-11	W	Aug 7-Aug 28 6:35pm-7:15pm	Res \$55 Non Res \$59	24109-01

### **JAZZ AND TAP (AGES 5-7)**

PCC-Active Wing, 14800 34th Avenue N

This class will focus on beginning jazz and tap technique. Dancers will develop rhythm, coordination, and choreography as they learn movement sequences expanded upon in each class. Jazz shoes, tap shoes, and activewear are needed. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	Tu,Th	Jul 9-Jul 25 6:30pm-7:15pm	Res \$80 Non Res \$86	23162-01

### 8-11 JAZZ DANCE CAMP

PCC-Active Wing, 14800 34th Avenue N

This class will focus on beginner jazz dance technique with an emphasis on rhythm, coordination, and a combination! A great class for a new dancer as well as those with some dance experience! Activewear and jazz shoes or bare feet are needed. We'll dance together each day and end with an informal performance on Thursday! Instr: City of Plymouth Dance Staff.

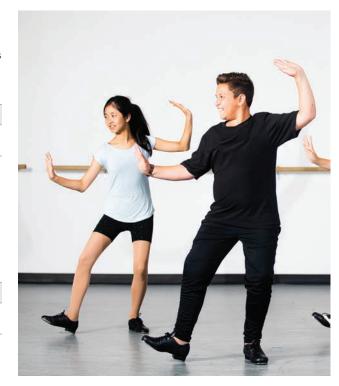
AGES	DAY	DATE & TIME	COST	ACTIVITY
8-11	M-Th	Jun 10-Jun 13 6:45pm-7:45pm	Res \$55 Non Res \$59	23169-01

### **MUSICAL THEATER JAZZ (AGES 8-11)**

PCC-Active Wing, 14800 34th Avenue N

This class will focus on jazz and technique through a fun and engaging musical theater context. Dancers will develop rhythm, creativity, and teamwork as they learn choreography to classic musical theater music. Jazz shoes and activewear are needed. Instr. City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-11	Tu,Th	Jul 9-Jul 25 7:15pm-8:00pm	Res \$80 Non Res \$86	23137-01





**MUSIC** 

### I GOT THE MUSIC IN ME

PCC-Event Wing, 14800 34th Avenue N

This inclusive music camp is a multisensory camp exploring music through multiple mediums. We'll sing, dance and explore a variety of instruments, books through song, and create your own music crafts. Caregivers/parents are encouraged to join if participants have high support needs. Camp is facilitated by board-certified (MT-BC) Neurologic Music Therapist®. No music experience required! Please complete the linked music therapy referral form if participants have any disabilities. Instr: Living Spirit Therapy Services, LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-9	M-F	Jul 22-Jul 26 1:00pm-4:00pm	Res \$300 Non Res \$330	23124-01

### **BACH TO ROCK - DJ CAMP**

Bach to Rock, 4345 Nathan Ln N

This class offers students hands-on experience while learning the fundamentals of mixing songs, scratching sounds and DJ music theory. No DJ experience required.

AGES	DAY	DATE & TIME	COST	ACTIVITY
10-16	M-F	Jun 17-Jun 21 12:30pm-4:00pm	Res \$279 Non Res \$307	23156-01
10-16	M-F	Jul 15-Jul 19 12:30pm-4:00pm	Res \$279 Non Res \$307	23156-02
10-16	M-F	Aug 5-Aug 9 12:30pm-4:00pm	Res \$279 Non Res \$307	23156-03
10-16	M-F	Aug 26-Aug 30 12:30pm-4:00pm	Res \$279 Non Res \$307	23156-04

### **BACH TO ROCK - DRUMS 101**

Bach to Rock, 4345 Nathan Ln N

Learning drums in a group setting , ending the series with performance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	W	Jun 5-Jul 10 12:00pm-1:00pm	Res \$212 Non Res \$233	23151-01
7-14	Th	Jun 6-Jul 11 4:30pm-5:30pm	Res \$212 Non Res \$233	23151-02
7-14	W	Jul 17-Aug 21 12:00pm-1:00pm	Res \$212 Non Res \$233	23151-03
7-14	Th	Jul 18-Aug 22 4:30pm-5:30pm	Res \$212 Non Res \$233	23151-04

### **BACH TO ROCK - FUN WITH MUSIC**

Bach to Rock, 4345 Nathan Ln N

We'll focus on core instruments each week (Guitar, Drums, Vocals, Ukulele, Keys) learning basics and roles of what makes up a band. Perfect for those who aren't ready to commit to a specific instrument yet or play in a school band/orchestra and are interested in modern music.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	W	Jun 5-Jul 10 3:30pm-4:30pm	Res \$212 Non Res \$233	23147-01
7-14	W	Jul 17-Aug 21 3:30pm-4:30pm	Res \$212 Non Res \$233	23147-02

### **BACH TO ROCK - GLEE CLUB**

Bach to Rock, 4345 Nathan Ln N

The B2R Glee Club provides a group learning experience that emphasizes reading music, intonation, listening skills, rhythm, and healthy vocal technique. The club will also get to show off its talent at an exclusive live or virtual performance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Tu	Jun 4-Jul 9 6:00pm-7:00pm	Res \$224 Non Res \$246	23118-01
7-14	W	Jun 5-Jul 10 5:30pm-6:30pm	Res \$224 Non Res \$248	23118-02
7-14	Th	Jun 6-Jul 11 5:30pm-6:30pm	Res \$224 Non Res \$248	23118-03
7-14	Tu	Jul 16-Aug 20 6:00pm-7:00pm	Res \$224 Non Res \$248	23118-04
7-14	W	Jul 17-Aug 21 5:30pm-6:30pm	Res \$224 Non Res \$248	23118-05
7-14	Th	Jul 18-Aug 22 5:30pm-6:30pm	Res \$224 Non Res \$248	23118-06

### **CANCELLATION POLICY**

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.



**ARTS - MUSIC** 

### **BACH TO ROCK - GLEE CLUB CAMP**

Bach to Rock, 4345 Nathan Ln N

This choral ensemble offers a dynamic atmosphere for students to unlock their inner star! We'll explore fun vocal exercises, singing in harmony, and cool choreography while performing arrangements of popular songs. This group learning experience emphasizes reading music, intonation, listening skills, rhythm, and healthy vocal technique.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M-F	Jun 17-Jun 21 9:00am-12:30pm	Res \$279 Non Res \$307	23155-01
7-14	M-F	Jul 15-Jul 19 9:00am-12:30pm	Res \$279 Non Res \$307	23155-02
7-14	M-F	Aug 5-Aug 9 9:00am-12:30pm	Res \$279 Non Res \$307	23155-03
7-14	M-F	Aug 26-Aug 30 9:00am-12:30pm	Res \$279 Non Res \$307	23155-04

### **BACH TO ROCK - GUITAR 101**

Bach to Rock, 4345 Nathan Ln N

Learning guitar in a group setting , ending the series with performance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	М	Jun 3-Jul 8 6:00pm-7:00pm	Res \$212 Non Res \$233	23150-01
7-14	Sa	Jun 8-Jul 13 4:00pm-5:00pm	Res \$212 Non Res \$233	23150-02
7-14	М	Jul 15-Aug 19 6:00pm-7:00pm	Res \$212 Non Res \$233	23150-03
7-14	Sa	Jul 20-Aug 17 4:00pm-5:00pm	Res \$212 Non Res \$233	23150-04

### **BACH TO ROCK - KIDS N KEYS**

Bach to Rock, 4345 Nathan Ln N

This class introduces kids to the fundamentals of music and piano playing in a fun group setting.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	М	Jun 3-Jul 8 4:00pm-4:45pm	Res \$231 Non Res \$254	23148-01
5-7	W	Jun 5-Jul 10 2:30pm-3:15pm	Res \$231 Non Res \$254	23148-02
5-7	Sa	Jun 8-Jul 13 10:30am-11:15am	Res \$231 Non Res \$254	23148-03
5-7	Sa	Jun 8-Jul 13 11:30am-12:15pm	Res \$231 Non Res \$254	23148-04
5-7	М	Jul 15-Aug 19 4:00pm-4:45pm	Res \$231 Non Res \$254	23148-05
5-7	W	Jul 17-Aug 21 2:30pm-3:15pm	Res \$231 Non Res \$254	23148-06
5-7	Sa	Jul 20-Aug 17 10:30am-11:15am	Res \$231 Non Res \$254	23148-07
5-7	Sa	Jul 20-Aug 17 11:30am-12:15pm	Res \$231 Non Res \$254	23148-08

### BACH TO ROCK - MUSIC PRODUCTION 101

Bach to Rock, 4345 Nathan Ln N

Learn about music production in a group setting, ending the series with a performance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Tu	Jun 4-Jul 9 2:00pm-3:00pm	Res \$212 Non Res \$233	23153-01
7-14	W	Jun 5-Jul 10 6:00pm-7:00pm	Res \$212 Non Res \$233	23153-02
7-14	Tu	Jul 16-Aug 20 2:00pm-3:00pm	Res \$212 Non Res \$233	23153-03
7-14	W	Jul 17-Aug 21 6:00pm-7:00pm	Res \$212 Non Res \$233	23153-04

### **BACH TO ROCK - ROCK BAND**

Bach to Rock, 4345 Nathan Ln N

Bach to Rock provides a group class designed for students for all levels enabling them to be playing full songs by the end of the series. Classes culminate in a virtual/public performance and CD recording.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	W	Jun 5-Jul 10 4:30pm-5:30pm	Res \$246 Non Res \$270	23122-01
7-14	Th	Jun 6-Jul 11 1:00pm-2:00pm	Res \$246 Non Res \$270	23122-02
7-14	W	Jul 17-Aug 21 4:30pm-5:30pm	Res \$246 Non Res \$270	23122-03
7-14	Th	Jul 18-Aug 22 1:00pm-2:00pm	Res \$246 Non Res \$270	23122-04

### BACH TO ROCK - ROCK BAND CAMP Bach to Rock, 4345 Nathan Ln N

Our professional band coaches work closely with students and direct and train the bands. Students are placed in compatible bands by their age and ability. Bands make up 4-6 players and vocalist.

AGES	DAY	DATE & TIME	COST	ACTIVITY
10-16	M-F	Jun 17-Jun 21 12:30pm-4:00pm	Res \$279 Non Res \$307	23154-01
10-16	M-F	Jul 15-Jul 19 12:30pm-4:00pm	Res \$279 Non Res \$307	23154-02
10-16	M-F	Aug 5-Aug 9 12:30pm-4:00pm	Res \$279 Non Res \$307	23154-03
10-16	M-F	Aug 26-Aug 30 12:30pm-4:00pm	Res \$279 Non Res \$307	23154-04



**ARTS - MUSIC** 

### **BACH TO ROCK - SONGWRITING 101**

Bach to Rock, 4345 Nathan Ln N

Learn about songwriting in a group setting , ending the series with performance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	W	Jun 5-Jul 10 1:00pm-2:00pm	Res \$212 Non Res \$233	23152-01
7-14	Th	Jun 6-Jul 11 4:00pm-5:00pm	Res \$212 Non Res \$233	23152-02
7-14	W	Jul 17-Aug 21 1:00pm-2:00pm	Res \$212 Non Res \$233	23152-03
7-14	Th	Jul 18-Aug 22 4:00pm-5:00pm	Res \$212 Non Res \$233	23152-04

### **BACH TO ROCK - UKULELE 101**

Bach to Rock, 4345 Nathan Ln N

Learning ukulele in a group setting ,ending the series with performance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	W	Jun 5-Jul 10 5:00pm-6:00pm	Res \$212 Non Res \$233	23149-01
7-14	Sa	Jun 8-Jul 13 3:00pm-4:00pm	Res \$212 Non Res \$233	23149-02
7-14	W	Jul 17-Aug 21 5:00pm-6:00pm	Res \$212 Non Res \$233	23149-03
7-14	Sa	Jul 20-Aug 17 3:00pm-4:00pm	Res \$212 Non Res \$233	23149-04

### SCHOOL OF ROCK

### **SCHOOL OF ROCK - BEATLES CAMP**

School of Rock, 312 Clydesdale Trail

The Beatles are undoubtedly one of the most important rock 'n' roll bands of all-time and their songs have greatly influenced the direction of modern music. Come celebrate the best songs from their vast collection of hits and Billboard-topping classics. Students will spend the week learning and practicing songs from The Beatles, all culminating in a live performance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	M-F	Jul 22-Jul 26 1:15pm-2:15pm	Res \$162 Non Res \$178	23167-01

### SCHOOL OF ROCK - CELEBRATING TAYLOR SWIFT School of Rock, 312 Clydesdale Trail

It will be a fun-filled week inspired by the chart-topping hits of Taylor Swift where students will learn from talented instructors and immerse themselves in the world of pop and country music. After rehearsing for five days, campers will take the stage on the final day of camp for an epic performance! So whether your kiddo is a die-hard Swiftie or just looking to hone their musical skills, this camp promises a harmonious adventure they won't want to miss.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	M-F	Jun 10-Jun 14 1:15pm-2:15pm	Res \$162 Non Res \$178	23166-01
7-12	M-F	Jul 8-Jul 12 1:15pm-2:15pm	Res \$162 Non Res \$178	23166-02
7-12	M-F	Aug 5-Aug 9 1:15pm-2:15pm	Res \$162 Non Res \$178	23166-03

### **SCHOOL OF ROCK - ROCK 101 CAMP**

School of Rock, 312 Clydesdale Trail

Students will explore their instruments through musical games and activities. Students will learn songs by artists such as the White Stripes, Green Day and Imagine Dragons (song selection will vary by location). Our nurturing environment makes this the perfect camp for budding musicians. The camp will culminate in a concert at the end of the week for family and friends.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	M-F	Jun 24-Jun 28 1:15pm-2:15pm	Res \$162 Non Res \$178	23168-01

### **POTTERY**

### WHEEL POTTERY

PCC-Education Wing, 14800 34th Avenue N

Learn the basics of wheel sculpting with ceramic clay. Will cover throwing and glazing techniques. Make projects to take home at the end of the session. No experience necessary. All supplies included in the course fee. Instr. Adama Sow.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-15	W	Jul 10-Jul 31 3:30pm-5:30pm	Res \$135 Non Res \$144	23119-02
8-15	W	Aug 7-Aug 28 3:30pm-5:30pm	Res \$135 Non Res \$144	23119-03



## **ARTS - THEATER WORKSHOPS**

#### THEATER WORKSHOP WITH DEBORAH SCHEE

These theatrical workshops will use games and activities to help students learn the basics of acting such as: using your voice on stage, building a character and stage positions. Using props, music and costume pieces, we'll present a final production for family and friends on the final day of class. Please wear closedtoe shoes and dress comfortably. Each one of our theater classes represents a "cast" of students. We rely on each and every cast member to be in class each day, so we can create our final performance. Thank you in advance for only registering your child if they can be with us every day. Instr: Deborah Schee

## THEATER WORKSHOP- UNDER THE SEA JUNIOR PCC-Event Wing, 14800 34th Avenue N

Ariel, Flounder, Sebastian and even Ursula the Sea Witch join all the creatures "Under the Sea" for this fun, singing, dancing, acting workshop. Practice your best fish face and join us for some underwater fun!

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Tu-Th	Jun 11-Jun 13 9:30am-12:00pm	Res \$124 Non Res \$136	23111-01

## THEATER WORKSHOP - HARRY POTTER AND THE PRISONER OF AZAKABAN

PCC-Event Wing, 14800 34th Avenue N

In their third year at Hogwarts School of Witchcraft and Wizardry, Harry, Ron and Hermione investigate Sirius Black, an escaped prisoner from Azkaban, the wizard prison. The friends encounter Dementors, use the Marguder's Map and survive the Shrieking Shack in this action-packed chapter!

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Tu-Th	Jun 25-Jun 27 9:30am-12:00pm	Res \$124 Non Res \$136	23112-01

## THEATER WORKSHOP - DISNEY DESCENDANTS 2

PCC-Event Wing, 14800 34th Avenue N

Mal returns to the land of the Lost to find that Uma, the daughter of Ursula, has taken over as aueen. Her evil aana has plans to bring down the barrier. Can Evie. Jay and Carlos help Mal stop her?

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Tu-Th	Jul 9-Jul 11 9:30am-12:00pm	Res \$124 Non Res \$136	23114-01

## THEATER WORKSHOP -STORYTIME THEATER - THE LION KING

PCC-Event Wing, 14800 34th Avenue N

Little kids can dip their toe into the world of theater with this fun and engaging class. We'll create the animals of the Pride Land and have fun singing, dancing, and acting, Hakung Matata!

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-5	Tu-Th	Jul 9-Jul 11 12:15pm-1:30pm	Res \$76 Non Res \$87	23115-01

## THEATER WORKSHOP - HARRY POTTER JUNIOR

PCC-Event Wing, 14800 34th Avenue N

The big kids aren't the only ones who love all things Harry Potter. Join us as we create some Hogwarts magic on stage, little kid style. Brush up on your spells and potions and get ready for some wizardly fun!

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Tu-Th	Jul 23-Jul 25 9:30am-12:00pm	Res \$124 Non Res \$136	23116-01

## THEATER WORKSHOP - FROZEN JUNIOR

PCC-Event Wing, 14800 34th Avenue N

Elsa, Anna, Olaf, Sven, Kristoff, and Hans come to life in our class production of this beloved story. Our show includes a snazzy dance finale, costume pieces that sparkle on stage and a balance between drama, comedy, and music. Don't let this one

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Tu-Th	Aug 6-Aug 8 9:30am-12:00pm	Res \$124 Non Res \$136	23117-01

## THEATER WORKSHOP -HARRY POTTER AND THE GOBLET OF FIRE

PCC-Event Wing, 14800 34th Avenue N

In this fourth installment of the Harry Potter chronicles, Harry must compete in the Triwizard Tournament, alonaside Fleur. Viktar and Cedric. Three challenging and dangerous tasks must be completed and a new mystery needs to be solved. Join us at Hogwarts for some magical fun!

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Tu-Th	Aug 13-Aug 15 9:30am-12:00pm	Res \$124 Non Res \$136	23136-01

## THEATER WORKSHOP- BROADWAY KIDS: WICKED PCC-Event Wing, 14800 34th Avenue N

Allow yourself to be transported to the Emerald City and the land of OZ in this singing, dancing, acting Broadwayadventure! Students will perform "Dear Old Shiz" and "What is this Feeling?" from the smash hit Wicked, showing off their triple threat abilities.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Tu-Th	Aug 20-Aug 22 9:30am-12:00pm	Res \$124 Non Res \$136	23158-01



#### **EDUCATION**

# BUBBLES & FIDGETS: AN INCLUSIVE, THERAPEUTIC, AND NATURE-BASED CAMP

Parkers Lake Park, 15205 County Road 6

Explore and access nature with activities centered on fun bubble activities and creating and playing with different types of fidgets. This is a space for youth to connect with their true selves, connect with peers in their own way, and connect with nature. All are welcome! Please bring a nut-free snack and water each day.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-15		Aug 26-Aug 29 9:00am-12:00pm	Res \$325 Non Res \$359	23343-01

## **CHESS**

## **TWIN CITIES CHESS CLUB: CHESS CAMP**

PCC-Education Wing, 14800 34th Avenue N

All levels welcome. Learn from Twin Cities Chess Club instructors, who have years of teaching experience, while you compete for various prizes including trophies, medals, and chess sets. Instr: Irina Rybakova.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	M-F	Jun 17-Jun 21 8:30am-12:30pm	Res \$240 Non Res \$265	23321-01
5-12	M-F	Jul 8-Jul 12 1:00pm-5:00pm	Res \$240 Non Res \$265	23321-02
5-12	M-F	Aug 12-Aug 16 9:00am-5:00pm	Res \$425 Non Res \$469	23321-03
5-12	M-F	Aug 12-Aug 16 9:00am-1:00pm	Res \$240 Non Res \$265	23321-04
5-12	M-F	Aug 12-Aug 16 1:00pm-5:00pm	Res \$240 Non Res \$265	23321-05

#### CENTER FOR ACADEMIC EXCELLENCE

# CENTER FOR ACADEMIC EXCELLENCE: GEOGRAPHY BEE (AM)

PCC-Education Wing, 14800 34th Avenue N

Camp will help students prepare for competitions while also getting a broad-based education in the physical, political, economic, and cultural geography of the world we live in.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-14	M-Th	Jun 17-Jun 20 9:00am-12:00pm	Res \$169 Non Res \$185	23379-01

# CENTER FOR ACADEMIC EXCELLENCE: SCIENCE BOWL (PM)

PCC-Education Wing, 14800 34th Avenue N

Explore various branches of science and share your findings with the class. Camp ends with a friendly competition where students will be quizzed on multiple choice and short answer questions in the categories of Biology, Chemistry, Physics, Earth and Space, Energy and Math.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-14	M-Th	Jun 17-Jun 20 1:00pm-4:00pm	Res \$169 Non Res \$185	23380-01

# CENTER FOR ACADEMIC EXCELLENCE: GEOGRAPHY BEE & SCIENCE BOWL (FULL DAY)

PCC-Education Wing, 14800 34th Avenue N

A full day including both the Geography Bee and Science Bowl camps. Staff will supervise the lunch hour from 12-1 PM. Please pack a lunch, water bottle and snacks.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-14	M-Th	Jun 17-Jun 20 9:00am-4:00pm	Res \$329 Non Res \$362	23382-01

# CENTER FOR ACADEMIC EXCELLENCE: SPELLING BEE & VOCABULARY BEE (AM)

PCC-Education Wing, 14800 34th Avenue N

Widen your vocabulary through analysis of word roots and meaning. Gain Spelling Bee tournament experience and skills that will help you become a dominant speller!

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-13	M-Th	Jul 8-Jul 11 9:00am-12:00pm	Res \$169 Non Res \$185	23381-01

# CENTER FOR ACADEMIC EXCELLENCE: MATH BEE (PM)

PCC-Education Wing, 14800 34th Avenue N

Through fun online games, practice common mathematical problems relevant for your age. Camp culminates with a friendly competition where students will be quizzed on multiple choice and short answer questions in Math.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-13	M-Th	Jul 8-Jul 11 1:00pm-4:00pm	Res \$169 Non Res \$185	23394-01

# CENTER FOR ACADEMIC EXCELLENCE: SPELLING BEE, VOCABULARY BEE, MATH BEE (FULL DAY)

PCC-Education Wing, 14800 34th Avenue N

A full day including the Math Bee, Spelling Bee and Vocabulary Bee curriculum. Staff will supervise the lunch hour from 12-1 PM. Please pack a lunch, water bottle and snacks.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-13	M-Th	Jul 8-Jul 11 9:00am-4:00pm	Res \$329 Non Res \$362	23377-01

SEE ONLINE FOR ADDITIONAL CENTER FOR ACADEMIC EXCELLENCE CAMPS



## **EDUCATION** - CENTER FOR ACADEMIC EXCELLENCE CODE NINJAS

## **CENTER FOR ACADEMIC EXCELLENCE: MATHWIZ**

PCC-Education Wing, 14800 34th Avenue N

A pre-algebra program that explores ideas such as algebraic manipulation and graphical interpretation through methods rooted in both theory and application. Prepares students for standardized testing at and above grade level.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-15	Sa	Jun 8-Jul 27 10:00am-10:50am	Res \$169 Non Res \$186	23322-01
5-15	Tu	Jun 11-Jul 30 6:00pm-6:50pm	Res \$169 Non Res \$186	23322-02

## CENTER FOR ACADEMIC EXCELLENCE: READINGWIZ

PCC-Education Wing, 14800 34th Avenue N

A practice-oriented program that assists students in developing skills in reading and writing. The course features information on grammar, vocabulary, phonics, and comprehension improvement.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-15	Sa	Jun 8-Jul 27 7:00pm-7:50pm	Res \$169 Non Res \$186	23323-01
5-15	Tu	Jun 11-Jul 30 11:00am-11:50am	Res \$169 Non Res \$186	23323-02

## CODE NINJAS: CODE QUEST USING PYTHON

PCC-Education Wing, 14800 34th Avenue N

Keep your brain cool this summer by making cool games in Python using Makecode Arcade while learning the basics of python coding!

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-14	M-F	Jun 17-Jun 21 9:00am-12:00pm	Res \$299 Non Res \$329	23369-01
9-14	M-F	Jul 29-Aug 2 9:00am-12:00pm	Res \$299 Non Res \$329	23369-02

## **CODE NINJAS: ROBLOX WORLD CREATORS**

PCC-Education Wing, 14800 34th Avenue N

Program and create your own 3D worlds to share with the Roblox community locally and globally.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-14	M-F	Jun 24-Jun 28 9:00am-12:00pm	Res \$299 Non Res \$329	23376-01

## **CODE NINJAS: FUTURE MINDS - AI ACADEMY**

PCC-Education Wina, 14800 34th Avenue N

Learn about the fundamentals of Artificial Intelligence development and application through a variety of activities in coding, games and robotics.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-14	M-F	Jun 10-Jun 14 9:00am-12:00pm	Res \$299 Non Res \$329	23368-01
9-14	M-F	Jul 22-Jul 26 9:00am-12:00pm	Res \$299 Non Res \$329	23368-02
9-14	M-F	Aug 19-Aug 23 9:00am-12:00pm	Res \$299 Non Res \$329	23368-03

## CODE NINJAS: INTRO TO WEB DEVELOPMENT

PCC-Education Wing, 14800 34th Avenue N

Gain foundational understanding of HTML and CSS. Learn about creative website development by building your own website and fan page.

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-14	M-F	Jul 8-Jul 12 9:00am-12:00pm	Res \$299 Non Res \$329	23391-01

## **CODE NINJAS: BECOME A YOUTUBER**

PCC-Education Wing, 14800 34th Avenue N

Develop your YouTuber skills and create and customize your own YouTube channel complete with unique channel art, video thumbnails, uploads, and more!

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-14	M-F	Aug 5-Aug 9 9:00am-12:00pm	Res \$299 Non Res \$329	23393-01

## **CODE NINJAS: MODDING USING MINECRAFT**

PCC-Education Wing, 14800 34th Avenue N

Learn how to build epic scenes, tell stories, and record videos in your own Minecraft world.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-14	M-F	Aug 12-Aug 16 9:00am-12:00pm	Res \$299 Non Res \$329	23316-01

## CODE NINJAS:

## ADVANCED MODDING USING MINECRAFT

PCC-Education Wing, 14800 34th Avenue N

Attention advanced Minecraft players! Learn how to make your own mods with custom textures, weapons, armor, enemies, and more!

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-14	M-F	Jul 15-Jul 19 9:00am-12:00pm	Res \$299 Non Res \$329	23392-01

SEE ONLINE FOR ADDITIONAL CENTER FOR ACADEMIC EXCELLENCE CAMPS



#### **EDUCATION - COR ROBOTICS**

## **COR ROBOTICS: EXPLORING PHOTOGRAPHY**

PCC-Education Wing, 14800 34th Avenue N

This dynamic camp aims to introduce participants to the fundamentals of photography, foster creativity, teach technical skills, and teach photo editing.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-14	M-W	Jun 17-Jun 19 9:00am-12:00pm	Res \$109 Non Res \$120	23358-01

#### COR ROBOTICS: AEROCODE ACADEMY

PCC-Education Wing, 14800 34th Avenue N

Using block-based programming tools to command their drones, students will sharpen their skills and take to the skies to battle in team-based challenges. Students can choose to bring their drone home for an additional \$100 (\$215 value).

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-14	M-W	Jun 17-Jun 19 1:00pm-4:00pm	Res \$109 Non Res \$120	23354-01

## **COR ROBOTICS: INTRO TO ESPORTS**

PCC-Education Wing, 14800 34th Avenue N

Turn your passion for video games into valuable life skills! Play some of the most popular eSports games, compete with and against each other in tournaments, and learn important lessons along the way.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-14	M-W	Jul 29-Jul 31 9:00am-12:00pm	Res \$109 Non Res \$120	23318-01

## COR ROBOTICS: EXPLORING CINEMATOGRAPHY

PCC-Education Wing, 14800 34th Avenue N

Learn the basics of cinematography, video editing, and artistic expression.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-14	M-W	Jul 29-Jul 31 1:00pm-4:00pm	Res \$109 Non Res \$120	23359-01

## **COR ROBOTICS: BATTLE DRONES**

PCC-Education Wing, 14800 34th Avenue N

The camp features an exciting combination of aerial acrobatics with an engineering design challenge that will teach STEM concepts, teamwork, and how to skillfully fly a drone. Choose to bring your drone home for an additional \$50 (~\$100 value).

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-14	M-W	Aug 5-Aug 7 9:00am-12:00pm	Res \$109 Non Res \$120	23383-01

## **COR ROBOTICS: MINECRAFT OLYMPICS**

PCC-Education Wing, 14800 34th Avenue N

Engage in daily Build Battles, showcasing your imaginative prowess in constructing awe-inspiring structures aligned with diverse themes

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-14	M-W	Aug 5-Aug 7 1:00pm-4:00pm	Res \$109 Non Res \$120	23390-01

#### COR ROBOTICS: DRONE RACING

PCC-Education Wing, 14800 34th Avenue N

Train on a flight simulator to learn the basics of flying, assemble your very own drone (you get to keep), learn drone safety and maintenance and take to the skies and compete in numerous races and challenges.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-14	M-W	Aug 12-Aug 14 9:00am-12:00pm	Res \$175 Non Res \$193	23304-01

## COR ROBOTICS: SKYLENS WORKSHOP

PCC-Education Wing, 14800 34th Avenue N

Learn drone piloting, capture stunning videos and pictures from the skies, and delve into digital editing on computers. Choose to bring drone home for an additional \$50 (~\$100 value).

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-15	M-W	Aug 12-Aug 14 1:00pm-4:00pm	Res \$109 Non Res \$120	23355-01



### **EDUCATION - CREATE & LEARN**

## **CREATE & LEARN: BEGINNER ROBLOX GAME CODING - UNITS 1. 2. 3** Online

Learn how to use workspace and how to configure properties of objects such as color and texture to implement in games along with coding concepts such as if/then, loop, and variable in the context of Roblox coding, as well as how to have game elements respond to interactions from players such as clicks, movements, and more! Roblox requires relatively powerful computers- please install Roblox on your computer and make sure it runs properly before registering. No program 6/19, 6/28, 7/4.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-13	M-F	Jun 17-Jul 5 3:00pm-4:15pm	Res \$246 Non Res \$246	23347-01

## **CREATE & LEARN: CREATE WITH CHATGPT 1**

Online

ChatGPT is an Al product created by OpenAl where you can converse with and ask an incredibly wide range of questions from how to cook pasta, to travel recommendations, to coding. to solving calculus problems, and a whole lot more. Learn how It can help with developing critical thinking, executive functions, and creativity.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-13	M-F	Jun 24-Jun 28 4:30pm-5:25pm	Res \$97 Non Res \$97	23344-01
9-13	M-F	Jul 15-Jul 19 1:00pm-1:55pm	Res \$97 Non Res \$97	23344-02

## **CREATE & LEARN: ROBOTICS & SMART DEVICES -ARDUINO FOR KIDS UNITS 1-3**

Online

Learn how to design simple electronic systems for alarms, home sensing, motor controls, etc., as well as creating code to control these systems. The class uses an Arduino simulator and does not require a physical device. The same code your student creates in class will work on the device without any changes.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-14	M-Th	Jul 15-Aug 1 3:00pm-3:55pm	Res \$197 Non Res \$197	23348-01



## **CANCELLATION POLICY**

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.



## **EDUCATION - ENGINEERING FOR KIDS**

## **ENGINEERING FOR KIDS: CAMP FANCY**

PCC-Education Wing, 14800 34th Avenue N

Go glamping indoors- build a fort, LED light stick, lip gloss, fancy slime and more. Enjoy a pajama party and some fancy s'mores on the last day. No program 6/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-9	M,Tu, Th,F	Jun 17-Jun 21 9:00am-12:00pm	Res \$200 Non Res \$220	23306-01

# ENGINEERING FOR KIDS: JR. ANIMAL CROSSING ENGINEERING CAMP

PCC-Active Wing, 14800 34th Avenue N

Hunt down insects, fish in the ocean and make friends on your island. Build shelters, bridges, make tools like shovels and fishing rods, and even a light-up bua! No program 6/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-9	M,Tu, Th,F	Jun 17-Jun 21 1:00pm-4:00pm	Res \$200 Non Res \$220	23307-01

## ENGINEERING FOR KIDS: JR. DIGGING FOR DINOS

PCC-Education Wing, 14800 34th Avenue N

Learn about engineering, mathematics, dinosaurs, and fossils as you work as paleontologists and engineers to excavate fossils including dinosaur bones, eggs, imprints and more.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-9	M-Th	Jun 24-Jun 27 9:00am-12:00pm	Res \$200 Non Res \$220	23310-01

# ENGINEERING FOR KIDS: JR. ENGINEERING ELECTRIFIED CAMP

PCC-Education Wing, 14800 34th Avenue N

Students will explore aspects of electricity, such as magnetism, static electricity, circuitry, and more.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-9	M-Th	Jun 24-Jun 27 1:00pm-4:00pm	Res \$200 Non Res \$220	23341-01

# ENGINEERING FOR KIDS: JR. POKÉMON ENGINEERS

PCC-Education Wing, 14800 34th Avenue N

Complete daily STEM projects revolving around the fantastic world of Pokémon including making a fizzing Poke Ball, light up Pikachu, Poke Ball catapult and more!

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-9	M-Th	Jul 15-Jul 18 9:00am-12:00pm	Res \$200 Non Res \$220	23340-01

# ENGINEERING FOR KIDS: 3D PRINTING - MINECRAFT CREATIONS

PCC-Education Wing, 14800 34th Avenue N

Use Tinkercad to design basic Minecraft creations from scratch using the Engineering Design Process, and choose 2 to print in class to take home. For students who have no or limited experience with 3D Printing.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-14	M-Th	Jul 15-Jul 18 1:00pm-4:00pm	Res \$200 Non Res \$220	23342-01

# ENGINEERING FOR KIDS: PHINEAS & FERB'S ENGINEERING ADVENTURES

PCC-Education Wing, 14800 34th Avenue N

Build a rocket, or fight a mummy, or climb up the Eiffel tower. What about discovering something that doesn't exist, or giving a monkey a shower? Let's put our heads together and design a master plan to make this the best summer ever inspired by Phineas & Ferb!

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-13	M-Th	Aug 5-Aug 8 9:00am-12:00pm	Res \$200 Non Res \$220	23360-01

# ENGINEERING FOR KIDS: JR. WIZARDS ENGINEERING CAMP

PCC-Education Wing, 14800 34th Avenue N

Create your own bubbling potions, flying broomstick, light-up wand and more as you explore the world of engineering.

A	GES	DAY	DATE & TIME	COST	ACTIVITY
5	-9	M-Th	Aug 5-Aug 8 1:00pm-4:00pm	Res \$200 Non Res \$220	23361-01



## **EDUCATION - GROUNDED ARTS & CRAFTS**

# GROUNDED ARTS & CRAFTS: AN INCLUSIVE & NATURE-BASED CAMP

NW Greenway, 5250 Peony Lane

Explore and access nature creatively using nature-based materials to create various arts and crafts. This is a space for youth to connect with their true selves, connect with peers in their own way, and connect with nature. All are welcome. Instr. Michelle Pettit, Roots and Wings Therapeutic Services LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-15	M-Th	Aug 19-Aug 22 9:00am-12:00pm	Res \$325 Non Res \$359	23320-01

## **KIDCREATE**

# KIDCREATE SCIENTIFIC - FOAMS, SLIMES & POTIONS

PCC-Education Wing, 14800 34th Avenue N

Our hands-on camp will immerse your child into the enchanting realm of foam, slime, and potions, as we unravel the secrets of science. Prepare to concoct elixirs that magically change color, create bouncy balls, and whip up some homemade PopRocks! Each experiment combines the perfect blend of creativity and scientific exploration. Please pack a nut-free snack and drink tor your child each day

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	Tu-Th	Jul 16-Jul 18 9:00am-12:00pm	Res \$184 Non Res \$202	23105-01

## **NATURE NAVIGATORS**

# NATURE NAVIGATORS: AN INCLUSIVE, THERAPEUTIC, & CURIOSITY-DRIVEN NATURE-BASED GROUP

NW Greenway, 5250 Peony Lane

This course offers youth to explore and access nature in various ways for mindfulness, fun, and reaping the therapeutic benefits of nature. This is a space for youth to connect with their true selves, connect with peers in their own way, and connect with nature. All are welcome!

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-15	M-Th	Jul 8-Jul 11 9:00am-12:00pm	Res \$300 Non Res \$330	24305-01

## **SCIENCE EXPLORERS**

## SCIENCE EXPLORERS: CRAZY CHEMISTRY

PCC-Active Wing, 14800 34th Avenue N

Investigate the Periodic Table and learn about its families with fun and exciting experiments as we discover the science side of STEM.

A	AGES	DAY	DATE & TIME	COST	ACTIVITY
6	5-12	Tu-Th	Aug 6-Aug 8 10:00am-12:00pm	Res \$79 Non Res \$91	23308-01

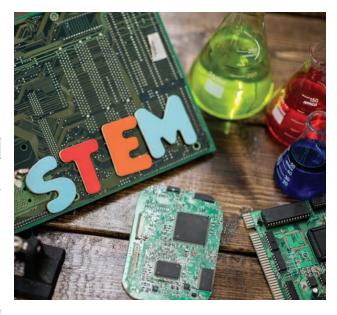
# SCIENCE EXPLORERS: THE MECHANICS OF GIZMOS AND GADGETS

PCC-Active Wing, 14800 34th Avenue N

Discover the action-packed world of physics by building, experimenting and questioning science contraptions and toys that really work.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-11	Tu-Th	Aug 6-Aug 8 1:00pm-3:00pm	Res \$79 Non Res \$91	23309-01

## **SNAPOLOGY**



## **SNAPOLOGY KINDERBOTS**

Snapology, 3580 Holly Lane N

Begin to explore the world of robotics as you build simple models that teach the fundamentals of robotic design. Learn about sensors while building drills and magic wands, or discovering ways that gears and pulleys create movement while building helicopters and robotic dogs.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	M-F	Aug 12-Aug 16 9:00am-12:00pm	\$259	23357-01

SEE SNAPOLOGY CAMPS ON NEXT PAGE



## **EDUCATION - SNAPOLOGY SUMMER CAMP**

## **SNAPOLOGY SUMMER CAMP - A.M. HALF DAY** Snapology, 3580 Holly Lane N

At Snapology Camp, kids can build confidence by engaging, hands-on STEAM activities led by a Snapology professional with a combination of adventurous, adrenaline filled, energy burning activities in the Urban Air venue. All registration forms and waivers will be emailed out from Snapology. For questions contact 612-239-2680 (Monday-Friday) or gm@snapologyplymouth.com. No program: 6/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M-F	Jun 10-Jun 14 9:00am-12:00pm	\$259	23905-01
7-14	M-F	Jun 17-Jun 21 9:00am-12:00pm	\$199	23905-02
7-14	M-F	Jun 24-Jun 28 9:00am-12:00pm	\$259	23905-03
7-14	M-F	Jul 1-Jul 3 9:00am-12:00pm	\$159	23905-04
7-14	M-F	Jul 8-Jul 12 9:00am-12:00pm	\$259	23905-05
7-14	M-F	Jul 15-Jul 19 9:00am-12:00pm	\$259	23905-06
7-14	M-F	Jul 22-Jul 26 9:00am-12:00pm	\$259	23905-07
5-14	M-F	Jul 29-Aug 2 9:00am-12:00pm	\$259	23905-08
7-14	M-F	Aug 5-Aug 9 9:00am-12:00pm	\$259	23905-09
7-14	M-F	Aug 12-Aug 16 9:00am-12:00pm	\$259	23905-10
7-14	M-F	Aug 19-Aug 23 9:00am-12:00pm	\$259	23905-11
7-14	M-F	Aug 26-Aug 30 9:00am-12:00pm	\$259	23905-12

## SNAPOLOGY SUMMER CAMP - P.M. HALF DAY Snapology, 3580 Holly Lane N

At Snapology Camp, kids can build confidence by engaging, hands-on STEAM activities led by a Snapology professional with a combination of adventurous, adrendline filled, energy burning activities in the Urban Air venue. All registration forms and waivers will be emailed out from Snapology. For questions contact 612-239-2680 (Monday-Friday) or am@snapologyplymouth.com. No program: 6/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M-F	Jun 10-Jun 14 1:00pm-4:00pm	\$259	23906-01
7-14	M-F	Jun 17-Jun 21 1:00pm-4:00pm	\$199	23906-02
7-14	M-F	Jun 24-Jun 28 1:00pm-4:00pm	\$259	23906-03
7-14	M-F	Jul 1-Jul 3 1:00pm-4:00pm	\$159	23906-04
7-14	M-F	Jul 8-Jul 12 1:00pm-4:00pm	\$259	23906-05
7-14	M-F	Jul 15-Jul 19 1:00pm-4:00pm	\$259	23906-06
7-14	M-F	Jul 22-Jul 26 1:00pm-4:00pm	\$259	23906-07
8-14	M-F	Jul 29-Aug 2 1:00pm-4:00pm	\$259	23906-08
7-14	M-F	Aug 5-Aug 9 1:00pm-4:00pm	\$259	23906-09
7-14	M-F	Aug 12-Aug 16 1:00pm-4:00pm	\$259	23906-10
7-14	M-F	Aug 19-Aug 23 1:00pm-4:00pm	\$259	23906-11
7-14	M-F	Aug 26-Aug 30 1:00pm-4:00pm	\$259	23906-12

## **SNAPOLOGY SUMMER CAMP - FULL DAY**

Snapology, 3580 Holly Lane N

At Snapology Camp, kids can build confidence by engaging, hands-on STEAM activities led by a Snapology professional with a combination of adventurous, adrenaline filled, energy burning activities in the Urban Air venue. All registration forms and waivers will be emailed out from Snapology. For students attending the full-day camp lunch is provided on Wednesday (chicken strips) & Friday (pizza). Each camper will receive a Snapology t-shirt and Urban Air socks. No program 6/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M-F	Jun 10-Jun 14 9:00am-4:00pm	\$379	23904-01
7-14	M-F	Jun 17-Jun 21 9:00am-4:00pm	\$303	23904-02
7-14	M-F	Jun 24-Jun 28 9:00am-4:00pm	\$379	23904-03
7-14	M-F	Jul 1-Jul 3 9:00am-4:00pm	\$225	23904-04
7-14	M-F	Jul 8-Jul 12 9:00am-4:00pm	\$379	23904-05
7-14	M-F	Jul 15-Jul 19 9:00am-4:00pm	\$379	23904-06
7-14	M-F	Jul 22-Jul 26 9:00am-4:00pm	\$379	23904-07
5-14	M-F	Jul 29-Aug 2 9:00am-4:00pm	\$379	23904-08
7-14	M-F	Aug 5-Aug 9 9:00am-4:00pm	\$379	23904-09
7-14	M-F	Aug 12-Aug 16 9:00am-4:00pm	\$379	23904-10
7-14	M-F	Aug 19-Aug 23 9:00am-4:00pm	\$379	23904-11
7-14	M-F	Aug 26-Aug 30 9:00am-4:00pm	\$379	23904-12

SEE ONLINE FOR WEEKLY THEMES



## **EDUCATION - TECH ACADEMY**

# TECH ACADEMY: MULTIPLAYER MINECRAFT - SURVIVAL CHALLENGE

PCC-Education Wing, 14800 34th Avenue N

Explore the unknown and join other survival enthusiasts to overcome challenges and complete quests on our server. PC/ Java edition of Minecraft. Bring a USB drive to save games on the last day.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-15	M-Th	Jun 10-Jun 13 9:00am-12:00pm	Res \$169 Non Res \$186	23300-01

## **TECH ACADEMY: VIRTUAL REALITY CODING**

PCC-Education Wing, 14800 34th Avenue N

Design, develop, and create 3D Virtual Reality environments and characters to make your own 3D games and other virtual reality for kid's projects on Metaverse new platform Hatch. Bring a USB drive on the last day.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-13	M-Th	Jun 10-Jun 13 1:00pm-4:00pm	Res \$175 Non Res \$193	23301-01

# TECH ACADEMY: VIDEO PRODUCTION - YOUTUBE SHORTS, IG REELS & TIK TOK

PCC-Education Wing, 14800 34th Avenue N

Edit the video, add motion graphics, and special effects to your own video short, while practicing storytelling and film production techniques. Bring a USB drive (at least 8 GB) on the last day.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	M-Th	Jul 8-Jul 11 9:00am-12:00pm	Res \$175 Non Res \$193	23311-01

## TECH ACADEMY: ROBOTIC BUILDERS - BATTLEBOTS

PCC-Education Wing, 14800 34th Avenue N

Working in pairs, students may construct a catapult, ninja star, tank, battle axe, crossbow, and more using LEGO® WeDo Robotics' unique system.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-10	M-Th		Res \$160 Non Res \$176	23313-01

## **TECH ACADEMY: 3D PRINTING - STAR WARS**

PCC-Education Wing, 14800 34th Avenue N

Design a droid using TinkerCAD (an online web app) and the 3D slicing program Cura to bring your creations to life.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	M-Th	Jul 22-Jul 25 9:00am-12:00pm	Res \$180 Non Res \$198	23314-01

## TECH ACADEMY: VIDEO GAME DESIGN

PCC-Education Wing, 14800 34th Avenue N

Create your own version of asteroids from scratch, using construct 3, a visual coding platform that teaches students the basics and structure of programming.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-13	M-Th	Jul 22-Jul 25 1:00pm-4:00pm	Res \$169 Non Res \$186	23315-01

#### TECH TAC TOE

# TECH TAC TOE: MINECRAFT POKÉMON ADVENTURES

PCC-Active Wing, 14800 34th Avenue N

Take your adventure to the next level as you learn how to import mods and texture packs.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-11	M-Th	Jun 10-Jun 13 9:00am-12:00pm	Res \$200 Non Res \$220	23303-01

## **TECH TAC TOE: MINECRAFT WORLD EDIT**

PCC-Education Wing, 14800 34th Avenue N

Learn how to modify the way Minecraft is played as you explore awesome commands to build your very own project.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-11	M-Th	Jun 10-Jun 13 1:00pm-4:00pm	Res \$200 Non Res \$220	23331-01

# TECH TAC TOE: CODING MY FIRST GAME - MINECRAFT ADVENTURES

PCC-Education Wing, 14800 34th Avenue N

In small teams, create a treasure map where your character needs to find a diamond trove, survive lava, get away from dangerous creatures, and more. Bring a USB Flash, nut-free snack and beverage.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	M-Th	Jun 17-Jun 20 9:00am-12:00pm	Res \$200 Non Res \$220	23334-01

MORE TECH TAC TOE ON NEXT PAGE



## **EDUCATION - TECH TAC TOE**

### **TECH TAC TOE: CANDY LAB**

PCC-Education Wing, 14800 34th Avenue N

Create tasty Gummy Bears, mix up yummy edible slime, and more while you learn about the science and chemistry of food.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-10	M-Th	Jun 17-Jun 20 1:00pm-4:00pm	Res \$195 Non Res \$215	23335-01

## TECH TAC TOE:

## **ENGINEERING USING LEGO EDUCATION SETS**

PCC-Education Wing, 14800 34th Avenue N

Using the latest LEGO® education sets that are programmed using kid friendly block coding, you'll build super cool machines, connect to motors, sensors and awesome light-up bricks to create designs that will blow your mind! (No LEGO® is taken home).

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	M-Th	Jun 24-Jun 27 9:00am-12:00pm	Res \$190 Non Res \$209	23332-01

# TECH TAC TOE: BEGINNER CODER - POKÉMON ADVENTURES

PCC-Education Wina, 14800 34th Avenue N

In small teams new coders will create their own universe of magical Pokémon creatures to escape an adventure map, code a catch-Pokémon's-game, design their own Pokémon team, and create a game to duel against friends.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	M-Th	Jun 24-Jun 27 1:00pm-4:00pm	Res \$200 Non Res \$220	23333-01

# TECH TAC TOE: ULTIMATE POKEMON STEAM ADVENTURE

PCC-Education Wing, 14800 34th Avenue N

Engineer your very own Pokémon Light-Up Card, create an amazing Pokémon-themed Night Lamp, tinker a marching Pokémon, build a Pokéball launcher, and many more fun STEAM activities.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	M-Th		Res \$190 Non Res \$209	23389-01

## **TECH TAC TOE ROBOTIC PET LAB**

PCC-Education Wing, 14800 34th Avenue N

Create a robotic pet to be cute and cuddly, or playful and naughty – you'll have motors, batteries, and other supplies at your disposal to create them as you want! Create a fun robotic or non-robotic project every day.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	M-Th	Jul 8-Jul 11 1:00pm-4:00pm	Res \$190 Non Res \$209	23362-01

## TECH TAC TOE: MASTER MINECRAFT MODDER

PCC-Education Wing, 14800 34th Avenue N

Learn the ins and outs of creating a custom adventure map, programming teleporters and using WordEdit to instantly create massive structures. Explore awesome mods to create automated factories, working vehicles and a jet pack.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-11	M-Th	Jul 15-Jul 18 9:00am-12:00pm	Res \$195 Non Res \$215	23363-01

## TECH TAC TOE: ULTIMATE YOUTUBE SUPER STAR

PCC-Education Wina, 14800 34th Avenue N

In small teams, create distinguishing art for your channel, learn about fair use and copyright, and of course how to masterfully record, edit and upload videos.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-13	M-Th	Jul 15-Jul 18 1:00pm-4:00pm	Res \$200 Non Res \$220	23364-01

## **TECH TAC TOE: ALIEN OOZE & TECH LAB**

PCC-Active Wing, 14800 34th Avenue N

Explore alien technology and funky, gooey, gunky, gloppy slimes! Concoct an "erupting" alien, engineer a hovercraft, create your own planetary night lamp, and many more fun STEAM activities.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	M-Th	Jul 22-Jul 25 9:00am-12:00pm	Res \$190 Non Res \$209	23395-01

## **TECH TAC TOE: GIZMOS & GADGETS LAB**

PCC-Education Wing, 14800 34th Avenue N

Design, experiment, and build your ultimate collection of extremely cool gizmos & gadgets including your own rubber band shooter, robotic arm, slingshot rocket, personal fan, and levitating pencil, among many others.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	M-Th	Jul 22-Jul 25 1:00pm-4:00pm	Res \$190 Non Res \$209	23356-01



## **EDUCATION - YOUTH TECH**

### YOUTH TECH INC: MOVIE MAKERS

PCC-Education Wing, 14800 34th Avenue N

Film, direct and edit your own digital video creations. Amaze your peers with green screen and special effects work.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-17	M-Th	Jun 10-Jun 13 9:00am-12:00pm	Res \$160 Non Res \$176	23370-01

## YOUTH TECH INC: ANIMATION

PCC-Education Wing, 14800 34th Avenue N

Learn the basics of animation and digital design utilizing award winning animation software to develop fun, interactive animations that you can share with the world.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-17	M-Th	Jun 10-Jun 13 1:00pm-4:00pm	Res \$160 Non Res \$176	23337-01

## YOUTH TECH INC: GAMERS PARADISE

PCC-Education Wing, 14800 34th Avenue N

Learn about multiple areas of game design- from mobile game development to stand alone games. Create multiple games that you can share with friends and family.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-13	M-Th	Jun 24-Jun 27 1:00pm-3:30pm	Res \$135 Non Res \$149	23319-01
6-13	M-Th	Jul 22-Jul 25 9:30am-12:00pm	Res \$135 Non Res \$149	23319-02

# YOUTH TECH INC: ROBLOX STUDIO - PROGRAMMING & GAME DEVELOPMENT

PCC-Education Wing, 14800 34th Avenue N

ROBLOX Studio is a 3D-based program that uses physics, LUA programming, and individual creativity to build a world around you, and your avatar - unlike any other software. Concepts such as beginner physics, LUA programming, and game development will be covered.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-15	M-Th	Jun 24-Jun 27 9:00am-12:00pm	Res \$160 Non Res \$176	23374-01
9-15	M-Th	Jul 15-Jul 18 1:00pm-4:00pm	Res \$160 Non Res \$176	23374-02

## **YOUTH TECH INC: CODE STUDIO**

PCC-Education Wing, 14800 34th Avenue N

Create virtual apps and write your own programs that you can share with friends and family. Students will have access to their accounts, so the learning does not end at the door.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	M-Th	Jul 1-Jul 3 9:00am-12:00pm	Res \$135 Non Res \$149	23372-01

## YOUTH TECH INC: GAMING AND CODING

PCC-Event Wing, 14800 34th Avenue N

Spend the morning taking an interactive look at coding, and building virtual apps to share with friends. In the afternoon, students build simple video games combing the art of video game design and animation to create interactive characters that fly around the screen. Bring a bag lunch.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	M-Th	Jul 1-Jul 3 9:00am-4:00pm	Res \$270 Non Res \$300	23371-01

## YOUTH TECH INC: IGAME CREATORS

PCC-Event Wing, 14800 34th Avenue N

An introductory course for younger students who want learn to build simple video games, that combines the art of video game design and animation to create interactive characters that fly around the screen

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	M-Th	Jul 1-Jul 3 1:00pm-4:00pm	Res \$135 Non Res \$149	23373-01

## YOUTH TECH INC: THE GAMING ACADEMY

PCC-Education Wing, 14800 34th Avenue N

Students will be immersed into the world of 2D and 3D game design and receive a variety of hands-on experience designing and building their own games. Bring a bag lunch.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-15	M-W	Jul 29-Aug 1 9:00am-3:30pm	Res \$300 Non Res \$330	23339-01

## YOUTH TECH INC: GRAPHIC DESIGN

PCC-Education Wing, 14800 34th Avenue N

Learn the basics of photo compositions as well as key concepts in the world of digital imaging. Use photos, and learn how to manipulate images using powerful image editing software to create the image that you envision.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-17	M-Th	Jul 15-Jul 18 9:00am-12:00pm	Res \$160 Non Res \$176	23375-01

## YOUTH TECH INC.: WEB & APP DESIGN

PCC-Education Wing, 14800 34th Avenue N

Learn about the world of design and development of websites and applications. Design your own website and app that you can share with friends and family.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-17	M-Th	Jul 22-Jul 25 1:00pm-4:00pm	Res \$160 Non Res \$176	23317-01



#### **HEALTH & FITNESS**

## **PLANT + PLAY - YOUTH GARDENING**

Prairie Ponds Park, 5150 Dunkirk Lane N

Get ready to get your hands dirty! Learn basics of growing fruits, veggies and flowers too. Each session will focus on a different topic plus include time in the garden and on the playground. Have fun meeting new friends and learning new lifelong skills. Learn how to prep garden beds for planting and design the garden layout: how much space does a tomato plant need, which plants make good neighbors, how much room does a watermelon need to grow? Then get your hands dirty as you seed and transplant a variety plants.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	Th	May 30-Jun 13 6:00pm-7:00pm	Res \$38 Non Res \$44	23408-01
6-12	Th	Jul 25-Aug 8 6:00pm-7:00pm	Res \$38 Non Res \$44	23408-02

### **SAFETY**

## **SAFE@HOME**

## PCC-Education Wing, 14800 34th Avenue N

Safe Sitter's Safe@Home is designed for students in grades 4-6, facilitatedby a Safe Sitter® Instructor. This program provides students withimportant safety training that will help students be prepared to stay home alone.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	М	Jun 10 9:30am-11:00am	Res \$40 Non Res \$45	23500-01
8-12	Sa	Jul 13 9:00am-10:30am	Res \$40 Non Res \$45	23500-02
8-12	Sa	Aug 17 9:00am-10:30am	Res \$40 Non Res \$45	23500-03

### SPECIALTY

#### **GET HOOKED ON FISHING**

Parkers Lake Park, 15205 County Road 6

Come give one of Minnesota's most popular summer activities a try and get hooked on fishing! Learn fun fish facts about the fish you can find swimming in MN lakes. Learn how to bait a hook, cast, and untangle fishing lines. All gear and instruction provided. Participants will receive a free rod/reel combo so they can continue growing their fishing skills and enjoy the outdoors. Must register two weeks before program to guarantee you receive a fishing pole. Program is designed for kids will no, or very limited fishing experience.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	Sa	June 22 9:00am-11:00am	Res \$26 Non Res \$30	23302-01

# SUMMER TWEEN VOLUNTEER GARLIC MUSTARD PULL

TBD

An introduction to volunteering for tweens aged 11-13 with stand-alone opportunities to support your community. Activities lead by city staff members and volunteers. Pull invasive garlic mustard from the wooded areas in Plymouth City Center. Bring gardening gloves and a water bottle. Wear long pants, long sleeves, and sturdy shoes. This is an active position with walking and bending. Pull invasive garlic mustard from wooded areas in Plymouth City Center. Bring gardening gloves and a water bottle. Wear long pants, long sleeves and sturdy shoes.

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-13	Tu	May 21 4:30pm-6:00pm	Res \$ Non Res \$	23900-01

# SUMMER TWEEN VOLUNTEER STORM DRAIN MARKING

Aspen Ridge Park, 5670 Garland Lane N

An introduction to volunteering for tweens aged 11-13 with stand-alone opportunities to support your community. These are active positions with bending and walking. Registration is required. Space is limited. Activities are led by city staff members and volunteers. Learn why it's important to keep Plymouth's watersheds clean, then clear and mark storm drains to educate others. Bring work gloves, a water bottle and dress for the weather

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-13	Th	July 18 6:30pm-8:00pm	Res \$ Non Res \$	23902-01

## TWEEN VOLUNTEER AQUATICS CAMP

Wayzata East Middle School, 12000 Ridgemount Avenue

Assist with swim lessons by presenting safety lessons of the day, take attendance, read stories to siblings waiting for family members in the pool and more. A great opportunity for those interested in becoming a future swim instructor. Must be 12 or 13 years old.

AGES	DAY	DATE & TIME	ACTIVITY
12-13	M-Th	Jun 24-Jun 27 8:00am-11:45am	24900-01
12-13	M-Th	Jul 15-Jul 18 8:00am-11:45am	24900-02
12-13	M-Th	Aug 5-Aug 8 8:00am-11:45am	24900-03
12-13	Sa	Jun 8-Jun 29 9:15am-12:00pm	24900-04
12-13	Su	Jun 9-Jun 30 8:00am-11:15am	24900-05



**SPORTS - BASKETBALL** 

### SPORTS UNLIMITED BASKETBALL

PCC-Active Wing, 14800 34th Avenue N

This camp is designed to introduce the young athlete to the sport of basketball through skill development and small group games. Staff will focus on helping the children learn the rules of basketball while working on team play and sportsmanship. Skills taught: shooting, passing, dribbling, along with learning the strategies of offense and defense. Child will be divided by age/skill level. Wear tennis shoes and bring water bottle. No Program: May 8

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	W	May 1-May 29 4:30pm-6:00pm	Res \$84 Non Res \$96	23297-01

## LYNCH BASKETBALL CAMP

Locations vary

Led by Kevin Lynch, former NBA and University of MN player, who has over 20 years of experience conducting camps and clinics. Dribbling, shooting and positions using station drills will be taught. Camp t-shirt provided.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
PCC-Active Wing, 14800 34th Avenue N				
8-12	M-F	Jun 10-Jun 14 9:00am-12:00pm	Res \$115 Non Res \$126	23200-01
8-12	M-F	Aug 19-Aug 23 9:00am-12:00pm	Res \$115 Non Res \$126	23200-03
Wayzata High School, 4955 Peony Lane				
8-12	M-F	Jul 8-Jul 12 9:00am-12:00pm	Res \$115 Non Res \$126	23200-02

#### SKYHAWKS BASKETBALL CAMP

PCC-Active Wing, 14800 34th Avenue N

Fun, skill-intensive program, designed for beginning to intermediate players. Progressive curriculum focusing on the whole player, teaching respect, teamwork and responsibility as well as skills: passing, shooting, dribbling and rebounding. Baskets will be set at appropriate height for age level. Participants should water bottle and wear aym shoes.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-8	M-Th	Jun 24-Jun 27 9:00am-12:00pm	Res \$139 Non Res \$153	23211-01
9-12	M-Th	Jun 24-Jun 27 1:00pm-4:00pm	Res \$139 Non Res \$153	23211-02
7-9	M-Th	Jul 29-Aug 1 1:00pm-4:00pm	Res \$139 Non Res \$153	23211-03

#### **BADMINTON**

## **SPORTS UNLIMITED - BADMINTON**

PCC-Active Wing, 14800 34th Avenue N

Participants are taught proper grip, footwork, strokes, volleys and serves. Will also cover basic rules and etiquette of the game. Children will be divided by age and skill as best as possible. Bring water bottle, snack and appropriate dress.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	M-Th	Jun 24-Jun 27 1:00pm-4:00pm	Res \$119 Non Res \$131	23292-01
6-12	M-Th	Jul 15-Jul 18 9:00am-12:00pm	Res \$119 Non Res \$131	23292-02
6-12	M-Th	Aug 5-Aug 8 1:00pm-4:00pm	Res \$119 Non Res \$131	23292-03

#### CHEER

## PLANET SPIRIT: CHEER CAMP

Wayzata High School, 4955 Peony Lane

Planet Spirit will be hosting a weekly cheer class for girls and boys. This class will focus on the fundamentals of competitive cheerleading including jumps, cheer motions, stunts, and tumbling. All participants should wear workout attire and tennis shoes. There will be a brief performance for parents on the final day of class at 11:15 am.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-13	M-Th	Jul 15-Jul 18 9:00am-12:00pm	Res \$103 Non Res \$119	23235-01

#### **CRICKET**

## **CRICKET - MN CRICKET ASSOC.**

PCC Fieldhouse, 14800 34th Avenue N

Let's get your kids introduced to the fastest growing sport in the USA this summer! Cricket is the 2nd most popular sport in the world, born in England. Minnesota Cricket Association (MCA) is offering this fun clinic for children who want to learn the game for the first time or continue learning to get better. Children will learn the basics of Cricket batting, bowling (pitching), and catching in a "kid-safe" fun environment. Learn from the trained youth coaches of MCA. Participants need to wear athletic clothing and shoes, bring a water bottle, sunscreen, and lots of energy. No Program: May 26

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-16	Su	May 19-Jun 30 6:15pm-7:45pm	Res \$87 Non Res \$100	23291-01
6-16	Su	Jul 14-Aug 18 6:15pm-7:45pm	Res \$87 Non Res \$100	23291-02
6-16	M-Th	Jun 24-Jun 27 10:00am-11:30am	Res \$65 Non Res \$75	23291-03
6-16	M-Th	Jul 22-Jul 25 10:00am-11:30am	Res \$65 Non Res \$75	23291-04



**SPORTS - CROSS COUNTRY** 

## ALLSPORTS - CROSS-COUNTRY RUNNING CLUB

Elm Creek Playfield, 4905 Peony Lane

In this activity, participants will be taken on a run each week. They will explore different training zones and methods to increase aerobic fitness and take part in fun activities.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-11	Su	Apr 21-May 19 7:15pm-8:00pm	Res \$70 Non Res \$80	23259-01

## **CYCLING**

## **ALLSPORTS - CYCLING CAMP**

Northwest Greenway Pavilion, 5250 Peony Lane

Participants should bring a bike in good condition. They will learn to inspect their bikes and develop bike maintenance skills. They will develop safe handling skills for using their bike on trails in group and play games to develop confidence on uneven terrain - therefore BMX, hybrid, or mountain bikes are necessary. All riders must wear a helmet. Bring a water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-11	M-Th	Jul 29-Aug 1 9:00am-12:00pm	Res \$150 Non Res \$165	23257-01
8-11	M-Th	Aug 26-Aug 29 9:00am-12:00pm	Res \$150 Non Res \$165	23257-02

### DODGEBALL/KICKBALL

## SPORTS UNLIMITED - DODGEBALL/KICKBALL

PCC-Active Wing, 14800 34th Avenue N

Dodgeball - Played with Nerf Balls, this is a very popular gym game. Variations include: Trench Ball, Bombardment, Dodgeball, and Ga-Ga Ball. Kickball - similar to baseball, this playground game is played with traditional baseball rules and a few quirky rules mixed in. Instead of a bat, kids kick, catch, throw, and dodge an 8" playground ball. Participants should wear tennis shoes. bring a water bottle, and snack. No Program: Jun 19

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	M,Tu, Th,F	Jun 17-Jun 21 9:00am-12:00pm	Res \$119 Non Res \$131	23217-01
6-10	M-Th	Jul 22-Jul 25 1:00pm-4:00pm	Res \$119 Non Res \$131	23217-02

## **FENCING**

## **FENCING**

PCC-Active Wing, 14800 34th Avenue N

Intro to fundamentals with the foil weapon in a nonthreatening environment. Emphasis on skill building, concentration, self-discipline and fun! Dress comfortably (wear long pants). No Program: Jun 19

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-14	M, Tu, Th, F	Jun 17-Jun 21 10:00am-11:30am	Res \$95 Non Res \$109	23202-01
6-14	M-F	Aug 5-Aug 9 1:00pm-2:30pm	Res \$115 Non Res \$126	23202-03

## FLOOR HOCKEY

#### SPORTS UNLIMITED FLOOR HOCKEY

PCC-Active Wing, 14800 34th Avenue N

Fundamental skills of floor hockey using small activities, scrimmages, and fun games. Combination of stick handling, passing and shooting skills of the game of ice hockey. They will also focus on helping the kids learn the rules of floor hockey while working on team play and sportsmanship. Bring water and snack. Kids wear tennis shoes (Sports Unlimited supplies the sticks).

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	M-Th	Jun 10-Jun 13 1:00pm-4:00pm	Res \$119 Non Res \$131	23221-01
6-10	M-Th	Jul 8-Jul 11 9:00am-12:00pm	Res \$119 Non Res \$131	23221-02

## FRISBEE/DISC GOLF

## SPORTS UNLIMITED FRISBEE/DISC GOLF

Plymouth Creek Playfield, 3625 Fernbrook Lane N

Combination Camp: Disc Golf - Will introduce the young athlete to the sport of Disc golf through development and small group games. Staff will focus on helping the children learn the rules of DG, types of shots, types of grips with learning the strategies of DG. Discs are provided. Ultimate Frisbee - Combining the non-stop movement and athletic endurance of soccer, with the aerial passing skills of football. The object of the game is to score by catching a pass in the opponent's end zone. Campers will be divided by age and skill level if possible. Bring water bottle, sunscreen, and a snack.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-15	M-Th	Jun 10-Jun 13 9:00am-12:00pm	Res \$119 Non Res \$131	23219-01
8-15	M-Th	Jul 8-Jul 11 1:00pm-4:00pm	Res \$119 Non Res \$131	23219-02
8-15	M-Th	Jul 29-Aug 1 1:00pm-4:00pm	Res \$119 Non Res \$131	23219-03

## **CANCELLATION POLICY**

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.



**SPORTS - FOOTBALL & FLAG FOOTBALL** 

# SPORTS UNLIMITED ADRENALINE FOOTBALL CAMPS

PCC Fieldhouse, 14800 34th Avenue N

Coaches are current or former college football players. Participants will get instruction in all three areas. QB Instruction: stance, exchange, drops, set-up, sprint out, play action, screens, ball handling, option, reading defenses and field leadership. Receiver Instruction: stance, start, release, route running, cuts, receiving, blocking and reading defenses. Running Back Instruction: stance/starts, screen steps, hand-offs, footwork, pass blocking and catching drills. Bring water bottle and snack.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	M-Th	Aug 5-Aug 8 9:00am-12:00pm	Res \$159 Non Res \$175	23207-01

## SKYHAWKS FLAG FOOTBALL CAMP

Locations vary

Learn skills: passing, catching and de-flagging or defensive positioning - all in a positive environment. Camp ends with the Skyhawks Sports Bowl for athletes to showcase skills. Wear appropriate clothing and sunscreen; bring two snacks and a water bottle. No program: 6/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY	
Bass Lake Playfield, 5450 Northwest Boulevard					
9-12	M-Th	Jul 15-Jul 18 1:00pm-4:00pm	Res \$139 Non Res \$153	23208-02	
PCC Fieldhouse, 14800 34th Avenue N					
9-12	M,Tu, Th,F	Jun 17-Jun 21 1:00pm-4:00pm	Res \$139 Non Res \$153	23208-01	
6-8	M-Th	Jul 29-Aug 1 9:00am-12:00pm	Res \$139 Non Res \$153	23208-03	
9-12	M-Th	Jul 29-Aug 1 1:00pm-4:00pm	Res \$139 Non Res \$153	23208-04	

#### **GOLF**

### **SKYHAWKS BEGINNING GOLF**

Elm Creek Playfield, 4905 Peony Lane

The unique, games-based play program and modified learning equipment make it easier for kids to hit the ball and experience early success. Putting, chipping, pitching and full swing, are all taught through games, simple repetitive motions and learning rhymes that make it easy for young kids to remember and repeat. Specially designed, age appropriate equipment provided. Bring water bottle and snack

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	M-Th	Jun 10-Jun 13 1:00pm-3:30pm	Res \$139 Non Res \$153	23213-01
5-8	M-Th	Jul 8-Jul 11 9:00am-11:30am	Res \$139 Non Res \$153	23213-02



#### **GOLF - AGE 5 & 6 BEGINNER**

Parkers Lake Golf Center, 1050 Vicksburg Lane

Taught by professionals of Three Rivers Golf, lessons designed as an introduction to the sport of golf. Rules, etiquette, putting, chipping, and full swing will be covered. Price includes golf balls. Participants can bring their own clubs, but loaners are available. Call 763-475-4668 on rainy days to see if the course is open. Rainouts will be made up the following week each session No program: 6/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY	
5-6	Sa	April 27-May 18 11:00am-11:55am	Res \$100 Non Res \$115	23236-01	
5-6	M-Th	April 29-May 2 4:00pm-4:55pm	Res \$100 Non Res \$115	23236-02	
5-6	M,Tu, Th,F	Jun 17-Jun 21 9:00am-9:55am	Res \$100 Non Res \$115	23236-03	
5-6	M-Th	Jun 24-Jun 27 9:00am-9:55am	Res \$100 Non Res \$115	23236-04	
5-6	M-Th	Jul 15-Jul 18 11:00am-11:55am	Res \$100 Non Res \$115	23236-05	
5-6	Tu,Th	Jul 16-Jul 25 3:00pm-3:55pm	Res \$100 Non Res \$115	23236-06	
5-6	F	Jul 26-Aug 16 9:00am-9:55am	Res \$100 Non Res \$115	23236-07	
5-6	Sa	Jul 27-Aug 17 11:00am-11:55am	Res \$100 Non Res \$115	23236-08	
5-6	M-Th	Aug 12-Aug 15 9:00am-9:55am	Res \$100 Non Res \$115	23236-09	

**MORE GOLF ON NEXT PAGE** 



**SPORTS - GOLF** 

Taught by professionals of Three Rivers Golf, lessons designed as an introduction to the sport of golf. Rules, etiquette, putting, chipping, and full swing will be covered. Price includes golf balls. Participants can bring their own clubs, but loaners are available. Call 763-475-4668 on rainy days to see if the course is open.

## **GOLF - AGE 7-9 BEGINNER**

Parkers Lake Golf Center, 1050 Vicksburg Lane

Rainouts will be made up the following week each session No Program: 6/19.

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AGES	DAY	DATE & TIME	COST	ACTIVITY	
7-9	Sa	April 27-May 18 12:30pm-1:25pm	Res \$100 Non Res \$115	23237-01	
7-9	M-Th	April 29-May 2 5:00pm-5:55pm	Res \$100 Non Res \$115	23237-02	
7-9	Sa	Jun 8-Jun 29 1:00pm-1:55pm	Res \$100 Non Res \$115	23237-03	
7-9	M,Tu, Th,F	Jun 17-Jun 21 10:00am-10:55am	Res \$100 Non Res \$115	23237-04	
7-9	M-Th	Jun 24-Jun 27 10:00am-10:55am	Res \$100 Non Res \$115	23237-05	
7-9	M-Th	Jul 15-Jul 18 10:00am-10:55am	Res \$100 Non Res \$115	23237-06	
7-9	Tu,Th	Jul 16-Jul 25 4:00pm-4:55pm	Res \$100 Non Res \$115	23237-07	
7-9	F	Jul 26-Aug 16 10:00am-10:55am	Res \$100 Non Res \$115	23237-08	
7-9	Sa	Jul 27-Aug 17 9:00am-9:55am	Res \$100 Non Res \$115	23237-09	
7-9	M-Th	Aug 12-Aug 15 10:00am-10:55am	Res \$100 Non Res \$115	23237-10	

## **GOLF - AGE 10-12 BEGINNER**

Parkers Lake Golf Center, 1050 Vicksburg Lane

Rainouts will be made up the following week each session No program: 6/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
10-12	Sa	April 27-May 18 1:30pm-2:25pm	Res \$100 Non Res \$115	23239-01
10-12	M-Th	April 29-May 2 6:00pm-6:55pm	Res \$100 Non Res \$115	23239-02
10-12	Sa	Jun 8-Jun 29 2:00pm-2:55pm	Res \$100 Non Res \$115	23239-03
10-12	M,Tu, Th,F	Jun 17-Jun 21 11:00am-11:55am	Res \$100 Non Res \$115	23239-04
10-12	M-Th	Jun 24-Jun 27 11:00am-11:55am	Res \$100 Non Res \$115	23239-05
10-12	M-Th	Jul 15-Jul 18 9:00am-9:55am	Res \$100 Non Res \$115	23239-06
10-12	Tu,Th	Jul 16-Jul 25 5:00pm-5:55pm	Res \$100 Non Res \$115	23239-07
10-12	F	Jul 26-Aug 16 11:00am-11:55am	Res \$100 Non Res \$115	23239-08
10-12	Sa	Jul 27-Aug 17 10:00am-10:55am	Res \$100 Non Res \$115	23239-09
10-12	M-Th	Aug 12-Aug 15 11:00am-11:55am	Res \$100 Non Res \$115	23239-10





**MORE GOLF ON PAGE 49** 



**SPORTS - GYMNASTICS** 

## **GYMNASTICS: TUMBLING BEGINNER 1**

Wayzata High School, 4955 Peony Lane

Beginners (no experience required). Students will learn fundamental skills on floor, beam, bars, and vault. The emphasis is on building overall strength, increasing confidence, and developing a solid foundation of skills. Please enter through Door 30 of Wayzata High School. No program: 6/19, 7/15.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-10	М	Jun 10-Aug 5 4:30pm-5:15pm	Res \$142 Non Res \$152	232003-01
4-10	Tu,Th	Jun 11-Jun 27 5:45pm-6:30pm	Res \$107 Non Res \$114	232003-02
4-10	Tu,Th	Jul 23-Aug 8 5:00pm-5:45pm	Res \$107 Non Res \$114	232003-03

## **GYMNASTICS TUMBLING BEGINNER 2**

Wayzata High School, 4955 Peony Lane

Pre-req: pass Tumbleweeds I. Continued development of skill, focus on technique. Skills taught Floor: round off, handstand, front limbers, turns, leaps; Vaults: pop-up; Bars: back hip circle, dismounts; Beam: leaps, forward roll, dismounts. Please Enter through Door 30 at Wayzata High School. No program: 6/19, 7/15.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	М	Jun 10-Aug 5 5:15pm-6:00pm	Res \$142 Non Res \$152	232004-01
5-12	Tu,Th	Jun 11-Jun 27 5:00pm-5:45pm	Res \$107 Non Res \$114	232004-02
5-12	Tu,Th	Jul 23-Aug 8 5:45pm-6:30pm	Res \$107 Non Res \$114	232004-03

## **GYMNASTICS: INTERMEDIATE AND ADVANCED**

Wayzata High School, 4955 Peony Lane

This intermediate/Advanced class is designed for those that have completed Beginner 2 skills and are prepared to learn intermediate and advanced gymnastics skills on all four gymnastics apparatuses. This class will focus on technique and, strength, and increasing flexibility. No program: 6/19, 7/15.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	М	Jun 10-Aug 5 6:00pm-7:15pm	Res \$180 Non Res \$195	23253-01
7-12	Tu,Th	Jun 11-Jun 27 6:30pm-7:45pm	Res \$168 Non Res \$178	23253-02
7-12	M-Th	Jul 22-Jul 25 9:00am-12:00pm	Res \$180 Non Res \$195	23253-03
7-12	Tu,Th	Jul 23-Aug 8 6:30pm-7:45pm	Res \$180 Non Res \$195	23253-04

## **GYMNASTICS CAMP**

Wayzata High School, 4955 Peony Lane

Ditch the same old boring camp experiences and come do camp with your favorite Plymouth Parks and Rec gymnastics staff. Learn gymnastics skills on each event including bars, beams, floor, and vault. Play games, do crafts, and no worries no T.V.'s here! No program: 6/19. 7/15.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	M-Th	Jun 10-Jun 13 9:00am-12:00pm	Res \$155 Non Res \$170	23254-01
5-12	M-Th	Jun 24-Jun 27 1:00pm-4:00pm	Res \$155 Non Res \$170	23254-02
5-12	M-Th	Jul 8-Jul 11 12:30pm-4:30pm	Res \$180 Non Res \$195	23254-03
5-12	M-Th	Jul 22-Jul 25 9:00am-12:00pm	Res \$155 Non Res \$170	23254-04
5-12	M-Th	Jul 29-Aug 1 12:30pm-4:30pm	Res \$180 Non Res \$195	23254-05
5-12	M-Th	Aug 5-Aug 8 12:30pm-4:30pm	Res \$180 Non Res \$195	23254-06

## **LACROSSE**

## SPORTS UNLIMITED RIPPER LACROSSE

PCC Fieldhouse, 14800 34th Avenue N

Designed for both girls and boys regardless of skill or ability. Coaches teach the fundamental skills of "soft lacrosse" (noncontact) using group activities, games and more. Skills taught: catching, throwing, scooping and cradling. Lacrosse stick provided. No Program: Jun 19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	M,Tu, Th,F	Jun 17-Jun 21 1:00pm-4:00pm	Res \$119 Non Res \$131	23215-01
8-12	M,Tu, Th,F	Jun 17-Jun 21 1:00pm-4:00pm	Res \$119 Non Res \$131	23215-02

# SPORTS UNLIMITED AFTER SCHOOL LACROSSE INTRO

Bass Lake Playfield, 5450 Northwest Boulevard

Programs are designed for girls and boys regardless of skill or ability. Kids are divided by age and skill when appropriate. Fundamental skill development and games. Fun and exercise will be emphasized. Equipment provided. Soft lacrosse (noncontact). Participants should bring water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-9	Tu	May 7-May 28 4:30pm-6:00pm	Res \$84 Non Res \$96	23224-01



**SPORTS - MARTIAL ARTS** 

## **KID FU BEGINNER - YELLOW SASH**

PCC-Active Wing, 14800 34th Avenue N

Learn proper techniques and traditional styles of Shaolin Kung Fu. Classes are fun and non-competitive. Build strength, flexibility, balance and confidence. Parents are welcome to register and participate with their child. Instr: National Martial Arts Assoc. No program: 7/4, 7/25 and 8/1. Robert Mehus

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	Th	Jun 27-Sep 5 5:30pm-6:30pm	Res \$85 Non Res \$97	23262-01

## KID FU INTERMEDIATE - ORANGE SASH & UP

PCC-Active Wing, 14800 34th Avenue N

Learn proper techniques and traditional styles of Shaolin Kung Fu. Classes are fun and non-competitive. Build strength, flexibility, balance and confidence. Parents are welcome to register and participate with their child. Instr: National Martial Arts Assoc. No program: 7/4, 7/25 and 8/1. Robert Mehus

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	Th	Jun 27-Sep 5 6:45pm-7:45pm	Res \$85 Non Res \$97	23263-01

#### HTUOY UZTILUL UYA NIHZOHZ

Shoshin Ryu Martial Arts, 13605 27th Avenue N

Shoshin Ryu is a Japanese-based system of Martial Arts. It is both bujutsu (a school emphasizing effective martial arts techniques) and budo (a school emphasizing personal character development). Shoshin changes to fit the challenges of the times, yet carries with it the essence of previous generations. Shoshin students will learn striking, throwing, forms, ground skills, and weaponry, combining to form a power arsenal of self defense tools; all the while perfecting one's character. Instr: Brian Combo. No program: 7/1, 7/3.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	М	Jun 10-Aug 5 5:30pm-6:30pm	Res \$87 Non Res \$99	23261-01
7-12	W	Jun 12-Aug 7 5:30pm-6:30pm	Res \$87 Non Res \$99	23261-02

#### **MULTI-SPORT**

## SKYHAWKS MULTI-SPORT CAMP

PCC Fieldhouse, 14800 34th Avenue N

Designed to introduce young athletes to a variety of different sports in one setting (baseball, flag football, soccer). Learn the rules and essential skills of each sport, along with sportsmanship and teamwork. Bring two snacks, sunscreen, appropriate clothing and a water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	M-Th	Aug 5-Aug 8 1:00pm-4:00pm	Res \$139 Non Res \$153	23205-01

#### NINJA WARRIOR FITNESS

## **REV SPORTS - NINJA WARRIOR FITNESS**

Elm Creek Playfield, 4905 Peony Lane

This instructional class will use challenges that will evolve into an obstacle course at the end of each session. Participants build skills that involve running, jumping, balance and control, coordination, strength and agility. Each session is challenging, but FUN! No program: 7/2.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Tu	May 7-May 28 7:30pm-8:10pm	Res \$79 Non Res \$90	23415-01
5-8	Tu	Jun 11-Jul 9 7:30pm-8:10pm	Res \$79 Non Res \$90	23415-02
5-8	Tu	Jul 16-Aug 6 7:30pm-8:10pm	Res \$79 Non Res \$90	23415-03



**SPORTS - PICKLEBALL** 

## SPORTS UNLIMITED PICKLEBALL

PCC-Active Wing, 14800 34th Avenue N

Designed to provide beginners and intermediate level players with the fundamentals of a sports that is growing in popularity. Participants will be taught proper grip, footwork, ground-strokes, volleys, and serves. They will also cover basic rules and etiquette of the game. Philosophy to develop sports skills in a fun, safe, and non-competitive environment. Participants will be divided by age and skill level. Bring water bottle, and snack. No program: 5/9.

1	AGES	DAY	DATE & TIME	COST	ACTIVITY
Ę	5-10	Th	May 2-May 30 4:30pm-6:00pm	Res \$84 Non Res \$96	23222-01

## **SPORTS UNLIMITED - PICKLEBALL**

PCC-Active Wing, 14800 34th Avenue N

Designed to provide beginners and intermediate level players with the fundamentals of a sports that is growing in popularity. Participants will be taught proper grip, footwork, ground-strokes, volleys, and serves. They will also cover basic rules and etiquette of the game. Philosophy to develop sports skills in a fun, safe, and non-competitive environment. Participants will be divided by age and skill level. Bring water bottle, and snack.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	M-Th	Jun 24-Jun 27 9:00am-12:00pm	Res \$119 Non Res \$131	23293-01
6-12	M-Th	Jul 15-Jul 18 1:00pm-4:00pm	Res \$119 Non Res \$131	23293-02
6-12	M-Th	Aug 5-Aug 8 9:00am-12:00pm	Res \$119 Non Res \$131	23293-03

## **ALLSPORTS PICKLEBALL**

PCC-Active Wing, 14800 34th Avenue N

The focus will be on the basic shots including the serve, forehand, backhand and volley and develop rallying and hand eye coordination. We'll also develop knowledge of gameplay. Sessions will be led by experienced PE teacher Ian Hall from the U.K.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-11	M-Th	Jul 22-Jul 25 10:00am-12:00pm	Res \$110 Non Res \$121	23286-01
7-11	M-Th	Aug 19-Aug 22 1:00pm-3:00pm	Res \$110 Non Res \$121	23286-02

## SOCCER

## **SKYHAWKS - SOCCER**

Bass Lake Playfield, 5450 Northwest Boulevard

Athletes will gain the technical skills and sport knowledge to take their next step into soccer. Areas of focus are dribbling, passing, shooting, and ball control. Participants should wear appropriate clothing, shin guards, and water bottle. No program: 6/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-4	Sa	April 27-May 18 9:00am-9:30am	Res \$65 Non Res \$75	23267-01
5-7	Sa	April 27-May 18 9:40am-10:25am	Res \$75 Non Res \$86	23267-02
8-11	Sa	April 27-May 18 10:35am-11:35am	Res \$89 Non Res \$102	23267-03
6-9	M,Tu, Th,F	Jun 17-Jun 21 9:00am-12:00pm	Res \$139 Non Res \$152	23267-04
6-9	M-Th	Jul 15-Jul 18 9:00am-12:00pm	Res \$139 Non Res \$152	23267-05

## SOCCER

## SPORTS UNLIMITED AFTERSCHOOL SOCCER INTRO

Bass Lake Playfield, 5450 Northwest Boulevard

Programs are designed for girls and boys regardless of skill or ability. Kids are divided by age and skill when appropriate. Fundamental skill development and games. Fun and exercise will be emphasized. Equipment provided. Shin guards recommended. Participants should bring water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-9	Th	May 9-May 30 4:30pm-6:00pm	Res \$84 Non Res \$96	23225-01

#### SPORTS UNLIMITED SOCCER CAMP

Locations vary

Skill development and small group games. Learn rules; skills; shooting, passing, dribbling, team play/sportsmanship and more. Wear shin guards, sunscreen and snack.

AGES	DAY	DATE & TIME	COST	ACTIVITY	
PCC Fieldhouse, 14800 34th Avenue N					
5-7	M-Th	Jun 24-Jun 27 9:00am-12:00pm	Res \$119 Non Res \$131	23206-01	
8-12	M-Th	Jun 24-Jun 27 9:00am-12:00pm	Res \$119 Non Res \$131	23206-02	
Bass L	ake Pla	yfield, 5450 North	west Boulevard		
5-7	M-Th	Jul 29-Aug 1 9:00am-12:00pm	Res \$119 Non Res \$131	23206-03	
8-12	M-Th	Jul 29-Aug 1 9:00am-12:00pm	Res \$119 Non Res \$131	23206-04	

# Fall Soccer Youth League

# VOLUNTEER PARENT SOCCER COACHES NEEDED!

Soccer is a parent-coached program. With over 850 soccer participants, we need to have 1-2 coaches per team. Parents will be asked to collaborate as coaches if a coach is not identified.

## **COACHES MEETINGS:**

- Monday, August 12, 6–7:30 p.m. (7–14 year olds)
- Wednesday, August 14, 6–7:30 p.m. (5–6 year olds)

We provide training, instructional material and a rewarding experience! For scheduling reasons, we request you volunteer to coach only one team. Co-coach with a friend. Both coaches must register for the same course number and must turn in application form.

Each coach (2 per team) receives 50% credit for their child's soccer registration at season's end. If only one coach for team, coach receives a full credit.

# VOLUNTEER TO BE A SOCCER COACH

Sign up online at plymouthmn.gov/volunteer coaching



## COST:

Ages 5-9 - res: \$92, non-res: \$106 Ages 10-14 - res: \$99, non-res: \$114

## **CANCELLATION POLICY**

There is a \$25 fee for cancellations after July 22. NO REFUNDS ISSUED AFTER JULY 29.

## **GAMES AND PRACTICES**

- Practices run once per week from 6:00-7:00pm
- Practices take place on the day and location you register for (see schedule on page 56)
- · Games are on Saturdays and will start Sat, Sept. 7
- · Game will be scheduled between 9am and 1pm
- Games for 10/11 and 12-14 year old league may start prior to Sept 7.
- No games MEA weekend, but may use Oct 26 if needed for makeups.

## **IMPORTANT DATES**

Season runs: August 19-mid/late October

Registration Deadline:

July 22 (some age groups may fill earlier)

Practice Begins: Week of August 19

Games Begin: Saturday, September 7 (10/11 & 12-14 may start sooner)

**MORE INFORMATION ON PAGE 55-56** 

**FALL SOCCER SCHEDULES ON PAGE 56** 

# Fall Soccer Youth League

# What should I know?

## **HOW TO REGISTER:**

- · Select a team based on desired practice night and location. (see options on page 56)
- Each course number represents a team.
   Multiple teams practice at the same location on the same day.
- If you would like to register with a friend, you must coordinate with them and both register for the same course number.
- $\boldsymbol{\cdot}$  Course numbers, or "teams" are not reserved for groups or schools for any reason.
- Teams are filled on a first-come, first-served basis so register early!
- Register online at plymouthmn.gov/recguide or call the Parks & Recreation office at 763-509-5200

## **VOLUNTEERS NEEDED!** (MORE INFO ON PG 54)

## 2 PARENT COACHES ARE REQUIRED FOR EACH TEAM

- · Parks and Rec Fall Soccer depends on volunteer parent coaches for each team.
- · No experience is necessary! We provide training and instructional material.
- · When you register, please let us know if you would like to be a volunteer coach
- · You can also sign up online at plymouthmn.gov/volunteercoaching
- · Volunteer coaches will coach for their child's team
- · Volunteer coaches will receive a 50% credit after the season ends
- Parents will be asked to collaborate as coaches if nobody volunteers.

## COST:

Ages 5-9 - res: \$92, non-res: \$106 Ages 10-14 - res: \$99, non-res: \$114

## **AGE DIVISIONS:**

Register by age, not grade. Children born in July/August may request to move up/down in age group. Must call 763-509-5200

## AGES 12-14 (GIRLS & BOYS)

12-14 yr olds collaborate with Hopkins/ Mtka and possibly other cities. Once games start, this program will be 2-3 times per week. 2 games/1 practice.

Games: may start prior to Sept. 7 Girls: Sat & Thur (Tue practice) Boys: Sat & Tues (Thur practice)

## **CANCELLATIONS:**

There is a \$25 cancellation fee if you cancel after July 22. There will be no refunds issued after July 29. First games will be Saturday, September 7. (10/11 & 12-14 years may start sooner)

## **EQUIPMENT NEEDED**

Your child will need:

- · shin quards
- · long socks

(long enough to cover shin guards)

- · eyewear safety strap
- soccer ball

water bottle

size 3 for ages 5-7 size 4 for ages 8-11

- size 5 for ages 12-14
- soft-cleated shoes or tennis shoes (soccer shoes are strongly recommended).

## WEEKLY PRACTICE: 6:00PM-7:00PM

- Register for a team based on a location and practice day that fits your schedule (see page 56)
- The course numbers correspond to a date and location. This is your practice day.
- · Practice is once a week at 6pm-7pm on your practice day

## **GAME DAYS: SATURDAYS**

- · Games will be on Saturdays anytime between 9am and 1pm
- Game locations may vary from practice site and may also be scheduled on your practice night.
- · You will receive a detailed schedule with game times and locations by August 9.
- · Games will start Saturday, Sept. 7 (games for 10/11 & 12-14 league may start sooner)
- Each child will receive a jersey to wear for game days

# IMPORTANT DATES:

**SEASON RUNS:** 

August 19-mid/late October

**REGISTRATION DEADLINE:** 

July 22

(some age groups may fill earlier)

**PRACTICE BEGINS:** 

Week of August 19

**GAMES BEGIN:** 

Saturday, September 7 (10/11 & 12-14 year old league may start sooner)

# ADDITIONAL INFORMATION

We reserve the right to combine partial teams to make full teams, regardless of requested location.

Due to the short season, games or practices may be held during Rosh Hashanah and Yom Kippur. Coaches have the option to reschedule based on field availability.

Ages 10-11 may collaborate with Maple Grove and possibly other cities.

Look for 4-year-old league and Tiny Kicks Soccer in the Fall Parks & Rec Guide.

# Fall Soccer Youth League

Select a team based on desired practice night and location. Games will be on Saturdays or on your scheduled practice night. Game locations may vary. Cancellations: There is a \$25 cancellation fee if you cancel after July 22. There will be no refunds issued after July 29. First games will be Saturday, September 7 (games for 10/11 & 12-14 league may start earlier). PARENT VOLUNTEER COACHES ARE NEEDED FOR THIS PROGRAM.

# **SCHEDULE**

BOYS AGE 5	TUE, AUG	20-OCT 8	THU, AUG	22-OCT 10
Elm Creek Playfield 4905 Peony Lane	23270-01	23270-02	23270-07	23270-08
Zachary Playfield 4355 Zachary Lane	23270-03	23270-04	23270-09	23270-10
Elm Creek Playfield 4905 Peony Lane	23270-05	23270-06	23270-11	23270-12
BOYS AGE 6	MON, AUG	9 19-OCT 7	WED, AUG	21-OCT 9
Elm Creek Playfield 4905 Peony Lane	23271-01	23271-02	23271-07	23271-08
Zachary Playfield 4355 Zachary Lane	23271-03	23271-04	23271-09	23271-10
Elm Creek Playfield 4905 Peony Lane	23271-05	23271-06	23271-11	23271-12
BOYS AGE 7	MON, AUG	9 19-OCT 7	WED, AUG	21-OCT 9
			, , , , , ,	
Elm Creek Playfield	23272-01	23272-02	23272-05	23272-06
Elm Creek Playfield 4905 Peony Lane	23272-01			
,	23272-03	23272-02	23272-05	23272-06
BOYS AGE 8-9  Elm Creek Playfield	23272-03	23272-02	23272-05	23272-06 23272-08
4905 Peony Lane BOYS AGE 8-9	23272-03 MON, AUG	23272-02 23272-04 5 19-OCT 7	23272-05 23272-07 WED, AUG	23272-06 23272-08 21-OCT 9
BOYS AGE 8-9  Elm Creek Playfield	23272-03 MON, AUG 23273-01 23273-03	23272-02 23272-04 5 19-OCT 7 23273-02	23272-05 23272-07 WED, AUG 23273-05 23273-07	23272-06 23272-08 21-OCT 9 23273-06
BOYS AGE 8-9  Elm Creek Playfield 4905 Peony Lane	23272-03 MON, AUG 23273-01 23273-03	23272-02 23272-04 19-OCT 7 23273-02 23273-04	23272-05 23272-07 WED, AUG 23273-05 23273-07	23272-06 23272-08 21-OCT 9 23273-06 23273-08
BOYS AGE 8-9  Elm Creek Playfield 4905 Peony Lane  BOYS AGE 10-11  PCC Fieldhouse,	23272-03  MON, AUG 23273-01 23273-03  TUE, AUG 23274-01	23272-02 23272-04 3 19-OCT 7 23273-02 23273-04 20-OCT 22	23272-05  23272-07  WED, AUG  23273-05  23273-07  THU, AUG  23274-03	23272-06 23272-08 21-OCT 9 23273-06 23273-08 22-OCT 24

## **COST:**

Residents: \$92 | Non-resident: \$106

GIRLS AGE 5	TUE, AUG	20-OCT 8	THU, AUG	22-OCT 10
Elm Creek Playfield 4905 Peony Lane	23276-01	23276-02	23276-05	23276-06
Elm Creek Playfield 4905 Peony Lane	23276-03	23276-04	23276-07	23276-08
GIRLS AGE 6	MON, AUC	9 19-OCT 7	WED, AUG	21-OCT 9
Elm Creek Playfield 4905 Peony Lane	23277-01	23277-02	23277-05	23277-06
Elm Creek Playfield 4905 Peony Lane	23277-03	23277-04	23277-07	23277-08
GIRLS AGE 7	TUE, AUG	20-OCT 8	THU, AUG	22-OCT 10
Elm Creek Playfield	23278-01	23278-02	23278-05	23278-06
4905 Peony Lane	23278-03	23278-04	23278-07	23278-08
GIRLS AGE 8-9	TUE, AUG	20-OCT 8	THU, AUG	22-OCT 10
Elm Creek Playfield	23279-01	23279-02	23279-05	23279-06
4905 Peony Lane	23279-03	23279-04	23279-07	23279-08
GIRLS AGE 10-11	TUE, AUG	20-OCT 22	THU, AUG	22-OCT 24
PCC Fieldhouse 14800 34th Avenue N	23280-01	23280-02	23280-03	23280-04
GIRLS AGE 12-14	TUE, THU, A	UG 20-OCT 2	4	
Parkers Lake Playfield 15500 County Road 6	23281-01	23281-02		

PLAYOFFS: 10/11 and 12-14 girls & boys will have a single elimination playoff at the end of season (weather permitting). Both 10/11 & 12-14 year olds may start games prior to Sept 7 and have more than 1 game per week.



## **SPORTS - T-BALL/BASEBALL/COACH PITCH**

## SPORTS UNLIMITED TBALL/BASEBALL

## Locations vary

Basic fundamentals of the game of baseball will be taught throwing, catching, fielding, and hitting. All done in a relaxed, fun environment. Scrimmage type games will be played. Bring your own glove, water bottle, and a snack.

AGES	DAY	DATE & TIME	COST	ACTIVITY		
Zachary Playfield, 4355 Zachary Lane						
T-Ball						
4-6	M-Th	Jun 10-Jun 13 9:00am-12:00pm	Res \$119 Non Res \$131	23288-01		
coach-	pitch		,			
7-9	M-Th	Jun 10-Jun 13 9:00am-12:00pm	Res \$119 Non Res \$131	23288-02		
Elm Cr	eek Plo	yfield, 4905 Peony	Lane			
T-Ball						
4-6	M-Th	Jul 22-Jul 25 9:00am-12:00pm	Res \$119 Non Res \$131	23288-03		
coach-pitch						
7-9	M-Th	Jul 22-Jul 25 9:00am-12:00pm	Res \$119 Non Res \$131	23288-04		



#### SKYHAWKS - TBALL & BASEBALL

## Bass Lake Playfield, 5450 Northwest Boulevard

Uses a progressive curriculum to teach the fundamentals of fielding, catching, throwing, hitting and base running, all in a fun environment. Designed for beginner and intermediate players. Please bring glove and a water bottle. Tees will be used for Tots and Tball.

AGES	DAY	DATE & TIME	COST	ACTIVITY		
Tots						
3-4	Sa	April 27-May 18 12:00pm-12:30pm	Res \$65 Non Res \$75	23295-01		
T-Ball						
5-7	Sa	April 27-May 18 12:40pm-1:25pm	Res \$75 Non Res \$86	23295-02		
baseball						
8-11	Sa	April 27-May 18 1:35pm-2:35pm	Res \$89 Non Res \$102	23295-03		

MORE TBALL/COACH PITCH ON NEXT PAGE

#### **WEEKEND TBALL & COACH-PITCH**

Learn skills in a relaxed, fun, non-competitive atmosphere. There are no standings or playoffs. Teams will travel to other parks for games with other teams meeting at the same time (parents are responsible for transportation). If you want your child on the same team with a friend, you must both choose the same class number.

This is a parent/volunteer coached program. Looking for 2 co-coaches per team. 50% refund at the end of program for coaches. Visit www.plvmouthmn.aov/volunteercoachina

## **WEEKEND TBALL**

## Elm Creek Playfield, 4905 Peony Lane

This program uses "Incrediballs" (cloth balls) and kids hit off a T.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-5	Su	Jul 14-Aug 18 5:00pm-6:15pm	Res \$49 Non Res \$59	23245-05
4-5	Su	Jul 14-Aug 18 5:00pm-6:15pm	Res \$49 Non Res \$59	23245-06
4-5	Su	Jul 14-Aug 18 5:00pm-6:15pm	Res \$49 Non Res \$59	23245-07
4-5	Su	Jul 14-Aug 18 5:00pm-6:15pm	Res \$49 Non Res \$59	23245-08

## **WEEKEND COACH-PITCH**

Elm Creek Playfield, 4905 Peony Lane

AGES	DAY	DATE & TIME	COST	ACTIVITY
5.5-7	Su	Jul 14-Aug 18 6:30pm-8:00pm	Res \$49 Non Res \$59	23299-05
5.5-7	Su	Jul 14-Aug 18 6:30pm-8:00pm	Res \$49 Non Res \$59	23299-06
5.5-7	Su	Jul 14-Aug 18 6:30pm-8:00pm	Res \$49 Non Res \$59	23299-07
5.5-7	Su	Jul 14-Aug 18 6:30pm-8:00pm	Res \$49 Non Res \$59	23299-08



## **SPORTS - T-BALL/BASEBALL/COACH PITCH**

#### **EVENING TBALL & COACH PITCH BASEBALL**

Learn skills in a relaxed, fun, non-competitive atmosphere. There are no standings or playoffs. Teams will travel to other parks for games with other teams meeting at the same time (parents are responsible for transportation). If you want your child on the same team with a friend, you must both choose the same class number. This is a parent/volunteer coached program. Looking for 2 co-coaches per team. 50% credit at the end of program for coaches. www.plymouthmn.gov/volunteercoaching

## **TBALL - EVENING**

### **Locations Vary**

Players hit from a "T". No Program: Jul 2

AGES	DAY	DATE & TIME	COST	ACTIVITY
Bass Lake Playfield, 5450 Northwest Boulevard				
4-5	Tu	Jun 11-Aug 6 5:30pm-6:45pm	Res \$69 Non Res \$79	23247-01
Plymouth Playfield, 9755 36th Ave N				
4-5	Tu	Jun 11-Aug 6 5:30pm-6:45pm	Res \$69 Non Res \$79	23247-02
Zacha	ry Playf	ield, 4355 Zachary	/ Lane	
4-5	Tu	Jun 11-Aug 6 5:30pm-6:45pm	Res \$69 Non Res \$79	23247-03
Elm Creek Playfield, 4905 Peony Lane				
4-5	Tu	Jun 11-Aug 6 5:30pm-6:45pm	Res \$69 Non Res \$79	23247-04

#### **COACH PITCH BASEBALL - EVENING**

#### Locations vary

No Program Jul 2

AGES	DAY	DATE & TIME	COST	ACTIVITY	
Bass Lake Playfield, 5450 Northwest Boulevard					
5.5-7	Tu	Jun 11-Aug 6 7:00pm-8:30pm	Res \$69 Non Res \$79	23248-01	
Plymouth Playfield, 9755 36th Ave N					
5.5-7	Tu	Jun 11-Aug 6 7:00pm-8:30pm	Res \$69 Non Res \$79	23248-02	
Zacha	ry Playf	ield, 4355 Zachary	/ Lane		
5.5-7	Tu	Jun 11-Aug 6 7:00pm-8:30pm	Res \$69 Non Res \$79	23248-03	
Elm Creek Playfield, 4905 Peony Lane					
5.5-7	Tu	Jun 11-Aug 6	Res \$69	23248-04	

7:00pm-8:30pm | Non Res \$79

## **SOFTBALL**

#### **REVSPORTS - SOFTBALL**

## Plymouth Playfield, 9755 36th Avenue N

A great opportunity for your child to explore their new and developing motor skills. Parents/guardians are expected to be present and ready to engage for classes (not a league). Softball is generally geared to encourage girls to play. No program: 6/19, 7/3.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-8	W	May 8-May 29 7:45pm-8:25pm	Res \$67 Non Res \$77	22210-04
6-8	W	Jun 5-Jul 10 7:45pm-8:25pm	Res \$67 Non Res \$77	22210-08
6-8	W	Jul 17-Aug 7 7:45pm-8:25pm	Res \$67 Non Res \$77	22210-12

#### **SKATEBOARDING**

### SKATEBOARDING CAMP

## Plymouth Creek Playfield, 3625 Fernbrook Lane N

The 3rd Lair camp is for all ages and skill levels: ollie, ramp riding, kick flips, heel flips and much more! Bring a skateboard and helmet. Knee pads, elbow pads and wrist guards are strongly recommended. Rain makeup is Thursday.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-16	M-W	Jun 24-Jun 26 9:00am-11:00am	Res \$140 Non Res \$154	24201-01
7-16	M-W	Aug 12-Aug 14 9:00am-11:00am	Res \$140 Non Res \$154	24201-02

## **CANCELLATION POLICY**

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.



## **SPORTS** - TENNIS

## **TENNIS**

Our tennis program uses the United State Tennis Association's (USTA) teaching guidelines. Ages 8 and older have 60 minute lessons. Rainouts are made up the corresponding day/time the week following the program. In case of inclement weather, call 763-509-5205 (no sooner that 30 minutes before your lesson). No Program: 6/19

COST

## **TENNIS 4-5 BEGINNER**

AGES DAY DATE & TIME

Locations vary

Bass Lake Playfield, 5450 Northwest Boulevard				
4-5	Tu,Th	Jun 11-Jun 27 9:00am-9:45am	Res \$69 Non Res \$79	23227-01
4-5	Tu,Th	Jun 11-Jun 27 5:00pm-5:45pm	Res \$69 Non Res \$79	23227-02
4-5	Tu,Th	Jul 9-Jul 25 9:00am-9:45am	Res \$69 Non Res \$79	23227-03
4-5	Tu,Th	Jul 9-Jul 25 5:00pm-5:45pm	Res \$69 Non Res \$79	23227-04
4-5	Su	Jul 14-Aug 4 4:00pm-4:45pm	Res \$50 Non Res \$60	23227-11
Parkers Lake Playfield, 15500 County Road 6				
4-5	Su	April 21-May 12 4:00pm-4:45pm	Res \$50 Non Res \$60	23227-05
4-5	M,W	Jun 10-Jun 24 9:00am-9:45am	Res \$50 Non Res \$60	23227-07 4 sessions
4-5	M,W	Jul 15-Jul 24 9:00am-9:45am	Res \$50 Non Res \$60	23227-08 4 sessions
Zacho	ary Play	field, 4355 Zachary	/ Lane	
4-5	Su	Jun 2-Jun 23 4:00pm-4:45pm	Res \$50 Non Res \$60	23227-06
4-5	M.W	Jun 10-Jun 26	Res \$59 Non Res \$69	23227-09 5 sessions
	101,00	4:00pm-4:45pm	Non Res 307	0 0000.01.0

## **TENNIS 6-7 BEGINNER**

Locations vary

ACTIVITY

AGES	DAY	DATE & TIME	COST	ACTIVITY
Bass Lake Playfield, 5450 Northwest Boulevard				
6-7	Tu,Th	Jun 11-Jun 27 11:00am-11:45am	Res \$69 Non Res \$79	23228-01
6-7	Tu,Th	Jun 11-Jun 27 7:00pm-7:45pm	Res \$69 Non Res \$79	23228-03
6-7	Tu,Th	Jul 9-Jul 25 11:00am-11:45am	Res \$69 Non Res \$79	23228-04
6-7	Tu,Th	Jul 9-Jul 25 7:00pm-7:45pm	Res \$69 Non Res \$79	23228-06
6-7	Su	Jul 14-Aug 4 5:00pm-5:45pm	Res \$50 Non Res \$60	23228-13
Parkers Lake Playfield, 15500 County Road 6				
6-7	Su	April 21-May 12 5:00pm-5:45pm	Res \$50 Non Res \$60	23228-07
6-7	M,W	Jun 10-Jun 24 11:00am-11:45am	Res \$50 Non Res \$60	23228-09 4 sessions
6-7	M,W	Jul 15-Jul 24 11:00am-11:45am	Res \$50 Non Res \$60	23228-10 4 sessions
Zacho	ıry Play	field, 4355 Zachary	/ Lane	
6-7	M,W	Jun 10-Jun 26 7:00pm-7:45pm	Res \$59 Non Res \$69	23228-02 5 sessions
6-7	M,W	Jul 8-Jul 24 7:00pm-7:45pm	Res \$69 Non Res \$79	23228-05
6-7	Su	Jun 2-Jun 23 5:00pm-5:45pm	Res \$50 Non Res \$60	23228-08
6-7	M,W	Jun 10-Jun 26 3:00pm-3:45pm	Res \$59 Non Res \$69	23228-11 5 sessions
			1	1

## **TENNIS 8-10 BEGINNER**

Locations vary

AGES	DAY	DATE & TIME	COST	ACTIVITY
Bass Lake Playfield, 5450 Northwest Boulevard				
8-10	Tu,Th	Jun 11-Jun 27 10:00am-11:00am	Res \$69 Non Res \$79	23229-01
8-10	Tu,Th	Jun 11-Jun 27 3:00pm-4:00pm	Res \$69 Non Res \$79	23229-02
8-10	Tu,Th	Jul 9-Jul 25 10:00am-11:00am	Res \$69 Non Res \$79	23229-03
8-10	Tu,Th	Jul 9-Jul 25 3:00pm-4:00pm	Res \$69 Non Res \$79	23229-04
8-10	Tu,Th	Jun 11-Jun 27 6:00pm-7:00pm	Res \$69 Non Res \$79	23229-11
8-10	Tu,Th	Jul 9-Jul 25 6:00pm-7:00pm	Res \$69 Non Res \$79	23229-12
8-10	Su	Jul 14-Aug 4 6:00pm-7:00pm	Res \$50 Non Res \$60	23229-13
Parker	s Lake	Playfield, 15500 Co	unty Road 6	
8-10	Su	April 21-May 12 6:00pm-7:00pm	Res \$50 Non Res \$60	23229-05
8-10	M,W	Jun 10-Jun 24 10:00am-11:00am	Res \$50 Non Res \$60	23229-07 4 sessions
8-10	M,W	Jul 15-Jul 24 10:00am-11:00am	Res \$50 Non Res \$60	23229-08 4 sessions
Zacha	Zachary Playfield, 4355 Zachary Lane			
8-10	Su	Jun 2-Jun 23 6:00pm-7:00pm	Res \$50 Non Res \$60	23229-06
8-10	M,W	Jun 10-Jun 26 6:00pm-7:00pm	Res \$59 Non Res \$69	23229-09 5 sessions
8-10	M,W	Jul 8-Jul 24 6:00pm-7:00pm	Res \$69 Non Res \$79	23229-10

MORE TENNIS ON NEXT PAGE



**SPORTS - TENNIS** 

## **TENNIS 11-14 BEGINNER**

Locations vary

AGES	DAY	DATE & TIME	COST	ACTIVITY		
Bass Lake Playfield, 5450 Northwest Boulevard						
11-14	Tu,Th	Jun 11-Jun 27 4:00pm-5:00pm	Res \$69 Non Res \$79	23231-02		
11-14	Tu,Th	Jul 9-Jul 25 4:00pm-5:00pm	Res \$69 Non Res \$79	23231-04		
11-14	Su	Jul 14-Aug 4 7:00pm-8:00pm	Res \$50 Non Res \$60	23231-07		
Parkers Lake Playfield, 15500 County Road 6						
11-14	Su	April 21-May 12 7:00pm-8:00pm	Res \$50 Non Res \$60	23231-05		
Zacha	ry Play	field, 4355 Zachary	Lane			
11-14	Su	Jun 2-Jun 23 7:00pm-8:00pm	Res \$50 Non Res \$60	23231-06		
11-14	M,W	Jun 10-Jun 26 5:00pm-6:00pm	Res \$59 Non Res \$69	23231-10 5 sessions		
11-14	M,W	Jul 8-Jul 24 5:00pm-6:00pm	Res \$69 Non Res \$79	23231-11		

## **REVSPORTS - TENNIS**

Plymouth Playfield, 9755 36th Avenue N

A great opportunity for your child to explore their new and developing motor skills. No program: 6/19, 7/3.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-8	W	May 8-May 29 7:30pm-8:10pm	Res \$67 Non Res \$77	22211-10
6-8	W	Jun 5-Jul 10 7:30pm-8:10pm	Res \$67 Non Res \$77	22211-11
6-8	W	Jul 17-Aug 7 7:30pm-8:10pm	Res \$67 Non Res \$77	22211-12

## **HOT SHOTS TENNIS CAMP**

ACEC DAY DATE OF TIME

Locations vary

Provides beginner and intermediate players with fundamental skills; proper grip, footwork, strokes, serves and basic rules. Players will be put into aroups of similar skill-sets with an emphasis on stroke development and singles & doubles strategies. Camp is led by Dan Richards, tennis coach at Minnetonka and Eden Prairie High Schools. Dan is also a teaching professional at LifeTime Fitness - Eden Prairie.Rain Makeups are Fridays of the same week.

AGES	DAY	DATE & TIME	COST	ACTIVITY
Plymouth Playfield, 9755 - 36th Ave N.				
7-11	M-Th	Jun 10-Jun 13 9:00am-11:00am	Res \$118 Non Res \$129	23201-01
11-14	M-Th	Jun 10-Jun 13 11:00am-1:00pm	Res \$118 Non Res \$129	23201-02
4-6	M-Th	Jun 24-Jun 27 9:00am-10:30am	Res \$88 Non Res \$100	23201-03
7-11	M-Th	Jun 24-Jun 27 10:30am-12:30pm	Res \$118 Non Res \$129	23201-04
4-6	M-Th	Jul 8-Jul 11 9:00am-10:30am	Res \$88 Non Res \$100	23201-05
7-11	M-Th	Jul 8-Jul 11 10:30am-12:30pm	Res \$118 Non Res \$129	23201-06
4-6	M-Th	Jul 22-Jul 25 9:00am-10:30am	Res \$88 Non Res \$100	23201-07
7-11	M-Th	Jul 22-Jul 25 10:30am-12:30pm	Res \$118 Non Res \$129	23201-08
Wayzata High School, 4955 Peony Lane				
7-11	M-Th	Aug 5-Aug 8 9:00am-11:00am	Res \$118 Non Res \$129	23201-09
11-14	M-Th	Aug 5-Aug 8 11:00am-1:00pm	Res \$118 Non Res \$129	23201-10

## **TABLE TENNIS**

## **TABLE TENNIS CAMP/LESSONS**

PCC-Active Wing, 14800 34th Avenue N

Table tennis for ages 6 and up (participants will be split by ability within the sessions). This program will be focusing on developing basic table tennis technique, learning how to play the game, developing strategy and having fun in the process. The training starts with stretches and a light warm-up, footwork exercises, then followed with table tennis training. Coach Yoku Metinova started her coaching career in Fergana Uzbekistan in 2008. While coaching in Uzbekistan, some of her students have been awarded in Regional and National tournaments. Yoku moved to the U.S. in 2015 and began coaching in Saint George, Utah until moving to Minnesota in 2018. Participants should bring their own paddle and water bottle. More information on Yoku can be found at coachyoku.com. No program: 5/7, 7/2.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6+	M-F	Jun 10-Jun 14 1:00pm-2:30pm	Res \$160 Non Res \$176	23203-01
6+	M-F	Jul 8-Jul 12 1:00pm-2:30pm	Res \$160 Non Res \$176	23203-02
6+	M-F	Jul 22-Jul 26 1:00pm-2:30pm	Res \$160 Non Res \$176	23203-03
6+	Tu	April 23-May 28 5:30pm-7:00pm	Res \$145 Non Res \$159	23203-04
6+	Tu	April 23-May 28 7:00pm-8:30pm	Res \$145 Non Res \$159	23203-05
6+	Tu	Jun 4-Jul 9 5:30pm-7:00pm	Res \$145 Non Res \$159	23203-06
6+	Tu	Jun 4-Jul 9 7:00pm-8:30pm	Res \$145 Non Res \$159	23203-07
6+	Tu	Jul 16-Aug 13 5:30pm-7:00pm	Res \$145 Non Res \$159	23203-08
6+	Tu	Jul 16-Aug 13 7:00pm-8:30pm	Res \$145 Non Res \$159	23203-09



**SPORTS - TRACK & FIELD** 

### **ALLSPORT TRACK & FIELD**

## Elm Creek Playfield, 4905 Peony Lane - Locations Vary

Children get to throw rocket javelins, discus, shot put and hammer. They also look at fundamental jumping, sprinting and hurdling technique. Participants will also be involved in leadership and team building activities. Sessions will be led by Ian Hall who was in charge of Track and Field development in the Dover District during the London Olympics. Bring water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
Elm Creek Playfield, 4905 Peony Lane				
6-7	Su	April 21-May 19 5:00pm-5:45pm	Res \$70 Non Res \$80	23283-03
8-9	Su	April 21-May 19 5:45pm-6:30pm	Res \$70 Non Res \$80	23283-04
10-11	Su	April 21-May 19 6:30pm-7:15pm	Res \$70 Non Res \$80	23283-05
PCC Fieldhouse, 14800 34th Avenue N				
7-11	M-Th	Jul 15-Jul 18 9:00am-12:00pm	Res \$150 Non Res \$165	23283-01
7-11	M-Th	Aug 12-Aug 15	Res \$150	23283-02

### **SKYHAWKS TRACK & FIELD**

## PCC Fieldhouse, 14800 34th Avenue N

9:00am-12:00pm

Fundamentals of body positioning, stride, proper stretching, and cool down techniques are taught. Track and field events include javelin, discus, shot put, hurdles, long jump, triple jump, and various running and relay events. Wear appropriate clothing and sunscreen; bring 2 snacks and a water bottle.

Non Res \$165

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	M-Th	Aug 5-Aug 8 9:00am-12:00pm	Res \$139 Non Res \$153	23214-01

## VOLLEYBALL

#### **REVSPORTS - VOLLEYBALL**

## PCC-Active Wing, 14800 34th Avenue N

RevSports Volleyball players learn and practice the fundamentals of volleyball through individual player development. Each day will focus on a topic building on the previous topics including: passing, setting, serving, and hitting. All equipment is provided. Softer and lighter-weight balls are used. A smaller net and court may be used to assist in skill development. Participants should wear tennis shoes in the gym. Parent is expected to be present and ready to engage with child. This is not a league. No program: 7/2.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	Tu	May 14-Jun 4 6:15pm-6:55pm	Res \$67 Non Res \$77	22214-02
5-7	Tu	Jun 11-Jul 9 6:15pm-6:55pm	Res \$67 Non Res \$77	22214-05
5-7	Tu	Jul 16-Aug 6 6:15pm-6:55pm	Res \$67 Non Res \$77	22214-08
5-7	Tu	Aug 13-Sep 3 6:15pm-6:55pm	Res \$67 Non Res \$77	22214-11
7-9	Tu	May 14-Jun 4 7:00pm-7:40pm	Res \$67 Non Res \$77	22214-03
7-9	Tu	Jun 11-Jul 9 7:00pm-7:40pm	Res \$67 Non Res \$77	22214-06
7-9	Tu	Jul 16-Aug 6 7:00pm-7:40pm	Res \$67 Non Res \$77	22214-09
7-9	Tu	Aug 13-Sep 3 7:00pm-7:40pm	Res \$67 Non Res \$77	22214-12

### SKYHAWKS VOLLEYBALL CAMP

## PCC-Active Wing, 14800 34th Avenue N

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting and serving. Coaches will assist campers in developing fundamental skills through gamespeed drills and daily scrimmages aimed at developing the whole player. Participants should wear appropriate clothing and bring a water bottle. No program: Jun 19

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
7-9	M,Tu, Th,F	Jun 17-Jun 21 9:00am-12:00pm	Res \$139 Non Res \$153	23209-01
10-12	M,Tu, Th,F	Jun 17-Jun 21 1:00pm-4:00pm	Res \$139 Non Res \$153	23209-02
7-9	M-Th	Jul 15-Jul 18 9:00am-12:00pm	Res \$139 Non Res \$153	23209-03
10-12	M-Th	Jul 15-Jul 18 1:00pm-4:00pm	Res \$139 Non Res \$153	23209-04
7-9	M-Th	Aug 12-Aug 15 9:00am-12:00pm	Res \$139 Non Res \$153	23209-05
10-12	M-Th	Aug 12-Aug 15 1:00pm-4:00pm	Res \$139 Non Res \$153	23209-06



**ARTS - DANCE** 

## 12+ JAZZ

## PCC-Active Wing, 14800 34th Avenue N

This class will focus on building jazz technique and knowledge of the history of jazz dance. This class is great for dancers looking to improve their choreography retention and improvisational skills in jazz dance as they build technical skills. Jazz shoes and activewear needed. Instr: City of Plymouth Dance Staff

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	Tu,Th	Jul 9-Jul 25 8:00pm-9:00pm	Res \$80 Non Res \$86	24116-01

## 12-18 MODERN AND CHOREOGRAPHY

## PCC-Active Wing, 14800 34th Avenue N

Students will build upon modern dance technique each day and will guide dancers through a process to create their own choreography. This class is perfect for a dancer who likes to express themselves and make their own dances! Dancers will dance barefoot. Activewear is needed. We'll end the week with an informal performance on Thursday! Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	M-Th	Jun 24-Jun 27 7:45pm-9:15pm	Res \$55 Non Res \$59	24115-01

## 12-18 MUSICAL THEATRE JAZZ CAMP

## PCC-Active Wing, 14800 34th Avenue N

This class will focus on jazz and technique through a fun and engaging musical theater context at a beginner to intermediate level. Dancers will develop rhythm, creativity, and teamwork as they learn choreography to classic musical theater music. Jazz shoes and activewear are needed. We'll dance together each day and end with an informal performance on Thursday! Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	M-Th	Jun 10-Jun 13 7:45pm-9:00pm	Res \$55 Non Res \$59	24107-01

## **BALLET AND TAP (AGES 12-18)**

## PCC-Active Wing, 14800 34th Avenue N

This class will focus on ballet and tap technique, alignment, and steps at an advanced level. This class is for students with several years of dance experience who are looking to learn at a faster pace. Students will utilize technical skills that they learn to perform fun and challenging ballet and tap sequences that will be expanded upon each week. Pink ballet slippers, black tap shoes and leotards/tights of your color choice are needed.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	М	Aug 5-Aug 26 7:35pm-9:00pm	Res \$55 Non Res \$59	24112-01

## **HIP HOP BASICS AND FREESTYLE (AGES 12-18)**

## PCC-Active Wing, 14800 34th Avenue N

This class is for dancers who like self-expression, physical challenges, and healthy competition. Classes include warm up, moving across the floor, style explorations (popping, locking, waving, gliding, etc.), and freestyle circles. Activewear and clean tennis shoes are needed. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	W	Aug 7-Aug 28 8:00pm-9:00pm	Res \$55 Non Res \$59	24110-01

### **EDUCATION**

# CENTER FOR ACADEMIC EXCELLENCE: PSAT/SAT/ACT PREP CAMP

## St. Barnabas Lutheran Church, 15600 Old Rockford Rd.

This camp provides students with the skills and guidance necessary to improve their ACT scores. Test-taking strategies will be covered in-depth and problem-solving techniques.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13-17	Su	Jun 9-Jul 21 10:00am-12:00pm	Res \$249 Non Res \$275	24326-01

## CENTER FOR ACADEMIC EXCELLENCE: COMPUTER PROGRAMMING I PYTHON

## PCC-Education Wing, 14800 34th Avenue N

An introductory-level camp that introduces students to wider range of topics including number operators, variables, errors, output, input, random numbers, conditionals, and loops.

AGES	DAY	DATE & TIME	COST	ACTIVITY
10-16	M-Th	Jun 10-Jun 13 9:00am-4:00pm	Res \$329 Non Res \$362	24327-01

SEE ONLINE FOR ADDITIONAL CENTER FOR ACADEMIC EXCELLENCE CAMPS



#### **EDUCATION - CHESS**

## TWIN CITIES CHESS CLUB: CHESS CAMP

PCC-Education Wing, 14800 34th Avenue N

All levels welcome. Learn from Twin Cities Chess Club instructors, who have years of teaching experience, while you compete for various prizes including trophies, medals, and chess sets.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-17	M-F	Jun 17-Jun 21 8:30am-12:30pm	Res \$240 Non Res \$265	24303-01
12-17	M-F	Jul 8-Jul 12 1:00pm-5:30pm	Res \$240 Non Res \$265	24303-02
12-17	M-F	Aug 12-Aug 16 9:00am-5:00pm	Res \$425 Non Res \$469	24303-03
12-17	M-F	Aug 12-Aug 16 9:00am-1:00pm	Res \$240 Non Res \$265	24303-04
12-17	M-F	Aug 12-Aug 16 1:00pm-5:00pm	Res \$240 Non Res \$265	24303-05

#### OUTDOOR RECREATION

## WATER SPORTS: STAND UP PADDLEBOARDING

East Medicine Lake Park, 1740 East Medicine Lake Boulevard

Learn to paddle board and find out the fitness benefits! Basic safety and instruction on maneuvering, steering, and refining techniques. Priorities are safety, fun, and addressing individual goals. Expect to get wet: bring a towel and wear sunscreen. Participants must be 8 years of age or older. Brought to you by the certified instructors at Betty's Board Shop. Boards and lifeiackets provided.

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-17	М	Jul 15 5:00pm-7:00pm	Res \$52 Non Res \$62	24200-01

#### **SAFETY**

## SAFE SITTER BABYSITTERS TRAINING

PCC-Education Wing, 14800 34th Avenue N

Safe Sitter prepares students grades 6-8 to be safe when they're home alone, watching siblings, or babysitting. Students learn safety, child care skills, diapering, behavior management, online and personal safety. First aid and rescue skills including injury management, choking rescue, infant/ child CPR. Activities, role playing and hands on activities with manikins to practice skills create a fun learning environment. Course content follows guidelines of American Academy of Pediatrics and American Heart Association

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-15	М	Jun 1 9:00am-2:45pm	Res \$115 Non Res \$125	23504-01
11-15	Sa	Jul 27 9:00am-2:45pm	Res \$115 Non Res \$125	23504-02
11-15	М	Aug 19 1:00pm-6:30pm	Res \$115 Non Res \$125	23504-04

SEE TEEN/ADULT MARTIAL ARTS
ON PAGE 80

## **SPORTS**

11-14

M.W

Jul 8-Jul 24

5:00pm-6:00pm

#### SKATEBOARDING CAMP

Plymouth Creek Playfield, 3625 Fernbrook Lane N

The 3rd Lair camp is for all ages and skill levels: ollie, ramp riding, kick flips, heel flips and much more! Bring a skateboard and helmet. Knee pads, elbow pads and wrist guards are strongly recommended. Rain makeup is Thursday.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-16	M-W	Jun 24-Jun 26 9:00am-11:00am	Res \$140 Non Res \$154	24201-01
7-16	M-W	Aug 12-Aug 14 9:00am-11:00am	Res \$140 Non Res \$154	24201-02

## **TENNIS 11-14 BEGINNER**

Our tennis program uses the United State Tennis Association's (USTA) teaching guidelines. Ages 8 and older have 60 minute lessons. Rainouts are made up the corresponding day/time the week following the program. In case of inclement weather, call 763-509-5205 (no sooner that 30 minutes before your lesson). No Program: 6/19

No Program: 6/19					
AGES	DAY	DATE & TIME	COST	ACTIVITY	
Bass Lake Playfield, 5450 Northwest Boulevard					
11-14	Tu,Th	Jun 11-Jun 27 4:00pm-5:00pm	Res \$69 Non Res \$79	23231-02	
11-14	Tu,Th	Jul 9-Jul 25 4:00pm-5:00pm	Res \$69 Non Res \$79	23231-04	
11-14	Su	Jul 14-Aug 4 7:00pm-8:00pm	Res \$50 Non Res \$60	23231-07	
Parke	rs Lake	Playfield, 15500 Co	unty Road 6	,	
11-14	Su	April 28-May 19 7:00pm-8:00pm	Res \$50 Non Res \$60	23231-05	
Zachary Playfield, 4355 Zachary Lane					
11-14	Su	Jun 2-Jun 23 7:00pm-8:00pm	Res \$50 Non Res \$60	23231-06	
11-14	M,W	Jun 10-Jun 26 5:00pm-6:00pm	Res \$59 Non Res \$69	23231-10 5 sessions	

Res \$69

Non Res \$79

23231-11



#### **ARTS** - CAKE AND CUPCAKE ART

## ARTISTIC MOMENTS -SUMMERTIME FONDANT CUPCAKE ART

PCC-Education Wing, 14800 34th Avenue N

Have you ever used fondant to decorate cupcakes? Fondant is a 'Play-Doh-like' edible icing used to create fun designs on cupcakes. Learn how to roll, cut, and sculpt colorful fondant into a wide variety of shapes and sizes. You will have fun creating festive cupcakes for any occasion! Please Note: Cupcakes are purchased through Cub Foods. If you have any food allergies, please contact the Cub Foods Bakery to inquire about all ingredients used in these products. Instr: Kris Holtmeyer, Artistic Moments.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Jun 10 7:15pm-9:15pm	Res \$45 Non Res \$50	25100-01

## IT'S A CAKE THING - BEGINNER LEVEL

PCC-Education Wing, 14800 34th Avenue N

Beginner classes are geared to the complete beginner. What you will learn: basic icing application, basic border techniques, simple construction of buttercream icing flowers and writing on your cake.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	W	June 5 6:00pm-9:00pm	Res \$130 Non Res \$136	25142-01

## IT'S A CAKE THING - ADVANCED LEVEL

PCC-Education Wing, 14800 34th Avenue N

Geared to the experienced decorator who wants to break the boundaries of traditional cake decorating and launch into cake artistry, including stacking your cake properly. Decorating supplies and cake provided for class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	June 12 6:00pm-9:00pm	Res \$150 Non Res \$160	25149-01

## IT'S A CAKE THING - INTRODUCTION TO FONDANT

PCC-Education Wing, 14800 34th Avenue N

In this course, students will learn the basics of using fondant to cover cakes, how to use fondant molds and how to create simple flowers and freehand borders and ruffles. They will learn the reasons and differences on the importance of rolling thickness, how to color fondant, and how to maintain freshness to avoid drying out and hardening. This course will touch on the infinite ways fondant can be used. All supplies provided.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	June 18 6:00pm-9:00pm	Res \$175 Non Res \$184	25151-01

#### **CANDLE MAKING**

## **REVEAL CANDLE MAKING**

PCC-Education Wing, 14800 34th Avenue N

Welcome to our magical art class where we will be exploring the world of reveal candles! We will be crafting unique candles, infused with your favorite scents, colors, and hidden surprises. With the addition of delightful charms into the warm wax, your candle will transform into a stunning masterpiece as the flame slowly burns down and reveals the secret treasures waiting to be discovered within

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	F	Aug 16 3:00pm-4:30pm	Res \$62 Non Res \$70	25112-01

## **CARD MAKING**

## SUMMERTIME CARD MAKING CLASS

PCC-Education Wing, 14800 34th Avenue N

Summer is a fun time to catch up on birthday, anniversary, get well, thinking of you and all celebration cards to have on hand for when needed. Supplies provided and samples to use for inspiration. Come have fun being creative and stamping with others. Instr. Nancy Berg.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jul 16-Jul 23 6:00pm-8:00pm	Res \$40 Non Res \$45	25125-01
18+	Tu	Aug 13-Aug 20 6:00pm-8:00pm	Res \$40 Non Res \$45	25125-02

## CLAY

## **POLYMER CLAY FLOWERS**

PCC-Education Wing, 14800 34th Avenue N

Learn to make beautiful flowers out of polymer clay. You'll learn to make several different canes; to reduce, wrap, and shape the canes into flower petals; and to assemble the petals into flowers. Students will be able to pick their flowers up 1 week later - after they are cured. This is a beginner class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jun 18 9:00am-12:00pm	Res \$65 Non Res \$74	25148-01
18+	Tu	Aug 27 9:00am-12:00pm	Res \$65 Non Res \$74	25148-02



ARTS - DANCE DRAWING GARDEN

### **ADULT HIP HOP**

## PCC-Active Wing, 14800 34th Avenue N

Have you always wanted to learn hip hop dance or want to build on a self-taught foundation? This class is for you! This class will focus on hip hop fundamentals, rhythm, and building character! Activewear and clean tennis shoes are needed. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Aug 7-Aug 28 7:15pm-8:00pm	Res \$55 Non Res \$59	25141-01

## **ADULT JAZZ**

## PCC-Active Wing, 14800 34th Avenue N

Learn or improve on your jazz technique. All experience welcome. Jazz shoes and active wear are needed. Instr: City of Plymouth Dance Staff

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Aug 5-Aug 26 6:45pm-7:35pm	Res \$55 Non Res \$59	25140-01

## **LET'S TAP 1, 2, 3**

## PCC-Active Wing, 14800 34th Avenue N

Dance is a top rated exercise because it stimulates us socially, physically, mentally, artistically and is lots of fun. Participants will learn and/or review basics, learn and work on combinations and choreography. Wear comfortable clothing and don't forget your tap shoes. Any hard leather soled shoes will work to get started. Let's Tap 1-If you took dance as a child, taken a few classes along the way or if you've always wanted to tap and you are new to the whole thing - welcome (11:15 - 12:15). Let's Tap 2-If you have mastered the basics and have been working on time steps and more difficult combinations and choreography - this is the class for you (10:00 - 11:00). Instr: Stephanie Stockton.

AGES	DAY	DATE & TIME	COST	ACTIVITY
25+	F	Jun 7-Jun 28 11:15am-12:15pm	Res \$53 Non Res \$63	25108-01
25+	F	Jun 7-Jun 28 10:00am-11:00am	Res \$53 Non Res \$63	25108-02

## ALL ABOUT DRAWING -DRAWING WITH CONFIDENCE

PCC-Education Wing, 14800 34th Avenue N

Drawing is the foundation of all Visual Arts. You will learn from a professional artist how to express yourself and gain confidence while creating your works. This class is great for all skill levels. Recommended supply list provided via email at the time of registration. Instr: Tatiana Eletsky.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jul 11-Jul 25 4:00pm-6:00pm	Res \$70 Non Res \$80	25139-01

## **FABRIC ARTS/YARN**

## **LEARN HOW TO HAND-PAINT YARN**

PCC-Education Wing, 14800 34th Avenue N

Learn about hand-painting dye techniques and handpaint skeins of yarn using low-impact synthetic dyes and a microwave steam-processing method. Students should wear work clothes and an old apron. The yarn and all other dye supplies and tools will be provided with a fee included in the class cost. Instr: Wendy Johnson, Saga Hill Designs

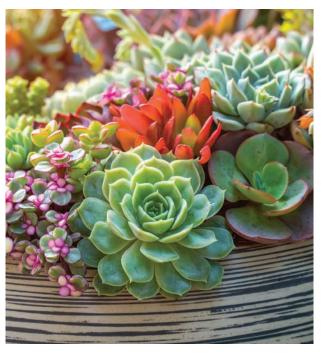
AGES	DAY	DATE & TIME	COST	ACTIVITY
14+	Sa	Jul 20 12:30pm-4:30pm	Res \$88 Non Res \$96	25150-01

## LEARN HOW TO KETTLE-DYE YARN

PCC-Education Wing, 14800 34th Avenue N

Learn about different types of dyes and dye processes while kettle dyeing skeins of yarn using low-impact synthetic dyes. Students should wear work clothes and an old apron. The yarn and all other dye supplies and tools will be provided with a fee included in the class cost. Instr: Wendy Johnson, Saga Hill Desians

AGES	DAY	DATE & TIME	COST	ACTIVITY
14+	Sa	Jun 15 12:30pm-4:30pm	Res \$88 Non Res \$96	25146-01



## SUCCULENT GARDEN MAKING

PCC-Education Wing, 14800 34th Avenue N

Design this living work of art with colorful succulents, plus an adorable mushroom figure that adds a whimsical touch. All supplies included in class fee. Instr. Kidcreate Studio.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	F	Jul 12 3:00pm-4:30pm	Res \$62 Non Res \$70	25111-01



# **NEW CONCERT SERIES!** JUNE 14 PARROTHEAD PARADISE JULY 19 **GEN X JUKEBOX** AUG. 23 **CHRIS KROEZE** AND TIM SIGLER BAND Hilde Performance Center, 3500 Plymouth Blvd

## **ARTS - MUSIC**

## DRUMMING, SONGWRITING AND RELAXATION

PCC-Active Wing, 14800 34th Avenue N

This inclusive camp will explore music in a variety of ways. Explore different kinds of drums: African, bucket, ball, sound shapes, paddle, table, and more. Try your hand at songwriting and creating your own beats with technology. Experiment with a variety of different relaxation techniques. No experience required! Caregivers are encouraged to join if participants have high support needs. Camp will be facilitated by board-certified (MT-BC) Neurologic Music Therapists®. Please complete the liked music therapy referral form if participants have any disabilities. Instr. Living Spirit Therapy Services. LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13+	M-F	Jul 22-Jul 26 9:00am-12:00pm	Res \$300 Non Res \$330	25106-01

# **INSTANT GUITAR FOR HOPELESSLY BUSY PEOPLE**Online

This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Class fee includes an online book and online follow-up video lessons. Optional online question and answer session is also included along with recording of the class. Instr: Craig Coffman.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jun 5 6:30pm-9:00pm	\$64	25119-01

# **INSTANT PIANO FOR HOPELESSLY BUSY PEOPLE** Online

Learn to play piano the way professionals do-using chords. This online course will include online lesson book and follow-up video lessons. An optional periodic online question and answer session is included along with recording of class. Instr: Craig Coffman.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jun 4 6:30pm-9:30pm	\$64	25118-01

## MINDFUL MUSIC IN THE MODERN WORLD

PCC-Education Wing, 14800 34th Avenue N

Music is a tool that can enhance our lives in profound ways. We will discuss the importance of taking care of ourselves and ways we can use music to help facilitate overall wellness in the modern world. We will talk about how we can use music to energize or calm our minds, motivate the tired, validate the weary, enhance our workouts, focus and more. We'll explore a variety of mindfulness and relaxation techniques using playlists for specific purposes, different music technology, songwriting and more. Specific Techniques will vary each class depending on participant interests. Class will be facilitated by board-certified (MT-BC) Neurologic Music Therapist®. Instr: Living Spirit Therapy Services, LLC. No program: 6/19.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	W	Jun 5-Jun 26 10:00am-11:00am	Res \$144 Non Res \$158	25115-01
18+	Tu	Jul 16 4:00pm-5:00pm	Res \$48 Non Res \$55	25115-02
18+	Tu	Aug 20 4:00pm-5:00pm	Res \$48 Non Res \$55	25115-03

## **MUSIC. MUSIC. MUSIC**

PCC-Education Wing, 14800 34th Avenue N

This inclusive music group is for all music loves: well adults and those with physical or mental conditions. Sing, play instruments, move to the music, share memories and associations with the music, meet new friends, and learn new ways to explore music. Class will be facilitated by board-certified (MT-BC) Neurologic Music Therapist®. Those with physical conditions, dementia, and mental health conditions are welcome to participate alone or with a caregiver. No music experience required. Please complete the linked music therapy referral form if you have dementia or a mental health condition. Instr. Living Spirit Therapy Services, LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	Tu-F	Aug 20-Aug 23 1:00pm-3:00pm	Res \$300 Non Res \$330	25109-01



#### **ARTS - MUSIC**

### **ROCK OF AGES**

Students select an instrument of their choice (drums, guitar, bass, keys or vocals) and are assigned songs and parts that they will work through in weekly private lessons, refining the skills and concepts that those songs introduce. No prior musical experience required. The goal of the curriculum is to prepare students to join School of Rock's Adult Band and perform live! Register for specific day/session and you will be connected with instructor to coordinate lesson time.

## **MONDAYS - ROCK OF AGES**

School of Rock, 312 Clydesdale Trail

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Jun 3-Jun 24 times vary	Res \$225 Non Res \$247	25175-01
18+	М	Jul 8-Jul 29 times vary	Res \$225 Non Res \$247	25175-02
18+	М	Aug 5-Aug 26 times vary	Res \$225 Non Res \$247	25175-03

## **TUESDAYS - ROCK OF AGES**

School of Rock, 312 Clydesdale Trail

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jun 4-Jun 25 times vary	Res \$225 Non Res \$247	25176-01
18+	Tu	Jul 9-Jul 30 times vary	Res \$225 Non Res \$247	25176-02
18+	Tu	Aug 6-Aug 27 times vary	Res \$225 Non Res \$247	25176-03

#### **WEDNESDAYS - ROCK OF AGES**

School of Rock, 312 Clydesdale Trail

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jun 5-Jun 26 times vary	Res \$225 Non Res \$247	25177-01
18+	W	Jul 10-Jul 31 times vary	Res \$225 Non Res \$247	25177-02
18+	W	Aug 7-Aug 28 times vary	Res \$225 Non Res \$247	25177-03

## **THURSDAYS - ROCK OF AGES**

School of Rock, 312 Clydesdale Trail

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jun 6-Jun 27 times vary	Res \$225 Non Res \$247	25178-01
18+	Th	Jul 11-Aug 1 times vary	Res \$225 Non Res \$247	25178-02
18+	Th	Aug 8-Aug 29 times vary	Res \$225 Non Res \$247	25178-03

## **SATURDAYS - ROCK OF AGES**

School of Rock, 312 Clydesdale Trail

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Jun 8-Jun 29 times vary	Res \$225 Non Res \$247	25179-01
18+	Sa	Jul 13-Aug 3 times vary	Res \$225 Non Res \$247	25179-02
18+	Sa	Aug 10-Aug 31 times vary	Res \$225 Non Res \$247	25179-03

## TRAUMATIC BRAIN INJURY (TBI) MUSIC GROUP

PCC-Education Wing, 14800 34th Avenue N

This judgement free music therapy group is designed to provide psychosocial support for individuals who have experienced a traumatic brain injury (TBI). This group will use music to process psychosocial needs and allow members to share tips that have allowed them to grow and thrive in their new world. This group will be facilitated by a board-certified (MT-BC) Neurologic Music Therapist®. Instr: Living Spirit Therapy Services, LLC. No program: 6/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jun 5-Jun 26 3:00pm-4:00pm	Res \$108 Non Res \$118	25114-01
18+	W	Jul 3-Jul 17 3:00pm-4:00pm	Res \$108 Non Res \$118	25114-02
18+	W	Aug 7-Aug 28 3:00pm-4:00pm	Res \$144 Non Res \$158	25114-03

# WRITING A SONG: FROM INSPIRATION TO CREATION

PCC-Education Wing, 14800 34th Avenue N

Join our Community Songwriting Class! Meet on Thursdays for 4 weeks, where we'll guide you through crafting a complete song, including lyrics, melody, and chords. This hands-on experience will teach you various techniques to enhance your songwriting skills, making you a more prolific and skilled artist. Perfect for beginners and seasoned songwriters alike, this class is a journey into the heart of music creation. Come, let's turn your musical ideas into reality! Instr: Chad Shank with Minnesota Songwriters Association

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jun 6-Jun 27 7:00pm-9:00pm	Res \$45 Non Res \$52	25145-01



#### **ARTS - MIXED MEDIA**

## COASTAL CANVAS: MIXED MEDIA SEASCAPE

PCC-Education Wing, 14800 34th Avenue N

In this immersive and hands-on experience, participants will explore the captivating world of mixed media art while focusing on the mesmerizing theme of seascapes. Supply list provided at time of registration. Instr: Anwesha Guha

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jul 9 5:30pm-8:30pm	Res \$30 Non Res \$35	25133-01

# EXPRESSIVE EXPLORATIONS - MIXED MEDIA MAGIC

PCC-Education Wing, 14800 34th Avenue N

Participants will master the fusion of mixed media techniques, acrylic paints, and textures. Designed for all skill levels. Supply list provided at time of registration. Instr: Anwesha Guha

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jun 25 5:30pm-8:30pm	Res \$30 Non Res \$35	25147-01

## **CANCELLATION POLICY**

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.

## **PAINTING**

## **ACRYLIC POURING: BEACH WAVE**

PCC-Education Wing, 14800 34th Avenue N

Join us for a fun evening learning how to create fun and easy fluid art. Instead of paint brushes we will use gravity to move the paint and different techniques to create two ocean inspired pours. It's a lot of fun (and somewhat addicting!) and a great way to spart your creative energy. You will create two 8"x8" canvases and transport home in a provided tray. Your final piece will change during transportation and when it is completely dry. Marilyn Lisa

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Jul 15 7:00pm-8:30pm	Res \$50 Non Res \$59	25126-01

## **POURING WATERCOLOR MAGIC**

PCC-Education Wing, 14800 34th Avenue N

Using the technique of pouring watercolors, you will create uniquely colorful painting. By using just the primary colors, an amazing array of colors will be created. Paintings will range from total abstracts to expressive realistic images. Come and explore the possibility of pouring. Recommended supply list provided at time of registration. Instr. Anwesha Guha.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jul 16 5:30pm-8:30pm	Res \$30 Non Res \$35	25101-01

## **BEGINNING WATERCOLOR PAINTING**

PCC-Education Wina, 14800 34th Avenue N

Learn the basics of watercolor painting. They will include paint types, watercolor papers, brushes and simple painting techniques. Experience the uniqueness and magic of painting with watercolors. Recommended supply list provided at time of registration. Instr: Anwesha Guha.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jul 23 5:30pm-8:30pm	Res \$30 Non Res \$35	25102-01

## WATERCOLOR LANDSCAPE PAINTINGS

PCC-Education Wing, 14800 34th Avenue N

Bring your favorite landscape photo and go home with a watercolor painting of a place of fond memories. A projection device can be used to transfer your photo to watercolor paper. Assistance will be given with special composition, color mixing, and painting techniques of natural objects. Recommended supply list provided. Instr: Anwesha Guha. Before class email photo to: recreation@plymouthmn.gov.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jul 30 1:00pm-4:00pm	Res \$30 Non Res \$35	25110-01

## **POTTERY**

## WHEEL POTTERY

PCC-Education Wing, 14800 34th Avenue N

Learn the basics of wheel sculpting with ceramic clay. Will cover throwing and glazing techniques. Make projects to take home at the end of the session. No experience necessary. All supplies included in the course fee. Instr: Adama Sow.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jul 10-Jul 31 6:00pm-8:00pm	Res \$155 Non Res \$165	25123-02
18+	W	Aug 7-Aug 28 6:00pm-8:00pm	Res \$155 Non Res \$165	25123-03



**ARTS - VOICE OVER** 

## INTRODUCTION TO VOICE OVER

PCC-Education Wing, 14800 34th Avenue N

In what could be the most enlightening 2 hours you've ever spent, this class will show you how you can actually begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for. Instr. Wendy Shapero. Such a Voice. LLC

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jul 9 6:30pm-8:30pm	Res \$35 Non Res \$38	25134-01

#### **EDUCATION - BRIDGE**

## BRIDGE: BOOK 5 MORE COMMONLY USED CONVENTIONS

PCC-Education Wing, 14800 34th Avenue N

Pre-req: Books 1-4. Books can be purchased from instructor at class. No program 7/4. Instr: Mignon Nearmeyer

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Jun 3-Jul 22 10:00am-12:00pm	Res \$50 Non Res \$60	25349-01

## **BRIDGE: SHUFFLE, DEAL AND PLAY**

PCC-Education Wing, 14800 34th Avenue N

Pre-req: Books 1-4. Practice what you have learned in class. Also, get a little introduction on the latest rules and play under the eye of an expert Bridge Master. Instr: Mignon Nearmeyer.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	М	Jun 3-Jul 22 1:00pm-3:00pm	Res \$50 Non Res \$60	25370-01

## **CREATE & LEARN**

# CREATE & LEARN: DIGITAL DESIGN & VIDEO CREATION W/ CANVA & AI

PCC-Education Wing, 14800 34th Avenue N

Learn about Canva - a powerful and trendy graphic design platform with a simple interface for designing posters, videos, cards, and a lot more. Explore examples of great graphic design and video storytelling and how you can create amazing art elements using the latest Al tools and incorporate them into your work. At the end of class you will have your own design portfolio. No program: 7/5.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Jun 7-Jul 19 1:00pm-1:55pm	Res \$126 Non Res \$126	25321-01

## **CREATE & LEARN: PRACTICAL PYTHON**

Online

Students must have a laptop or desktop device with Zoom, a Chrome browser, and high internet connectivity.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Jun 1-Aug 17 1:00pm-2:15pm	Res \$315 Non Res \$315	25305-01

## **DECLUTTER**

### ZESTFULLY DECLUTTER

PCC-Education Wing, 14800 34th Avenue N

Discover the amazing benefits of decluttering on your emotional health, pocketbook, and lifestyle! Learn form a professional home organizer how to let go, where to take your stuff, how to sell your possessions and most importantly how you can live zestfully with less.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Aug 13 6:30pm-8:00pm	Res \$25 Non Res \$30	25308-01

#### HOME

## WHY HIRE A HOME INSPECTOR

PCC-Education Wing, 14800 34th Avenue N

A Home Inspection can be a source of anxiety for buyers and sellers. Many issues identified during the home inspection can lead to costly repairs later. More than 400 points are observed and reported during an inspection. Join us for an overview from a Certified Inspector.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jun 26 6:00pm-7:00pm	Res \$10 Non Res \$12	25907-01



## **EDUCATION - HEALTH/WELLNESS**

# NATURALLY YOU: AN INCLUSIVE, THERAPEUTIC, & MINDFULNESS-DRIVEN NATURE-BASED GROUP

PCC-Education Wing, 14800 34th Avenue N

This course offers adults to explore and access nature in various ways for mindfulness and reaping other therapeutic benefits of nature. This is a space for adults to connect with their true selves, connect with others in their own way, and connect with nature. All are welcome! Instr. Michelle Petit, Roots & Wings Therapeutic Services LLC

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Jun 10-Jul 8 6:15pm-7:30pm	Res \$190 Non Res \$209	25356-01

## **SELF-CARE FOR BUSY PEOPLE**

PCC-Education Wing, 14800 34th Avenue N

Self-care is all you do to nurture your mind and spirit, nourish your body, and replenish your relationship with yourself. Try several practical exercises to identify your personal self-care needs. Each participant will take home several exercises for increasing their own self-care in those areas most important to them. Instr: Dana Essex

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	W	Jun 12 10:00am-11:30am	Res \$20 Non Res \$25	25909-01

## **ROAD TO AUTHENTIC HAPPINESS**

PCC-Education Wing, 14800 34th Avenue N

Being happy is a goal most share. How to get there? Research on happiness suggests that as we increase our positive emotions, as well as the meaning of our lives, we start on the road to authentic happiness. We will learn some exercises to start the journey to authentic happiness. Instr: Dana Essex.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jul 10 10:00am-11:30am	Res \$20 Non Res \$25	25910-01

## WHAT IS ALL THIS TALK ABOUT GRATITUDE

PCC-Education Wing, 14800 34th Avenue N

Everywhere, we hear that gratitude is good for us, but how does it work? Discover how gratitude can improve your mental health and aging. Try several easy, science-based ways to enhance how grateful you feel about yourself and your daily life. Instr: Dana Essex

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Aug 14 10:00am-11:30am	Res \$20 Non Res \$25	25911-01

## LIVING WELL FOR LIFE

PCC-Education Wing, 14800 34th Avenue N

Science discovered that taking good care of our bodies and minds requires specific behaviors. Learn how you sleep, rest, nourish and move your body, and stimulate your mind can result in improved health, reduced pain, less anxiety and depression over your lifetime. Take home several new practices for living well. Instr: Dana Essex.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Sep 11 10:00am-11:30am	Res \$20 Non Res \$25	25912-01

## **CAREGIVER SUPPORT GROUP**

Locations vary

Connect with other caregivers, talk about general aging issues and caring for loved ones with chronic conditions and/or dementia, and receive tips and resources from a licensed social worker who leads the group. Drop-in as your schedule allows. Instr: Krystal Wiebusch, Senior Community Services.

DAY/LOCATION	DATE & TIME	ACTIVITY
Third Wed. of month at PCC - Education wing 14800 34th Ave N	Jan 17-Dec 18 10:00am-11:30am	45909-01
Second Tues. of month Zoom (online)	Jan 9-Dec 10 4:30pm-6:00pm	45909-02

## **MEDICARE 101-JUST THE BASICS**

PCC-Education Wing, 14800 34th Avenue N

Hear about and discuss different parts of Medicare deductibles and what's covered, enrollment periods, and costs. Learn how to enroll to get additional coverage. Hear about Medicare Advantage plans and Medicare Supplements, Part D Drug Coverage, minimum requirements formularies, drug tiers and the donut hole and how to avoid penalties. Instr: Sarah Colpitts, Integrated Insurance Inc.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Jun 1 10:00am-10:45am	Res \$10 Non Res \$12	25903-01
18+	М	Jun 10 6:00pm-6:45pm	Res \$10 Non Res \$12	25903-02
18+	W	Jun 26 6:00pm-6:45pm	Res \$10 Non Res \$12	25903-03
18+	Sa	Jul 13 10:00am-10:45am	Res \$10 Non Res \$12	25903-04
18+	Fr	Jul 19 6:00pm-6:45pm	Res \$10 Non Res \$12	25903-05
18+	W	Jul 31 6:00pm-6:45pm	Res \$10 Non Res \$12	25903-06
18+	Sa	Aug 10 10:00am-10:45am	Res \$10 Non Res \$12	25903-07
18+	М	Aug 19 6:00pm-6:45pm	Res \$10 Non Res \$12	25903-08
18+	Th	Aug 29 6:00pm-6:45pm	Res \$10 Non Res \$12	25903-09

#### MEDICARE FOR VETERANS

PCC-Education Wing, 14800 34th Avenue N

Find out how Medicare Plans can help you when you are not close to a VA facility and give you some extra benefits. Instr. Sarah Colpitts, Integrated Insurance

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jun 20 6:00pm-6:45pm	Res \$10 Non Res \$12	25904-01
18+	М	Aug 5 6:00pm-6:45pm	Res \$10 Non Res \$12	25904-02



### **EDUCATION - RETIREMENT PLANNING AND BEYOND**

#### **SAVVY SOCIAL SECURITY**

### PCC-Education Wing, 14800 34th Avenue N

When should I file for Social Security benefits? If I file and continue to work, how will my benefits be affected? Will I pay taxes on my Social Security benefits? Don't miss out on potential opportunities to maximize your retirement income! No products sold. Thrivent financial professionals have general knowledge of the Social Security tenets. For complete details on your situation, contact the Social Security Administration.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	May 14 6:30pm-8:00pm	Res \$10 Non Res \$12	25384-01

### **ABUNDANCE: IN LIFE AND DEATH**

### PCC-Education Wing, 14800 34th Avenue N

Creating a plan to celebrate your life and to document your wishes starts with some necessary decisions. Cover the decisions and documents you need to complete for a successful aging plan. Week 1, Jun 4: Executors and Trustees: Who Can Speak For You? Week 2, Jun 11: Family Care giving and Aging in Place Week 3, Jun 18: Let's Talk Natural Death and Burials Week 4, Jun 25: Introduction to Aging Concierge. Workbook and worksheets provided when you attend 2 classes or more (\$50 value).Instr. Amy Miller. Our Family Encounter.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	Tu	Jun 4 7:00pm-8:30pm	Res \$25 Non Res \$30	25908-01
18+	Tu	Jun 11 7:00pm-8:30pm	Res \$25 Non Res \$30	25908-02
18+	Tu	Jun 18 7:00pm-8:30pm	Res \$25 Non Res \$30	25908-03
18+	Tu	Jun 25 7:00pm-8:30pm	Res \$25 Non Res \$30	25908-04

#### **SAVVY TAX STRATEGIES**

### PCC-Education Wing, 14800 34th Avenue N

Fact #1: Taxes can be complicated. Fact #2: No one wants to pay more than their fair share. Cut through the jargon and complexity to help you understand how to create an efficient retirement tax strategy. Learn how to avoid common - and costly - mistakes regarding your investments, health care and estate. No products are sold. For more information, see Thrivent. com/social Instr. Ed Sachs

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jun 13 6:30pm-8:00pm	Res \$10 Non Res \$12	25325-01

### **DON'T WORRY. RETIRE HAPPY**

### PCC-Education Wing, 14800 34th Avenue N

In retirement every day can be like a Saturday. That's a lot of time to fill and it's important to have a plan. Learn from financial expert Tom Hegna's book Don't Worry, Retire Happy: 7 steps to a secure retirement. No products will be sold. For additional information, see thrivent.com/social. Instr. Edward Sachs, Thrivent Financial.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jun 19 6:30pm-8:00pm	Res \$10 Non Res \$12	25376-01

### PREPARE YOUR OWN WILL

### PCC-Education Wing, 14800 34th Avenue N

Who would raise your children if you died? Who will be your executor? Without a will, the laws in Minnesota and a judge decide. Class is taught by an experienced attorney in drafting wills- Adam Altman. Leave with a simple will prepared. Instruction and all of the necessary forms, witnesses and notaries are provided. This is an individual will.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Jul 15 6:30pm-8:30pm	Res \$40 Non Res \$48	25330-01

### RETIREMENT PLANNING IN TODAY'S ECONOMY

### PCC-Education Wina, 14800 34th Avenue N

A comprehensive personal finance course designed to help you understand your retirement plan so you can prepare for and live the retirement you envision. Cover six retirement topics: Investment Planning, Income Planning, Healthcare Planning, Tax Planning, and Estate Planning. Includes 164 page course workbook.

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	Tu,Th	Aug 27-Aug 29 1:00pm-3:00pm	Res \$10 Non Res \$12	25360-01



### **EDUCATION - SENIOR HOUSING**

### HAVING A PLAN B: WHAT YOU NEED TO KNOW **ABOUT SENIOR HOUSING**

PCC-Education Wing, 14800 34th Avenue N

Have you thought about where you might live as you age? The options available to seniors for housing can be confusing and overwhelming. By participating in this course, you will leave with a understanding of the services available and the differences in those services. Instr: Janelle Meyers

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	Th	Aug 8 1:00pm-2:00pm	Res \$7 Non Res \$9	25914-01

### **SUMMER TOUR OF HOMES**

PCC-Event Wing, 14800 34th Avenue N

Curious about Senior Living? Join us for an intimate bus ride to Northwest area senior living communities. Visit up to 4 settings including independent living, assisted living, memory care and enhanced care. Lunch and snack provided. Depart from Plymouth Community Center. Parties must be able to enter/exit bus independently. Guided by Janelle Meyers, a certified senior advisor.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	Th	Sep 19 10:00am-4:00pm	Res \$30 Non Res \$50	25915-01

### **SECURITY**



### **AVOIDING ONLINE SCAMS**

PCC-Education Wing, 14800 34th Avenue N

Scammers take advantage of people online of all ages every day. We'll share the most common and current scams being reported and practical tips for determining if an inquiry is legitimate. We'll also discuss security settings to reduce risk, how, alerting authorities of a suspected scam, and how to file a report if you believe you've been scammed online. Instr: Senior Community Services

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	М	Jun 3 10:00am-11:00am	Res \$10 Non Res \$12	25906-01

### **TECHNOLOGY**

### **SOCIAL MEDIA FOR BUSINESS**

#### Online

Learn how to craft a simple but effective social media marketing strategy, listen directly to customers, and implement tips to grow your business all while staying organized without technology overwhelm. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	May 7 12:00pm-1:00pm	\$20	25329-01
18+	Th	Jul 18 12:00pm-1:00pm	\$20	25329-02

### **GROW YOUR BUSINESS WITH INSTAGRAM** Online

Learn the key steps needed in order to improve your company bottom line, gain more followers and make your content irresistible. Instr: Nickie Welsh, Social Club Simple

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	May 9 12:00pm-1:00pm	\$20	25335-01
18+	Tu	Jul 16 12:00pm-1:00pm	\$20	25335-02

### **USING SNAPCHAT SAFELY IN 2024!**

### Online

Learn the fundamentals of how the app works, how to set up safety features, how to check for profile details, and how advertisers work to target audience members. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	May 14 12:00pm-1:00pm	\$20	25368-01



### **EDUCATION - TECHNOLOGY**

### A PARENT'S GUIDE TO TIKTOK

#### Online

Look at the fastest growing social media app used by millions each day. Learn how it's used and how parents can also help their kids stay safe while on it. Instr. Nickie Welsh, Social Club SimpleClass recording will be emailed out after class for those that cannot attend live class. Follow up support included.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	May 16 12:00pm-1:00pm	\$20	25318-01

### HOW TO USE UBER FOR TRANSPORTATION INDEPENDENCE

#### Online

Expand your transportation options and independence through the ride sharing service, Uber. No experience required and training materials will be provided for each attendee. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	May 21 12:00pm-1:00pm	\$20	25392-01
18+	Tu	Jul 23 12:00pm-1:00pm	\$20	25392-02

### **CELL PHONES & PARENTING - OH MY!** Online

Understand recommended safety settings on popular social media apps, parental apps for your child's smartphone, and more! Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	May 23 12:00pm-1:00pm	\$20	25380-01
18+	Tu	Aug 13 12:00pm-1:00pm	\$20	25380-02

### HOW TO CREATE YOUR OWN YOUTUBE CHANNEL

#### Online

Join the world's largest media platform to share your hobbies, advice, instructions, gifts and more with the world and your audience! Instr: Nickie Welsh, Social Club Simple

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	May 28 12:00pm-1:00pm	\$20	25381-01
18+	Th	Aug 15 12:00pm-1:00pm	\$20	25381-02

### HOW TO PRESENT SOCIAL MEDIA ANALYTICS WITH EASE

#### Online

Expand your skills as you learn the basics to discuss social media analytics from Facebook, Instagram and YouTube. Instr: Nickie Welsh. Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	May 30 12:00pm-1:00pm	\$20	25372-01

### **GOOGLE SHEETS FOR AWESOME BEGINNERS**Online

You will learn to enter, organize, refine, analyze, and visualize your data using Google Sheets to move from novice to expert. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Jun 3 12:00pm-1:00pm	\$20	25373-01

### MY KID WANTS TO BE A YOUTUBER - HELP!

#### Online

Walk through the steps on how to set up a YouTube channel, safety settings, and consideration for kids having their own channel. Instr. Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jun 4 12:00pm-1:00pm	\$20	25374-01

### **HOW TO USE VENMO SAFELY IN 2024**

#### Online

Learn how to pay friends, businesses or receive money without using cash or checks. Instr: Nickie Welsh. Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jun 6 12:00pm-1:00pm	\$20	25375-01

### CREATE SOCIAL MEDIA CONTENT WITHOUT PANICKING

### Online

Learn helpful tips and strategies to create social media content to promote your business, product or service without panicking in front of the camera. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jun 11 12:00pm-1:00pm	\$20	25377-01
18+	Tu	Aug 20 12:00pm-1:00pm	\$20	25377-02

CLASS RECORDINGS WILL BE AVAILABLE FOR SOCIAL CLUB SIMPLE CLASSES FOR THOSE THAT CAN'T ATTEND LIVE. FOLLOW-UP SUPPORT IS ALSO INCLUDED.



### **HEALTH & FITNESS**

#### **BARRE**

### PCC-Active Wing, 14800 34th Avenue N

Barre is a full body workout that combines Yoga, ballet, Pilates and weights. This is a great class for anyone, even for those new to exercise, as you will engage all the muscles in the body. Just the right mix of high reps, low impact and high energy intervals that will increase your muscular endurance, strengthen and tone your whole body. Boost your metabolism and your mood! Feel the difference with Yoga Barre. Bring a hand towel and water. Instr. PR Brady. No program: 5/27, 5/29, 6/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	May 6-Jun 24 4:15pm-5:15pm	Res \$75 Non Res \$85	25401-01
18+	М	Jul 8-Aug 26 4:15pm-5:15pm	Res \$85 Non Res \$95	25401-02

### **BODY AND BRAIN BALANCE**

### PCC-Active Wing, 14800 34th Avenue N

A full body mobility, flexibility and balance class. Energetic awareness through breath and movement to help strengthen and enhance mobility and balance of both the body and mind as we age. A strong lower body and core is required for better balance and a strong mind is needed for balance in life. Life expectancy and new neuron pathways are created and increased through brain training and balance. Science has proven that we need balance to stay healthy and active. This class includes some brain flexibility training to help create a healthier more flexible brain. Instr. Heidi Neubauer ND. Wear sticky/arippy yoga socks to class. No program: 7/4.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jun 6-Jul 18 10:00am-11:10am	Res \$105 Non Res \$115	25439-01
18+	Th	Aug 8-Sep 12 10:00am-11:10am	Res \$105 Non Res \$115	25439-02

#### **FACIAL EXERCISE**

#### Zoom

This virtual class is geared for women. Just like the rest of your body, the face has muscles that can be tightened to lift up what gravity pulls down no matter what age. After an 1.5 hour practice session, sagging jowls, droopy eyelids, turkey neck, and many more facial muscles can be tightened through a 4-minute workout you can fit easily into your life. Have a small stand-up mirror handy. An instructional booklet will be emailed. Tessa has been teaching facial exercise for over 40 years. Instr. Tessa Hill.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Aug 14 6:00pm-7:30pm	Res \$31 Non Res \$36	25411-01

### PILATES MN - PILATES STRENGTH AND HIIT FUSION

Pilates MN. 2355 Polaris Lane North Suite 130

Elevate your fitness experience with our dynamic Pilates Strength and HIIT Fusion class. This unique session blends the core-strengthening principles of Pilates with the high-intensity intervals of High-Intensity Interval Training (HIIT). This class is designed to sculpt and strengthen your body while boosting cardiovascular endurance. Instr: Tina Uphoff, Pilates MN. No program: 7/3 \*This is an advanced class recommended for those already familiar with Pilates & strength training; not recommended for those recovering from injury.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jun 12-Jul 24 9:30am-10:20am	Res \$135 Non Res \$145	25457-01

### **PILATES MN - REFORMER PILATES**

Pilates MN. 2355 Polaris Lane North Suite 130

This intro class is the building block to your Pilates experience. The Reformer assists in doing exercises correctly, using core strength that will flatten and firm abs. Alignment, breathing and posture challenged. Instr: Pam Hasselbring, Pilates MN.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	May 8-Jun 12 6:30pm-7:20pm	Res \$135 Non Res \$145	25405-01
18+	Th	May 9-Jun 13 12:30pm-1:20pm	Res \$135 Non Res \$145	25405-02
18+	W	Jul 10-Aug 14 6:30pm-7:20pm	Res \$135 Non Res \$145	25405-03
18+	Th	Jul 11-Aug 15 12:30pm-1:20pm	Res \$135 Non Res \$145	25405-04

### POWER UP WITH LIGHTWEIGHTS

PCC-Active Wing, 14800 34th Avenue N

Start your day with a 30 minute strength class using light weights for an effective workout that will help you to feel stronger and well balanced. Instr: Michelle Jordahl.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Aug 6-Aug 27 9:30am-10:00am	Res \$35 Non Res \$45	25444-01



### **HEALTH & FITNESS**

### PROGRESSIVE STRENGTH ON ZOOM

ZoYoga & Fitness, Zoom

An online full body strength workout. You can use just bodyweight or add hand weights for more resistance. Movements and music will vary to make it an enjoyable fitness experience. All levels as long as you are able to get down onto your mat and back up. Participants will gain stronger muscles and bones and burn more calories at rest. Instr. Julie 70ril

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	May 15-Jun 12 6:00pm-6:45pm	Res \$44 Non Res \$54	25443-01
18+	F	May 17-Jun 14 9:00am-9:45am	Res \$44 Non Res \$54	25443-02

### SUMMER STRENGTH AND STABILITY

PCC-Active Wing, 14800 34th Avenue N

Stay on track with this summer routine that will engage your whole body and work to achieve a boost in metabolism, increase bone density and build lean muscles. This total body workout will activate the core to improve balance and increase functional strength to reduce risk of injury in our daily lives. Equipment will vary: Exercise ball, medicine ball, BOSU ball, resistance band, riser, TRX and various weighted equipment. Instr. Jan Larsen. No program: 6/19, 8/7.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	W	May 29-Jun 26 4:30pm-5:30pm	Res \$45 Non Res \$55	25434-01
18+	W	Jul 31-Aug 28 4:30pm-5:30pm	Res \$45 Non Res \$55	25434-02

### TAI CHI CHIH

#### TAI CHI CHIH

T'Al CHIH®, "Joy Through Movement" is not a martial art; it is a carefully structured sequence of gentle movements which are performed as a moving meditation. Regular practice of T'ai Chi Chih can improve balance, reduce stress, and produce an overall calming impact and a sense of grounding and wellbeing. A very useful practice for our challenging world.

### TAI CHI CHIH 1

PCC-Active Wing, 14800 34th Avenue N

This beginner class offers the underlying principles and detailed instruction in majority of the 19 movements. Students will also be introduced to preparing mind and body to enhance the benefits of T'ai Chi Chih practice. Instr: Silvia Yueh. No program: 7/2.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jun 4-Jul 9 10:00am-11:00am	Res \$50 Non Res \$60	25416-01

### TAI CHI CHIH 2

PCC-Active Wing, 14800 34th Avenue N

Pre-requisite: T'ai Chi Chih 1, or previous experience with T'ai Chi Chih practice. This class will build upon the teachings explored in T'ai Chi Chih 1, concentrating on the remaining of the 19 movements. Attention will be given to deepening the understanding of the principles of T'ai Chi Chih movements. At the end of the class, students will be able to complete all 19 movements and one pose in sequence. Instr. Silvia Yueh. No program: 6/19, 7/3.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jun 5-Jul 10 10:00am-11:00am	Res \$41 Non Res \$51	25412-01

### TAI CHI CHIH 3

PCC-Active Wing, 14800 34th Avenue N

Pre-Requisite: T'ai Chi Chih 1 & 2, or previous experience with all of T'ai Chi Chih movements. This is a group class for those who enjoy the benefits of T'ai Chi Chih practice and wish to deepen their understanding of the principles of this moving meditation. All 19 movements and one pose are completed in sequence at each class. Instr: Silvia Yueh. No program: 7/2.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jun 4-Jul 9 11:15am-12:15pm	Res \$50 Non Res \$60	25417-01





### **HEALTH & FITNESS - YOGA**

### **SLOW FLOW YOGA ON ZOOM**

ZoYoga & Fitness, Zoom

An online class where you will enjoy flowing movement and smooth transitions mixed with balances and stretches. Works for all levels as long as you are able to get down onto your mat and back up. Participants will work through body aches and busy minds. This class promotes joint health, flexibility, circulation, and mental focus. You will receive an email with instructions from ZYF at least 24 hours before class begins. Instr. Julie Zoril.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	May 16-Jun 13 6:00pm-6:45pm	Res \$44 Non Res \$54	25464-01

### **YOGA EASY**

PCC-Active Wing, 14800 34th Avenue N

Enjoy a soothing stretch journey celebrating life with body, mind and spirit! Strengthens and conditions muscles as it relieves stiff joints and aids balance and breath. All postures have modifications. Instr: Clare Rubin. No program: 7/5.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	May 24-Jul 12 9:00am-10:00am	Res \$89 Non Res \$99	25420-01
18+	F	Jul 19-Aug 30 9:00am-10:00am	Res \$89 Non Res \$99	25420-02

### YOGA FLOW AND ROLL WITH MICHELLE

PCC-Active Wing, 14800 34th Avenue N

This easy and effective class will begin with Vinyasa Yoga and end with Yoga Tune Up Ball rolling (Myofascial release). Get to know your body better and address the tight spots in your body. Yoga to stretch and balance your body and mind, rolling to help your flexibility. Please bring a Yoga mat, bottled water, and two 4 inch yoga blocks. We will have some blocks available. Some balls will also be available for use and purchase. Instr: Michelle Jordahl. Please note that the May session will be outside in the garden.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	May 7-May 28 10:15am-11:15am	Res \$45 Non Res \$55	25429-01
18+	Tu	Aug 6-Aug 27 10:15am-11:15am	Res \$45 Non Res \$55	25429-02

### YOGA WITH PR

### **ADAPTIVE SLOW FLOW**

PCC-Active Wing, 14800 34th Avenue N

An energizing hour of Yoga that includes breathwork, a little meditation, movement, balance, strength and stretch. Bring your mat, and water. Instr: PR Brady. No program: 5/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
14+	М	May 6-Jun 24 11:15am-12:15pm	Res \$75 Non Res \$85	25463-01
14+	М	Jul 8-Aug 26 11:15am-12:15pm	Res \$85 Non Res \$95	25463-02

### YOGA WITH PR

### **CHAIR YOGA**

PCC-Active Wing, 14800 34th Avenue N

If your body craves movement but finds it challenging to get down to a yoga mat, chair yoga may be just what you need. Breathwork, gentle poses to increase flexibility and balance, and a relaxing savasana. If you stand or sit all day, are tense, inflexible, or have contraindications that keep you from the floor, this class is for you. Please email amosack@plymouthmn.gov if you would like to participant via zoom only. No program: 5/27. Instr: PR Bradv.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	May 6-Jun 24 10:00am-11:00am	Res \$75 Non Res \$85	25419-01
18+	М	Jul 8-Aug 26 10:00am-11:00am	Res \$85 Non Res \$95	25419-02

### **HAPPY JOINTS YOGA**

PCC-Active Wing, 14800 34th Avenue N

A hour of dedicated care to gently increase the body's range An hour of dedicated care to gently increase flexibility, mobility and the body's range of motion. Ease the aches and pains associated with "computer body". Let that tension go with specific sequences focused on nurturing and nourishing the soft tissue of the joints and body. If you stand or sit all day, are tense, or inflexible, this practice is for you. Instr: PR Brady. No program: 5/27, 5/28.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	May 6-Jun 24 8:30am-9:30am	Res \$75 Non Res \$85	25460-01
18+	Tu	May 7-Jun 25 6:15pm-7:15pm	Res \$75 Non Res \$85	25460-02
18+	М	Jul 8-Aug 26 8:30am-9:30am	Res \$85 Non Res \$95	25460-03
18+	Tu	Jul 9-Aug 27 6:15pm-7:15pm	Res \$85 Non Res \$95	25460-04

### **CANCELLATION POLICY**

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.



### **HEALTH & FITNESS - YOGA WITH PR**

### MINI MORNING GRATITUDE YOGA

#### Zoom

Wake up and join a mini yoga practice that includes breathwork, a little meditation and a short, energizing yoga practice. If you stand or sit all day, feel tight, tense, inflexible, or experience anxiety, this is for you. Now is the perfect time to try some yoga in the privacy of your own space. Start your day with energy, positivity, and sense of calm. All you need is a mat and blanket

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M-F	Jun 3-Jun 28 6:00am-6:45am	Res \$79 Non Res \$89	25454-01
18+	M-F	Jul 8-Aug 2 6:00am-6:45am	Res \$79 Non Res \$89	25454-02
18+	M-F	Aug 5-Aug 30 6:00am-6:45am	Res \$79 Non Res \$89	25454-03

### **SCULPT YOGA**

### PCC-Active Wing, 14800 34th Avenue N

Increase your strength and stamina with an energizing practice that intertwines classic yoga asanas with light weights and mindful movement. Improve posture, balance, breath and flexibility. If you are looking to gently boost your overall strength and wellbeing, this practice is for you. Great for anyone looking for a change in their fitness routine. Bring your mat and some water. Instr. PR Brady, No program: 5/28, 5/29, 6/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	May 7-Jun 25 5:00pm-6:00pm	Res \$75 Non Res \$85	25437-01
18+	W	May 8-Jun 26 10:00am-11:00am	Res \$65 Non Res \$75	25437-02
18+	Tu	Jul 9-Aug 27 5:00pm-6:00pm	Res \$85 Non Res \$95	25437-03
18+	W	Jul 10-Aug 28 10:00am-11:00am	Res \$85 Non Res \$95	25437-04

#### **SLOW FLOW YOGA**

### PCC-Active Wing, 14800 34th Avenue N

An energizing hour of Yoga to let go of your hectic day, that includes breathwork, a little meditation, movement, balance, strength and stretch. Reset your mind, body and spirit, wind down your day with positivity and a sense of serene calm. Bring your mat, a blanket, and water. Instr: PR Brady. No program: 5/29, 6/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	May 8-Jun 26 11:15am-12:15pm	Res \$65 Non Res \$75	25408-01
18+	W	Jul 10-Aug 28 11:15am-12:15pm	Res \$85 Non Res \$95	25408-02

### **YIN YOGA**

### PCC-Active Wing, 14800 34th Avenue N

Yin Yoga involves relaxing the body right up to ones' healthy edge—wherever your edge may be. We breathe "into" the muscles as we engage them, which allows them to stretch. This results in feeling more balanced, less stressed, less restless; and gives more strength and energy than it takes away. Yin lives halfway between active exercise and total stillness. If you stand or sit all day, are tense, inflexible, experience anxiety, or have an overactive life this is for you. Inst: PR Brady. No program 5/28.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	May 7-Jun 25 7:30pm-8:45pm	Res \$75 Non Res \$85	25442-01
18+	Tu	Jul 9-Aug 27 7:30pm-8:45pm	Res \$85 Non Res \$95	25442-02

### STRENGTH FLOW IN THE GARDEN

### PCC-Event Wing, 14800 34th Avenue N

An energizing hour of Yoga movement outside! Combining the slow flow of gentle stretch and balance with serious strength poses, working the core from the modification up. Great practice for all levels. Start your day honoring the sun with an invigorating asana in the garden. Bring your mat and water. Instr: PR Brady. No program 5/29, 6/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	May 8-Jun 26 8:30am-9:30am	Res \$65 Non Res \$75	25438-01
18+	W	Jul 10-Aug 28 8:30am-9:30am	Res \$85 Non Res \$95	25438-02

### **STRENGTH YOGA**

### PCC-Active Wing, 14800 34th Avenue N

Increase your strength and stamina with a practice that intertwines classic yoga asanas with isometrics and mindfulness—no actual weightlifting involved. Improve posture, balance, breath and flexibility. Build strength without bulk or stressing weak or injured muscle or joints. If you are just starting movement and strength training or are recovering from an injury and want to rebuild your strength this practice is for you. Great for individuals experiencing minor joint discomfort or anyone looking for a change in their fitness routine. Bring your mat and some water. Instr: PR Brady. No program: 5/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	May 6-Jun 24 6:45pm-7:45pm	Res \$75 Non Res \$85	25449-01
18+	М	Jul 8-Aug 26 6:45pm-7:45pm	Res \$85 Non Res \$95	25449-02



### SUMMER BEACH SERIES

### **May 23**

6:00-8:00pm Beaches and Bonfires

East Medicine Lake beach, 1740 E Medicine Lk Blvd

### **June 21**

6:00-8:30pm *Parker's Lake Play Day* Parkers Lake Park, 15500 Co. Rd. 6

### **August 9**

6:00-9:00pm *Beaches, Bands & Brews*East Medicine Lake beach, 1740 E Medicine Lk Blvd



plymouthmn.gov/specialevents

### **HEALTH & FITNESS - ZUMBA**

### ZUMBA

Zumba takes the work out of workout. Class is easy, aerobic and lots of fun. This dance fitness fuses Latin rhythms with easy-to-follow moves. A dynamic, complete body workout with an emphasis on arms, legs, abdomen and heart! Instr: Gina Galindo. No program: 5/27.

### **ZUMBA LEVEL 1**

PCC-Active Wing, 14800 34th Avenue N

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	М	May 6-Jun 17 5:30pm-6:30pm	Res \$59 Non Res \$69	25409-01
16+	W	May 8-Jun 12 6:45pm-7:45pm	Res \$59 Non Res \$69	25409-02
16+	Th	May 9-Jun 20 5:30pm-6:30pm	Res \$68 Non Res \$78	25409-03
16+	М	Jul 8-Aug 19 5:30pm-6:30pm	Res \$68 Non Res \$78	25409-04
16+	W	Jul 10-Aug 21 6:45pm-7:45pm	Res \$68 Non Res \$78	25409-05
16+	Th	Jul 11-Aug 22 5:30pm-6:30pm	Res \$68 Non Res \$78	25409-06

### **ZUMBA LEVEL 2**

PCC-Active Wing, 14800 34th Avenue N

DAY	DATE & TIME	COST	ACTIVITY
Tu	May 7-Jun 18 6:45pm-7:45pm	Res \$68 Non Res \$78	25410-01
W	May 8-Jun 12 5:30pm-6:30pm	Res \$59 Non Res \$69	25410-02
Th	May 9-Jun 20 10:15am-11:15am	Res \$68 Non Res \$78	25410-03
Tu	Jul 9-Aug 20 6:45pm-7:45pm	Res \$68 Non Res \$78	25410-04
W	Jul 10-Aug 21 5:30pm-6:30pm	Res \$68 Non Res \$78	25410-05
Th	Jul 11-Aug 22 10:15am-11:15am	Res \$68 Non Res \$78	25410-06
	Tu W Th Tu W	Tu May 7-Jun 18 6:45pm-7:45pm  W May 8-Jun 12 5:30pm-6:30pm  Th May 9-Jun 20 10:15am-11:15am  Tu Jul 9-Aug 20 6:45pm-7:45pm  W Jul 10-Aug 21 5:30pm-6:30pm  Th Jul 11-Aug 22	Tu May 7-Jun 18 Res \$68 6:45pm-7:45pm Non Res \$78  W May 8-Jun 12 Fes \$59 Non Res \$69  Th May 9-Jun 20 Res \$68 Non Res \$78  Tu Jul 9-Aug 20 Res \$68 Non Res \$78  W Jul 10-Aug 21 Res \$68 Non Res \$78  Th Jul 11-Aug 22 Res \$68  Th Jul 11-Aug 22 Res \$68

### **ZUMBA GOLD**

PCC-Active Wina, 14800 34th Avenue N

Fitness class for senior adults that uses exciting Latin and international dance rhythms. Class is modified for beginner participants. No dance experience necessary. Comfortable clothing and workout shoes recommended. Using dance and fitness moves, experience a complete body workout. Instr: Gina Galindo.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	Tu	May 7-Jun 18 8:45am-9:45am	Res \$68 Non Res \$78	25418-01
18+	Th	May 9-Jun 20 9:00am-10:00am	Res \$68 Non Res \$78	25418-02
18+	Tu	Jul 9-Aug 20 8:45am-9:45am	Res \$68 Non Res \$78	25418-03
18+	Th	Jul 11-Aug 22 9:00am-10:00am	Res \$68 Non Res \$78	25418-04



### **OUTDOOR RECREATION**

### **FIRST SAIL**

### Wayzata Community Sailing Center, 426 Arlington Circle

A fun first introductory lesson to sailing just for adults in a small group setting (1 Instructor to 3 students). Learn the basics and experience the excitement of sailing on Lake Minnetonka. Lessons will begin with sailing basics, followed by on-water instruction with Wayzata Sailing's Certified Instructors. Skills include: Basic tiller steering, points of sail and basic sail trim. Dress appropriately for the weather and outdoors. Personal Floatation Device and sailboat are included.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Jul 12 5:00pm-8:00pm	Res \$48 Non Res \$60	25225-01
18+	F	Aug 2 5:00pm-8:00pm	Res \$48 Non Res \$60	25225-02

### WATER SPORTS: INTRO TO STAND UP PADDLEBOARD

East Medicine Lake Park, 1740 East Medicine Lake Boulevard

An introductory class to stand up paddle boarding. Focusing on the fundamentals, proper safety for a great foundation for future paddling. No previous experience necessary. Expect to get wet, and spend time in the water. All equipment provided including life jacket.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8+	Tu	May 28 5:00pm-6:00pm	Res \$53 Non Res \$60	25226-01
8+	Sa	Jun 1 8:00am-9:00am	Res \$50 Non Res \$60	25226-02

### SUP PADDLEBOARD FITNESS

East Medicine Lake Park, 1740 East Medicine Lake Boulevard

Stand up Paddle boarding Fitness will introduce you to the training benefits of PaddleFit through a fun and challenging fitness class on the water. Benefits include balance, endurance, strength, focus and fun. Class accommodates all skill and fitness levels. Some previous paddling required. Must be comfortable in the water and able to swim independently in deep water. Paddleboard provided. Certified Instructor Betty's Board Shop.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jun 4-Jun 25 6:00pm-7:00pm	Res \$90 Non Res \$105	25431-01
18+	Tu	Jul 9-Jul 30 6:00pm-7:00pm	Res \$90 Non Res \$105	25431-02
18+	Tu	Aug 13-Aug 27 6:00pm-7:00pm	Res \$90 Non Res \$105	25431-03



### **SAFETY**

### ADULT AND PEDIATRIC FIRST AID AND CPR/AED

PCC-Education Wing, 14800 34th Avenue N

This class will teach you how to respond to life threatening emergencies by providing effective CPR and administration of AED for Children, Adults, and infants alike who are experiencing a cardiac or respiratory emergency.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Th	Jun 27 5:00pm-7:45pm	Res \$75 Non Res \$65	26516-01
16+	W	Aug 28 4:00pm-9:00pm	Res \$90 Non Res \$80	26516-02

### **GRANDPARENTS: GETTING STARTED**

PCC-Education Wing, 14800 34th Avenue N

This training is to prepare grandparents to safely care for infants and children while following the latest recommendations by doctors and scientists. Build on your own knowledge of caring for children and infant's physical and emotional health by discussing managing behaviors and practicing life-saving skills such as choking rescue, pediatric first aid, and CPR.

AGES	DAY	DATE & TIME	COST	ACTIVITY
40+	Sa	Aug 24 9:00am-12:30pm	Res \$78 Non Res \$68	25502-02



**SPORTS - BADMINTON** 

### **BADMINTON - ADULT OPEN**

PCC-Active Wing, 14800 34th Avenue N

We supply the net and the birdies; you supply the racket. Limited number of loaner rackets available. Players must pre-register for this program. Registration is limited. No program: 7/2.

Program is for recreation and exercise. Courts do not have regulation badminton lines, but use similar pickleball lines for play.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	May 14-Jun 11 6:00pm-8:30pm	Res \$35 Non Res \$42	25205-01
18+	Tu	Jun 18-Jul 23 6:00pm-8:30pm	Res \$35 Non Res \$42	25205-02
18+	Tu	Jul 30-Aug 27 6:00pm-8:30pm	Res \$35 Non Res \$42	25205-03

### **GOLF**

### **GOLF - ADULT NEW GOLFER**

Parkers Lake Golf Center, 1050 Vicksburg Lane

Taught by professionals of Three Rivers Golf, lessons are designed for the golfer with little experience playing golf. Less than three years of playing experience or play less than 10 rounds a season. This class will incorporate golf etiquette, simple rules, drills and swing instruction into each lesson. Lessons will cover irons, driving, chipping, and putting. Price includes golf balls. Bring your own clubs – limited loaners available. Call 763-475-4668 on rainy days to see if the course is open. Rainouts will be made up the following week each session.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	M,W	April 29-May 8 10:00am-10:55am	Res \$110 Non Res \$121	25212-01
18+	Tu,Th	May 7-May 16 6:00pm-6:55pm	Res \$110 Non Res \$121	25212-02
18+	M,W	Jun 3-Jun 12 5:00pm-5:55pm	Res \$110 Non Res \$121	25212-03
18+	M,W	Jul 8-Jul 17 6:00pm-6:55pm	Res \$110 Non Res \$121	25212-04
18+	Tu,Th	Jul 23-Aug 1 11:00am-11:55am	Res \$110 Non Res \$121	25212-05

### GOLF

### **GOLF - WOMEN NEW GOLFER**

Parkers Lake Golf Center, 1050 Vicksburg Lane

Taught by professionals of Three Rivers Golf, lessons provide a comfortable approach for women with little or no playing experience. In addition to explanation of beginning golf skills, the program will explain golf facility and course etiquette along with an explanation of playing rules and equipment. Price includes golf balls. Bring your own clubs - limited loaners available. Call 763-475-4668 on rainy days to see if the course is open. Rainouts will be made up the following week each session

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu,Th	April 30-May 9 10:00am-10:55am	Res \$110 Non Res \$121	25214-01
18+	Tu,Th	May 7-May 16 5:00pm-5:55pm	Res \$110 Non Res \$121	25214-02
18+	Tu,Th	Jun 4-Jun 13 6:00pm-6:55pm	Res \$110 Non Res \$121	25214-03
18+	Tu,Th	Jul 9-Jul 18 6:00pm-6:55pm	Res \$110 Non Res \$121	25214-04
18+	M,W	Jul 22-Jul 31 10:00am-10:55am	Res \$110 Non Res \$121	25214-05

### MARTIAL ARTS



### SHOSHIN RYU JUJITSU TEEN/ADULT Shoshin Ryu Martial Arts, 13605 27th Avenue N

Shoshin Ryu is a Japanese-based system of Martial Arts. It is both bujutsu (a school emphasizing effective martial arts techniques) and budo (a school emphasizing personal character development). Shoshin changes to fit the challenges of the times, yet carries with it the essence of previous generations. Shoshin students will learn striking, throwing, forms, ground skills, and weaponry, combining to form a power arsenal of self defense tools; all the while perfecting one's character. Instr. Brian Combo. No program: 7/1, 7/3.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13+	М	Jun 10-Aug 5 7:00pm-8:00pm	Res \$87 Non Res \$99	25217-01
13+	W	Jun 12-Aug 7 7:00pm-8:00pm	Res \$87 Non Res \$99	25217-02



**SPORTS - PICKLEBALL** 

### **PICKLEBALL - ADULT OPEN**

### Bass Lake Playfield, 5450 Northwest Boulevard

Enjoy pickleball at Bass Lake Playfield this spring/summer/fall. These times are reserved for community open play for all, with strict rotational rules. When others are waiting, games will have a set score to play to, then a new group of 4 will take the court. All participants must monitor each other for court rotation. Paddle holder should be utilized for "next up" on the courts. Players will need to provide their own equipment.

Monday - Friday

8 am - 11 am

April 29 - Sep. 27 (as weather allows)

### **PICKLEBALL TOURNAMENTS**

Plymouth Parks & Recreation will be offering a pickleball tournament the weekend of June 8 & 9 at the Bass Lake Courts.

More information on the tournament will be available on the city website by mid-March.

#### **PICKLEBALL - LESSONS**

#### Bass Lake Playfield, 5450 Northwest Boulevard

Learn the basics of pickleball, one of the fastest growing sports for all ages. Rules, scoring, volleys, player position and more will be covered. Game play time will be available each session. Beginner Lessons

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+ beginner	Su	April 28-May 19 5:00pm-6:30pm	Res \$98 Non Res \$112	25201-01
16+ int/adv	Su	April 28-May 19 6:30pm-8:00pm	Res \$98 Non Res \$112	25201-02
16+ beginner	Su	Jun 2-Jun 23 5:00pm-6:30pm	Res \$98 Non Res \$112	25201-03
16+ int/adv	Su	Jun 2-Jun 23 6:30pm-8:00pm	Res \$98 Non Res \$112	25201-04
16+ beginner	Su	Jul 14-Aug 4 5:00pm-6:30pm	Res \$98 Non Res \$112	25201-05
16+ int/adv	Su	Jul 14-Aug 4 6:30pm-8:00pm	Res \$98 Non Res \$112	25201-06

#### **PICKLEBALL LEAGUES**

In these leagues, sign up as an individual. Each week you will be grouped with 4-5 other players, and you will play a game with each of them as your partner to 15 points. As you win/lose, you go up or down the rankings, so players move up or down the ladder on a weekly basis. Should be beginner level (2-3.5 if you know your player rating). Players should know rules and how to score. For specific questions on the league, contact Dan Richards at 612-483-0972. No program: 5/27, 6/19.

### **PICKLEBALL - BEG/INT LEAGUE**

Bass Lake Playfield, 5450 Northwest Boulevard

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+ co-rec	М	April 29-Jun 24 6:00pm-9:00pm	Res \$125 Non Res \$137	25202-01
18+ women	W	May 1-Jun 26 6:00pm-9:00pm	Res \$125 Non Res \$137	25202-02
18+ co-rec	М	Jul 8-Aug 26 6:00pm-9:00pm	Res \$125 Non Res \$137	25202-03
18+ women	W	Jul 10-Aug 28 6:00pm-9:00pm	Res \$125 Non Res \$137	25202-04

### PICKLEBALL - CO-REC BEG/INT 35 & UNDER

Zachary Playfield, 4355 Zachary Lane

AGES	DAY	DATE & TIME	COST	ACTIVITY
35 & under	Tu	May 7-Jun 25 6:00pm-9:00pm	Res \$125 Non Res \$137	25233-01
35 & under	Tu	Jul 9-Aug 27 6:00pm-9:00pm	Res \$125 Non Res \$137	25233-02

### PICKLEBALL - MEN'S BEG/INT LEAGUE

Zachary Playfield, 4355 Zachary Lane

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	May 9-Jun 27 6:00pm-9:00pm	Res \$125 Non Res \$137	25234-01
18+	Th	Jul 11-Aug 29 6:00pm-9:00pm	Res \$125 Non Res \$137	25234-02

### SOCCER

### **SOCCER - ADULT PROGRAM**

PCC Fieldhouse, 14800 34th Avenue N

Co-Rec soccer on a social level. Not for the aggressive/ competitive player. No slide tackling, shin guards recommended. Teams formed on site by captains each week. Pre-registration required.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Su	May 5-Jun 9 4:30pm-6:00pm	Res \$35 Non Res \$42	25215-01
18+	F	May 3-Jun 7 6:00pm-7:30pm	Res \$35 Non Res \$42	25215-02
18+	Su	Jun 16-Jul 21 4:30pm-6:00pm	Res \$35 Non Res \$42	25215-03
18+	F	Jun 14-Jul 19 6:00pm-7:30pm	Res \$35 Non Res \$42	25215-04
18+	Su	Jul 28-Sep 1 4:30pm-6:00pm	Res \$35 Non Res \$42	25215-05
18+	F	Jul 26-Aug 30 6:00pm-7:30pm	Res \$35 Non Res \$42	25215-06
		0.00pm-7.30pm	11011 NES 342	

### MEN'S AND CO-REC OFFICIATED SOCCER LEAGUES

Parkers Lake Playfield, 15500 Co Rd 6

Play 6 v 6 plus goalie. Roster limit is 16. No games on July 7. Registration starts March 1. Limited to 8 teams.

Parkers Lake is a natural arass field.

AGES	DAY	DATE & TIME	COST	ACTIVITY
19+	Su	Jun 9-Jul 28 6:00pm-9:00pm	\$350/team	25230 men
19+	Su	Jun 9-Jul 28 6:00pm-9:00pm	\$350/team	25231 co-rec



#### **SPORTS - STAND UP PADDLEBOARD**

### SUP PADDLEBOARD FITNESS

East Medicine Lake Park, 1740 East Medicine Lake Boulevard

Stand up Paddle boarding Fitness will introduce you to the training benefits of PaddleFit through a fun and challenging fitness class on the water. Benefits include balance, endurance, strength, focus and fun. Class accommodates all skill and fitness levels. Some previous paddling required. Must be comfortable in the water and able to swim independently in deep water. Paddleboard provided. Certified Instructor Betty's Board Shop.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jun 4-Jun 25 6:00pm-7:00pm	Res \$90 Non Res \$105	25431-01
18+	Tu	Jul 9-Jul 30 6:00pm-7:00pm	Res \$90 Non Res \$105	25431-02



### **TENNIS**

### **TENNIS - ADULT BEGINNER**

Parkers Lake Playfield, 15500 County Road 6

Classes are for those who have little or no tennis experience. Learn the basic strokes and begin to rally. All participants will be given a new tennis racquet. All classes taught by USTA-trained instructors. Rainouts are made up the next corresponding day/time following the program. In case of inclement weather, call 763-509-5205 (no sooner than 30 minutes before you lesson). No program: 7/1.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Jun 3-Jul 8 6:00pm-7:00pm	Res \$65 Non Res \$75	25209-01
18+	М	Jul 22-Aug 19 6:00pm-7:00pm	Res \$65 Non Res \$75	25209-02

### **TENNIS - ADULT INTERMEDIATE**

Parkers Lake Playfield, 15500 County Road 6

Classes are for those continuing to develop their stroke consistency and accuracy while learning net play, court coverage, and match strategy. Players are ready for formal, organized play if they choose. All classes taught by USTA-trained instructors. Rainouts are made up the next corresponding day/time following the program. In case of inclement weather, call 763-509-5205 (no sooner than 30 minutes before your lesson). No program: 7/1.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Jun 3-Jul 8 7:15pm-8:15pm	Res \$65 Non Res \$75	25220-01
18+	М	Jul 22-Aug 19 7:15pm-8:15pm	Res \$65 Non Res \$75	25220-02

### **MEN'S TENNIS LEAGUE**

Wayzata High School, 4955 Peony Lane

Recreational program geared for adults wanting to play scheduled matches and meet new people. Participants should be proficient in the game and know the rules. League may co-op with surrounding suburbs if needed. Matches at Wayzata High School and/or surrounding suburb courts. Players report scores to the Parks & Recreation Office each week to keep standings. No Matches: Jul 4.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jun 6-Aug 22 6:30pm-8:00pm	Res \$33 Non Res \$39	25224-01

### **WOMEN'S TENNIS LEAGUE**

Wayzata High School, 4955 Peony Lane

Recreational program geared for adults wanting to play scheduled matches and meet new people. League may co-op with surrounding suburbs if needed. Matches at Wayzata High School and/or surrounding suburb courts. Players report scores to the Parks & Recreation Office each week to keep standings. No matches Jul 2...

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jun 4-Aug 20 6:30pm-8:00pm	Res \$33 Non Res \$39	25222-01

#### VOLLEYBALL

### **VOLLEYBALL - ADULT OPEN**

PCC-Active Wing, 14800 34th Avenue N

We supply the net, volleyballs and setup. Players rotate on the court depending on the number of people. Participants will need to pre-register for this program. No program: 6/19, 7/3.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	May 29-July 17 6:00pm-8:30pm	Res \$42 Non Res \$49	25204-01
18+	W	July 24-August 28 6:00pm-8:30pm	Res \$42 Non Res \$49	25204-02



#### **SPORTS - ADULT LEAGUES**

### **BOCCE BALL LEAGUE**

Elm Creek Playfield - 4905 Peony Lane

Have a 'smashing' good time! Teams of 2-4 (may consist of men/women) play 7 matches. League champions will receive championship t-shirts. Get your friends or co-workers together and sign-up quickly. Equipment provided. No program 7/4.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jun 6-Jul 25 6:00pm-7:30pm	\$75/team	25221

### **SOFTBALL - MEN'S TOURNAMENT**

Elm Creek Playfield, 4905 Peony Lane

One Day Tournament. 3 pool play and 1 bracket game on Saturday. Sunday used for makeups if needed. Plymouth provides softballs. Registration starts Feb 5

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	May 4 8:00am-6:00pm	\$225/team	25208

### **SOFTBALL LEAGUES**

Men's leagues play double-headers, (games at 6:15 & 7:15 or 8:15 & 9:15 p.m.) at Elm Creek Playfield. Men's leagues are 10 weeks (20 league games plus at least 1 playoff game) D & E leagues may be combined, based on the number of teams.

Co-Rec league plays one game per night (6:15, 7:15, 8:15, or 9:15 p.m.) at Elm Creek Playfield. Co-Rec leagues are 10 weeks (10 league games plus at least 1 playoff game)

League champion receives regional/state berth (after paying \$210 deposit) and t-shirts for players.

Schedules to be out by 3rd week of April. Registration: January 8 - all teams. March 29 - deadline (unless fills before this date). Full set of house league rules at www.plymouthmn.gov

### **SOFTBALL - MONDAY MEN'S D LEAGUE**

Elm Creek Playfield, 4905 Peony Lane

Registration starts January 8. No Games: May 27 or July 1"

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	May 6-Jul 22 6:15pm-10:15pm	\$980/team	25200

### **SOFTBALL - MONDAY MEN'S E LEAGUE**

Elm Creek Playfield, 4905 Peony Lane

Registration starts January 8. No Games: May 27 or July 1

AG	ES	DAY	DATE & TIME	COST	ACTIVITY
18+		М	May 6-Jul 22 6:15pm-10:15pm	\$980/team	25201

### **SOFTBALL - THURSDAY MEN'S D LEAGUE**

Elm Creek Playfield, 4905 Peony Lane

Registration starts January 8. No Games: July 4

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	May 9-Jul 18 6:15pm-10:15pm	\$980/team	25204

#### **SOFTBALL - THURSDAY MEN'S E LEAGUE**

Elm Creek Playfield, 4905 Peony Lane

Registration starts January 8. No Games: July 4

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	May 9-Jul 18 6:15pm-10:15pm	\$980/team	25205

#### SOFTBALL - THURSDAY CO-REC LEAGUE

Elm Creek Playfield, 4905 Peony Lane

Registration starts January 8. No Games: July 4

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	May 9-Jul 18 6:15pm-10:15pm	\$565/team	25207

#### **VOLLEYBALL - MEN'S SAND LEAGUE**

Elm Creek Playfield, 4905 Peony Lane

4 on 4 play (can roster up to 8). Teams call their own violations. Roster limit is 12. Register online or call 763-509-5200 to register or for details. No program: July 2.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jun 4-Jul 23 6:15pm-9:00pm	\$150/team	25211

### **CO-REC SAND VOLLEYBALL LEAGUE**

Elm Creek Playfield - 4905 Peony Lane

Play with up to 3 men and 3 women per team on the court (4 player minimum). Teams call their own violations. Roster limit is 12. Register online or call 763-509-5200 to register or for details. No program: 7/3.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jun 5-Jul 24 6:15pm-9:00pm	\$150/team	25223

### **5 X 5 UNOFFICIATED BASKETBALL LEAGUE**

Armstrong HS - 10635 - 36th Ave N.

No referees, call your own fouls. Timekeeper supplied. Limited to 8 teams for summer play. Supply your own ball. No games 7/1.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Jun 10-Aug 5 6:00pm-10:00pm	\$175/team	25220

SEE PICKLEBALL & SOCCER LEAGUES ON PG 81 AND TENNIS LEAGUES ON PAGE 82

### 55+/ SENIOR GROUPS

Groups noted below are currently meeting in 2024 at the Plymouth Community Center (unless noted with \*\*). Interested in starting a group? Contact us at 763-509-5225

	MEETING SCHEDULE	TIME	ACTIVITY CODE	PRICE
MONDAYS				res/non res
Evening Bridge	Every Monday	6:30pm-9:00pm	46910-03	\$25 / \$35
Plymouth Rockers	Every Monday	9:30am-12:00pm	45903-03	\$25 / \$35
Writers Group	Every Monday	1:00pm-3:00pm	46909-03	\$20 / \$30
TUESDAYS				
Caregiver Support (online)	2nd Tuesday	4:30pm-6:00pm	45909-02	no fee
Mah Jongg	Every Tuesday	12:30pm-4:00pm	46911-03	\$25 / \$35
Men's Club	4th Tuesday	9:00am-10:30am	46918-03	\$25 / \$35
Ukulele Club	Every Tuesday	10:00am-12:00pm	46900-01	\$20 / \$30
Story Time Players	1st & 3rd Tuesdays (Sept-May)	1:00pm-3:00pm	45900-03	\$20 / \$30
WEDNESDAYS				
Book Club	1st Wednesday	1:30pm-2:30pm	45906-03	\$15 / \$25
Caregiver Support	3rd Wednesday	10:00am-11:30am	45909-01	no fee
Computer Users	4th Wednesday	10:00am-12:00pm	46917-04	\$15 / \$25
Duplicate Bridge	2nd & 4th Wednesdays	12:00pm-4:00pm	46913-03	\$20 / \$30
Party Bridge	1st & 3rd Wednesdays	12:00pm-4:00pm	46912-01	\$20 / \$30
Plymouth Pedalers (Biking)**	Rides Apr-Oct, locations vary	Times Vary	45908-03	\$25 / \$35
THURSDAYS				
Cribbage	Every Thursday	12:30pm-3:00pm	46914-03	\$25 / \$35
Current Events	Every Thursday	10:00am-11:30am	46915-03	\$20 / \$30
Needle Arts	1st & 3rd Thursdays	11:30am-2:30pm	45907-03	\$15 / \$25
Plymouth Woodcarvers	Every Thursday	9:00am-11:00am	45905-03	\$25 / \$35
FRIDAYS				
Open Arts Studio	Every Friday	9:00am-11:30am	45902-03	\$20 / \$30
500 Card Club	Every Friday	1:00pm-4:00pm	46916-03	\$25 / \$35

### 2024 **Annual Group Fees**

### **HOW TO REGISTER**

There are many ways to register for an annual membership. You must register for each group you would like to participate in.

### go online

plymouthmn.gov/recreation

Register online - using online recreation account - search for group using activity code.

### call us

Call us at 763-509-5200 and provide the activity code for the group you would like to register for.

### stop in

Register in-person at Plymouth Parks and Recreation office - located in Plymouth City Hall, 3400 Plymouth Blvd.

Or at the Plymouth Community Center 14800 34th Ave N.



### **ACTIVE ADULTS 55+**

### **SENIOR SERVICES**

Plymouth Parks & Recreation collaborates with Senior Community Services to meet the changing needs of older adults and their caregivers.

### **HOME** program:

Manage chores and personal technology. Call 763-416-7969 or email hometeam@seniorcommunity.org.

### **Senior Outreach & Caregiver Services:**

Access services and attend a support group. Call 952-767-7899 or email k.wiebusch@seniorcommunity.org.

### **CareNextion:**

Caregivers coordinate care for their loved one. Visit CareNextion.org to learn more and sign up.

### **Technology support:**

Personal technology support & coaching is offered at the Plymouth Community Center. See pg. 86 for details.

### **MINNESOTA HIGHWAY SAFETY & RESEARCH CENTER DRIVING CLASSES**

Plymouth Community Center, 14800 34th Avenue N

Taught by trained instructors, topics include changes in traffic laws, vehicle technology and defensive driving tips using educational videos and classroom training/discussion. Sessions are available in a basic (8-hour) first-time course or a refresher (4-hour) course. Please bring what you need for the day (eg. snack, lunch or beverage). Completion of this course allows for a 10% reduction on automobile insurance premiums in Minnesota for those ages 55 and over. Refresher course must be completed every three years for discount.

Many Zoom classes are also available. Call the MN Hwy Safety Research Center for details.

### For class fees & registration contact MN Hwy Safety Research Center toll free number: 1-320-308-1400

AGES	DAY	DATE & TIME	CLASS TYPE	LOCATION
55+	F	Jun 7 12:00pm-4:00pm	4 hour refresher	PCC
55+	F	Jul 19 12:00pm-4:00pm	4 hour refresher	PCC
55+	F	Aug 16 12:00pm-4:00pm	4 hour refresher	PCC



### CARFIT

PCC-Active Wing, 14800 34th Avenue N

When was the last time you adjusted your seat belt, steering wheel tilt or your car seat for the safest and most comfortable fit? Join us for a free 20 min safety check of these adjustments and more sponsored by CarFit. Trained technicians work with each participant to ensure they "fit" their vehicle properly for maximum comfort and safety. CarFit is a community-based educational program, sponsored by AARP.

DAY	DATE & TIME	ACTIVITY
W	May 8 1:00pm-1:20pm	25905-01
W	May 8 1:20pm-1:40pm	25905-02
W	May 8 1:40pm-2:00pm	25905-03
W	May 8 2:00pm-2:20pm	25905-04
W	May 8 2:20pm-2:40pm	25905-05
W	May 8 2:40pm-3:00pm	25905-06
W	May 8 3:00pm-3:20pm	25905-07
W	May 8 3:20pm-3:40pm	25905-08
W	May 8 3:40pm-4:00pm	25905-09
	w w w w w w w	W May 8 1:00pm-1:20pm  W May 8 1:20pm-1:40pm  W May 8 1:40pm-2:00pm  W May 8 2:00pm-2:20pm  W May 8 2:20pm-2:40pm  W May 8 2:40pm-3:00pm  W May 8 3:00pm-3:20pm  W May 8 3:20pm-3:40pm  W May 8 3:20pm-3:40pm



### **ACTIVE ADULTS 55+**

### 1:1 TECHNOLOGY SUPPORT

PCC-Education Wing, 14800 34th Avenue N

Need help with that cell phone, laptop or tablet? Senior Community Services (SCS) HOME Tech Help to the rescue. Register for a one on one appointment with a tech expert at the Plymouth Community Center. Appointments are 45 minutes. Bring your own device to the appointment. Limit one time slot per date. This low-cost service is brought to you by SCS through a grant from Hennepin County. Must be 60+ and live in Hennepin or Carver County.

Please note: Additional sections are available every Tuesday, May-July while they last. Visit registration page to view availability and to register.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
60+	Tu	May 7 1:00pm-1:45pm	Res \$5 Non Res \$7	25913-01
60+	Tu	May 7 1:45pm-2:30pm	Res \$5 Non Res \$7	25913-02
60+	Tu	May 7 2:30pm-3:15pm	Res \$5 Non Res \$7	25913-03
60+	Tu	May 7 3:15pm-4:00pm	Res \$5 Non Res \$7	25913-04

### **MOVIE MATINEE**

PCC-Event Wing, 14800 34th Avenue N

Enjoy an afternoon with friends going to the movies at the Plymouth Community Center in the Blackbox Theater. Popcorn and water will be provided. Please call 763-509-5200 for movie titles.

Ages 55+ | Tuesdays | 1:00-3:30pm

DATES and REGISTRATION NUMBER:

May 21 | Jun 18 | Jul 16 | Aug 20

#15702-05 #25702-01 #25702-02 #25702-03



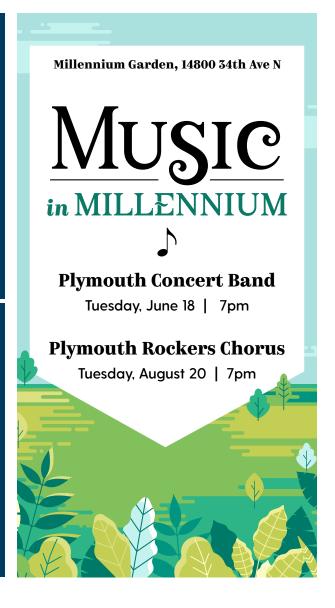
### **SUMMER BINGO**

PCC-Education Wing, 14800 34th Avenue N

Tuesday, June 11th

Join us for a summer fun bingo event! Two cards max per player, per game. Register online or by calling 763-509-5200

Ages 55+ 10:00 am — 12:00 pm \$5 Resident \$7 Non-Resident Activity # 25701- 01





### **TRIPS**

### COMMUNITY TRIPSTERS: MINNEAPOLIS LIBRARY & FIRE MUSEUM

Plymouth City Hall, 3400 Plymouth Boulevard

Take a guided tour of the Minneapolis Central Library. Then tour the Minnesota Fire Museum, one of the largest fires in the Nation to see the collection that includes 9 apparatus, nearly 5,000 patches, over 10,000 photos and countless other fire related items from helmets to fire extinguishers to gear to a wide variety of tools. Lunch will be at The Local with a choice of Fish & Chips, Reuben Sandwich or Shepherd's Pie. Register by April 15.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	May 14 9:30am-4:00pm	Res \$89 Non Res \$96	25604-01

### COMMUNITY TRIPSTERS: LAKE CITY BOAT CRUISE

PCC-Event Wing, 14800 34th Avenue N

Enjoy breathtaking views of Lake Pepin while we dine at Kelly's Lake House. Lunch will be a petite sirloin meal. After lunch we will board the Winona Tour Boat with a climate-controlled cabin where the captain will educate you with insight and stories of the beautiful Mississippi River. Register by May 13.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jun 11 8:30am-6:30pm	Res \$93 Non Res \$100	25600-01

### COMMUNITY TRIPSTERS: SPLIT ROCK LIGHTHOUSE PCC-Event Wing. 14800 34th Avenue N

Enjoy a day on visiting the scenic North Shore. Enjoy lunch buffet at The Grand Superior Lodge, take a guided tour of the spectacular Split Rock Lighthouse and visit Burlington Station & Callie's Sweets. Stop for a snack at Tobie's on your return home. Register by June 15.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jul 23 6:45am-8:00pm	Res \$108 Non Res \$115	25601-01

### **COMMUNITY TRIPSTERS: HUDSON BOAT CRUISE**

PCC-Event Wing, 14800 34th Avenue N

Board an Afton Cruise Lines Vessel to cruise the St. Croix River. Enjoy the scenic shores of Minnesota and Wisconsin with views of the rugged landscapes, majestic views, woodlands, and wildlife. On board luncheon menu: Chicken Marsala and Mostaccioli Pasta meal. A cash bar will be available. After the cruise browse through the shops in historic downtown Hudson. Reaister by Jul 15.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Aug 15 9:45am-4:15pm	Res \$94 Non Res \$101	25602-01

### COMMUNITY TRIPSTERS: LEINEKUGEL BREWERY TOUR

PCC-Event Wing, 14800 34th Avenue

Take a guided tour of the Leinenkugel Brewing Company. Hear about the historic Jacob Leinenkugel's Brewing Company and how they use an old-world Germanic brewing method dating back to 1867. Guests need to be prepared to walk for one mile. Path is handicap accessible. Safety glasses are provided and must be worn. There will be a stop the Menomonie Creamery to purchase cheese, snacks and other refreshments. Register by Aug. 19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Sep 19 8:00am-5:45pm	Res \$97 Non Res \$104	25603-01

### TRAVEL TALK: EXTENDED TRIPS

PCC-Education Wing, 14800 34th Avenue N

Learn more about Extended Trips to Memphis, October 2024, and Myrtle Beach, December 2024, with Jeanie's Journeys that includes trip itineraries, destination details and answers to your travel questions. Free, pre-registration requested.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	July 9 2:00pm-3:00pm	no fee	25609-01

### EXTENDED TRIPS: ELVIS PRESLEY & MEMPHIS OCT. 6-12

Plymouth City Hall, 3400 Plymouth Boulevard

See Graceland, tour Sun Studios, enjoy time at your leisure on Beale Street, the Rock & Soul Smithsonian and sample some of the best BBQ the country has to offer! The most significant enhancement and expansion of Elvis Presley's Graceland is now open in honor of the "King of Rock and Roll"! Register by Sept. 1.

AGES	DATE & TIME	COST	ACTIVITY
18+	Oct 6-Oct 12	Single occupancy: \$1,997 Double: \$1,898/person	25606-01

### EXTENDED TRIPS: MYRTLE BEACH CHRISTMAS: DEC. 3-7

Non-Designated

Christmas-time trip to Myrtle Beach to see the Christmas shows while staying oceanfront in a lovely resort on the beach! Enjoy fantastic Southern entertainment and food while visiting one of the most beautiful Christmas Lights display in the United States. Register by Nov 1. Location: Non- designated (MSP- ground transportation to/from airport not included in cost)

AGES	DATE & TIME	COST	ACTIVITY
18+	Dec 3-Dec 7	Single occupancy: \$2,098 Double: \$1,898/person	25605-01

### CLASS DESCRIPTIONS (please see schedule on following pages)



WAYZATA EAST MIDDLE SCHOOL - 12000 RIDGEMOUNT AVENUE

### **ADULT BEGINNER SWIMMING (AGES: 15+)**

Focus on basic swimming skills and comfort in the water. Develop fundamental swim skills, basic stroke development and safety.

### WOMEN'S ADULT BEGINNER SWIMMING (AGES: 16+)

Focus on basic swimming skills and comfort in the water. Develop fundamental swim skills, basic stroke development and safety. Taught by female instructors.

### **INFANT/TODDLER SWIMMING (AGES: 6 MOS-18 MOS)**

A parent/child class that builds basic swimming skills and water safety knowledge. Using games and activities, the class will focus on water adjustment and basic comfort in front & back positions. One adult per child required in water.

### PRESCHOOL ADULT + CHILD (AGES: 18 MO-4 YRS)

One adult per child required in the water. A class for those new to swimming or wishing to build on comfort and water safety skills learned in the Infant/Toddler class. Beginning swim skills introduced including: breath control, front & back position, and movement in the water.

### SWIM STARS (AGES: 3-5)

A class for children to develop the confidence needed to transition to a Preschool 1 swimming class. Parent/adults will be in the water for the first half of the session and then transition to a preschool class with instructor only.

### PRESCHOOL 1 SWIMMING (AGES: 3-5)

This class is for those who have completed a parent/child class or a child comfortable in a class setting without a parent. Class introduces age appropriate basic swimming skills, breath control, bobbing underwater, supported front and back floats/ glides and movement in the water (5-10 ft).

### PRESCHOOL 2 SWIMMING (AGES: 3-5)

For preschoolers who are comfortable in the water. Expand on basic skills: bobbing underwater, unsupported front and back floats/glides, swim on front and back unsupported 6ft. Jump in water alone.

### **LEVEL 1 SWIMMING (AGES: 5-14)**

This class is an introduction to water skills and builds basic swimming skills for comfort in the water. Class introduces floating, kicking, gliding, arm & leg action, swimming independently on front/back (10 ft), and breath control.

### **LEVEL 2 SWIMMING (AGES: 5-14)**

This class is for those who have passed Level 1 or are able to float on front and back (5 sec) and independent swim (10 ft on front/back). Class builds on level 1 skills introducing front & back crawl, elementary backstroke and fundamental techniques while building endurance to swim front crawl (20 ft).

#### LEVEL 3 SWIMMING (AGES: 6-14)

A class for those who have passed Level 2 or have the equivalent skills. Class concentrates on stroke development, through guided practice, to swim front crawl & back crawl (15 yds each). 30 yd. endurance swim. Intro of elementary back stroke (15 ft), treading water, and diving introduction.

### LEVEL 4 SWIMMING (AGES: 6-14)

A class for those who have passed Level 3 or have the equivalent skills. Class stresses technique and endurance with front & back crawl and elementary backstroke (25 yds). Class introduces breast stroke kick and dolphin kicks, diving progression, deep water skills, lap swimming, and 50 yds endurance swim.

### **LEVEL 5 SWIMMING (AGES: 8-14)**

Objectives: refine techniques in all strokes (front crawl, back crawl, elementary backstroke 50yds, breast stroke and sidestroke 25yds), learn basic butterfly, become an endurance swimmer.

#### LEVEL 6 SWIMMING (AGES: 8-14)

Continue to refine all strokes and develop more endurance. Learn competitive turns, starts, how to read a time clock and a workout.



ADULT BEGINNER (AGES 15+)						
DAY	DATE	TIME	COST	ACTIVITY		
Th	Jun 13-Jul 25	7:45pm-8:30pm	\$104	25800-01		
Sa	Jun 8-Aug 3	8:30am-9:15am	\$138	25800-02		
W	Jul 10-Aug 14	7:45pm-8:30pm	\$104	25800-03		

WOM	MEN'S ADULT BEGINNER (AGES 16+)				
DAY	DATE	TIME	COST	ACTIVITY	
Su	Jun 9-Aug 4	1:00pm-1:45pm	\$138	25802-01	

INFANT/TODDLER (AGES 6 MO-18 MO)					
DAY	DATE	TIME	COST	ACTIVITY	
M,W	Jun 10-Jul 3	4:30pm-5:00pm	\$112	21800-01	
Sa	Jun 8-Aug 3	9:30am-10:00am	\$128	21800-02	
М	Jul 8-Aug 12	4:30pm-5:00pm	\$96	21800-03	
W	Jul 10-Aug 14	4:30pm-5:00pm	\$96	21800-04	

PRESC	PRESCHOOL ADULT + CHILD (AGES 18 MO-4 YEARS)						
DAY	DATE	TIME	COST	ACTIVITY			
M,W	Jun 10-Jul 3	5:15pm-5:45pm	\$112	21801-01			
M,W	Jun 10-Jul 3	7:00pm-7:30pm	\$112	21801-02			
Tu	Jun 4-Jul 23	6:00pm-6:30pm	\$128	21801-03			
Th	Jun 13-Jul 25	5:15pm-5:45pm	\$96	21801-04			
Sa	Jun 8-Aug 3	10:15am-10:45am	\$128	21801-05			
Su	Jun 9-Aug 4	9:15am-9:45am	\$128	21801-06			
М	Jul 8-Aug 12	5:15pm-5:45pm	\$96	21801-07			
М	Jul 8-Aug 12	7:00pm-7:30pm	\$96	21801-08			
W	Jul 10-Aug 14	5:15pm-5:45pm	\$96	21801-09			
Tu,Th	Jul 30-Aug 15	6:00pm-6:30pm	\$96	21801-10			

SWIM	SWIM STARS (AGES 3-5)					
DAY	DATE	TIME	COST	ACTIVITY		
M-Th	Jun 10-Jun 20	8:30am-9:00am	\$112	21802-01		
M-Th	Jul 8-Jul 18	8:30am-9:00am	\$128	21802-02		
M-Th	Jul 22-Aug 1	10:15am-10:45am	\$128	21802-03		
M-Th	Aug 5-Aug 15	8:30am-9:00am	\$128	21802-04		
M-Th	Jun 4-Jul 23	6:00pm-6:30pm	\$128	21802-05		
Th	Jun 13-Jul 25	5:15pm-5:45pm	\$96	21802-06		
Sa	Jun 8-Aug 3	1:30pm-2:00pm	\$128	21802-07		
Su	Jun 9-Aug 4	11:30am-12:00pm	\$128	21802-08		
W	Jul 10-Aug 14	5:15pm-5:45pm	\$96	21802-09		
Tu,Th	Jul 30-Aug 15	6:00pm-6:30pm	\$96	21802-10		
M-Th	Jun 10-Jun 20	8:30am-9:00am	\$112	21802-11		
M-Th	Jun 10-Jun 20	8:30am-9:00am	\$112	21802-12		
M-Th	Jun 10-Jun 20	8:30am-9:00am	\$112	21802-13		
M-Th	Jun 10-Jun 20	8:30am-9:00am	\$112	21802-14		
M-Th	Jun 10-Jun 20	8:30am-9:00am	\$112	21802-15		

PRESCHOOL 1 (AGES 3-5)						
DAY	DATE	TIME	COST	ACTIVITY		
M-Th	Jun 10-Jun 20	9:15am-9:45am	\$112	22800-01		
M-Th	Jun 24-Jul 3	8:30am-9:00am	\$112	22800-02		
M-Th	Jul 8-Jul 18	9:15am-9:45am	\$128	22800-03		
M-Th	Jul 22-Aug 1	10:15am-10:45am	\$128	22800-04		
M-Th	Aug 5-Aug 15	9:15am-9:45am	\$128	22800-05		
M,W	Jun 10-Jul 3	4:30pm-5:00pm	\$112	22800-06		
Tu	Jun 4-Jul 23	4:30pm-5:00pm	\$128	22800-07		
Th	Jun 13-Jul 25	4:30pm-5:00pm	\$96	22800-08		
Sa	Jun 8-Aug 3	9:30am-10:00am	\$128	22800-09		
Sa	Jun 8-Aug 3	12:45pm-1:15pm	\$128	22800-10		
Su	Jun 9-Aug 4	8:30am-9:00am	\$128	22800-11		
Su	Jun 9-Aug 4	12:15pm-12:45pm	\$128	22800-12		
М	Jul 8-Aug 12	4:30pm-5:00pm	\$96	22800-13		
W	Jul 10-Aug 14	4:30pm-5:00pm	\$96	22800-14		
W	Jul 10-Aug 14	6:00pm-6:30pm	\$96	22800-15		
Tu,Th	Jul 30-Aug 15	4:30pm-5:00pm	\$96	22800-16		

### Aquatics

PRESC	HOOL 2 (AGES 3	-5)		
DAY	DATE	TIME	COST	ACTIVITY
M-Th	Jun 10-Jun 20	10:00am-10:30am	\$112	22801-01
M-Th	Jun 24-Jul 3	9:15am-9:45am	\$112	22801-02
M-Th	Jul 8-Jul 18	8:30am-9:00am	\$128	22801-03
M-Th	Jul 22-Aug 1	8:30am-9:00am	\$128	22801-04
M-Th	Aug 5-Aug 15	8:30am-9:00am	\$128	22801-05
M,W	Jun 10-Jul 3	6:15pm-6:45pm	\$112	22801-06
Tu	Jun 4-Jul 23	5:15pm-5:45pm	\$128	22801-07
Tu	Jun 4-Jul 23	6:00pm-6:30pm	\$128	22801-08
Th	Jun 13-Jul 25	6:00pm-6:30pm	\$96	22801-09
Sa	Jun 8-Aug 3	11:15am-11:45am	\$128	22801-10
Su	Jun 9-Aug 4	8:30am-9:00am	\$128	22801-11
Su	Jun 9-Aug 4	11:15am-11:45am	\$128	22801-12
М	Jul 8-Aug 12	6:15pm-6:45pm	\$96	22801-13
W	Jul 10-Aug 14	6:00pm-6:30pm	\$96	22801-14
Tu,Th	Jul 30-Aug 15	5:15pm-5:45pm	\$96	22801-15
Tu,Th	Jul 30-Aug 15	6:30pm-7:00pm	\$96	22801-16

LEVEL	1 (AGES 5-14)								
DAY	DATE	TIME	COST	ACTIVITY	DAY	DATE	TIME	COST	ACTIVITY
M-Th	Jun 10-Jun 20	8:30am-9:00am	\$112	23800-01	Th	Jun 13-Jul 25	6:00pm-6:30pm	\$96	23800-17
M-Th	Jun 10-Jun 20	9:15am-9:45am	\$112	23800-02	Sa	Jun 8-Aug 3	9:30am-10:00am	\$128	23800-18
M-Th	Jun 10-Jun 20	11:00am-11:30am	\$112	23800-03	Sa	Jun 8-Aug 3	12:00pm-12:30pm	\$128	23800-19
M-Th	Jun 24-Jul 3	11:00am-11:30am	\$112	23800-04	Su	Jun 9-Aug 4	9:30am-10:00am	\$128	23800-20
M-Th	Jun 24-Jul 3	11:00am-11:30am	\$112	23800-05	Su	Jun 9-Aug 4	10:45am-11:15am	\$128	23800-21
M-Th	Jul 8-Jul 18	9:15am-9:45am	\$128	23800-06	М	Jul 8-Aug 12	4:30pm-5:00pm	\$96	23800-22
M-Th	Jul 8-Jul 18	11:00am-11:30am	\$128	23800-07	М	Jul 8-Aug 12	7:00pm-7:30pm	\$96	23800-23
M-Th	Jul 22-Aug 1	8:30am-9:00am	\$128	23800-08	W	Jul 10-Aug 14	4:30pm-5:00pm	\$96	23800-24
M-Th	Jul 22-Aug 1	11:00am-11:30am	\$128	23800-09	W	Jul 10-Aug 14	6:00pm-6:30pm	\$96	23800-25
M-Th	Aug 5-Aug 15	9:15am-9:45am	\$128	23800-10	Tu,Th	Jul 30-Aug 15	5:15pm-5:45pm	\$96	23800-26
M-Th	Aug 5-Aug 15	6:30pm-7:00pm	\$128	23800-11	Tu,Th	Jul 30-Aug 15	6:45pm-7:15pm	\$96	23800-27
M,W	Jun 10-Jul 3	4:30pm-5:00pm	\$112	23800-12	M-Th	Jun 10-Jun 13	1:30pm-2:00pm	\$96	23800-28
M,W	Jun 10-Jul 3	7:00pm-7:30pm	\$112	23800-13	M-Th	Jun 10-Jun 13	2:15pm-2:45pm	\$96	23800-29
Tu	Jun 4-Jul 23	5:15pm-5:45pm	\$128	23800-14	M-Th	Jun 24-Jun 27	1:30pm-2:00pm	\$96	23800-30
Tu	Jun 4-Jul 23	6:45pm-7:15pm	\$128	23800-15	M-Th	Jun 24-Jun 27	2:15pm-2:45pm	\$96	23800-31
Th	Jun 13-Jul 25	6:45pm-7:15pm	\$96	23800-16	M-Th	Jul 8-Jul 11	1:30pm-2:00pm	\$96	23800-32



WAYZATA EAST MIDDLE SCHOOL - 12000 RIDGEMOUNT AVENUE

### **CANCELLATION POLICY**

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.

DAY	DATE	TIME	COST	ACTIVITY	DAY	DATE	TIME	COST	ACTIVITY	DAY	DATE	TIME	COST	ACTIVITY
M-Th	Jun 10-Jun 20	9:15am-9:45am	\$112	23801-01	M,W	Jun 10-Jul 3	8:00pm-8:30pm	\$112	23801-12	M-Th	Jun 10-Jun 13	1:30pm-2:00pm	\$96	23801-25
M-Th	Jun 10-Jun 20	11:00am-11:30am	\$112	23801-02	Tu	Jun 4-Jul 23	4:00pm-4:30pm	\$128	23801-13	M-Th	Jun 10-Jun 13	2:15pm-2:45pm	\$96	23801-26
M-Th	Jun 24-Jul 3	8:30am-9:00am	\$112	23801-03	Tu	Jun 4-Jul 23	6:45pm-7:15pm	\$128	23801-14	M-Th	Jun 24-Jun 27	1:30pm-2:00pm	\$96	23801-27
M-Th	Jun 24-Jul 3	11:00am-11:30am	\$112	23801-04	Th	Jun 13-Jul 25	5:15pm-5:45pm	\$96	23801-15	M-Th	Jun 24-Jun 27	2:15pm-2:45pm	\$96	23801-28
M-Th	Jul 8-Jul 18	9:15am-9:45am	\$128	23801-05	Sa	Jun 8-Aug 3	10:15am-10:45am	\$128	23801-16	M-Th	Jul 8-Jul 11	1:30pm-2:00pm	\$96	23801-29
M-Th	Jul 8-Jul 18	11:00am-11:30am	\$128	23801-06	Sa	Jun 8-Aug 3	12:45pm-1:15pm	\$128	23801-17	M-Th	Jul 8-Jul 11	2:15pm-2:45pm	\$96	23801-30
M-Th	Jul 22-Aug 1	9:15am-9:45am	\$128	23801-07	Su	Jun 9-Aug 4	9:30am-10:00am	\$128	23801-18	M-Th	Jul 15-Jul 18	1:30pm-2:00pm	\$96	23801-31
M-Th	Jul 22-Aug 1	11:00am-11:30am	\$128	23801-08	Su	Jun 9-Aug 4	11:15am-11:45am	\$128	23801-19	M-Th	Jul 15-Jul 18	2:15pm-2:45pm	\$96	23801-32
M-Th	Aug 5-Aug 15	9:15am-9:45am	\$128	23801-09	М	Jul 8-Aug 12	5:15pm-5:45pm	\$96	23801-20	M-Th	Jul 29-Aug 1	1:30pm-2:00pm	\$96	23801-33
M-Th	Aug 5-Aug 15	11:00am-11:30am	\$128	23801-10	М	Jul 8-Aug 12	8:00pm-8:30pm	\$96	23801-21	M-Th	Jul 29-Aug 1	2:15pm-2:45pm	\$96	23801-34
M,W	Jun 10-Jul 3	5:15pm-5:45pm	\$112	23801-11	W	Jul 10-Aug 14	5:15pm-5:45pm	\$96	23801-22	M-Th	Aug 5-Aug 8	2:45pm-3:15pm	\$96	23801-35
			•	·	Tu,Th	Jul 30-Aug 15	4:30pm-5:00pm	\$96	23801-23	M-Th	Aug 5-Aug 8	3:30pm-4:00pm	\$96	23801-36
					Tu,Th	Jul 30-Aug 15	7:15pm-7:45pm	\$96	23801-24	M-Th	Aug 12-Aug 15	1:30pm-2:00pm	\$96	23801-37
							•		·	M-Th	Aug 12-Aug 15	2:15pm-2:45pm	\$96	23801-38

LEVEL	3 (AGES 6-14)													
DAY	DATE	TIME	COST	ACTIVITY	DAY	DATE	TIME	COST	ACTIVITY	DAY	DATE	TIME	COST	ACTIVITY
M-Th	Jun 10-Jun 20	10:00am-10:45am	\$121	23802-01	Th	Jun 13-Jul 25	6:45pm-7:30pm	\$104	23802-11	M-Th	Jun 10-Jun 13	1:30pm-2:15pm	\$96	23802-22
M-Th	Jun 24-Jul 3	9:15am-10:00am	\$121	23802-02	Sa	Jun 8-Aug 3	10:15am-11:00am	\$138	23802-12	M-Th	Jun 10-Jun 13	2:30pm-3:15pm	\$96	23802-23
M-Th	Jun 24-Jul 3	10:00am-10:45am	\$121	23802-03	Sa	Jun 8-Aug 3	12:00pm-12:45pm	\$138	23802-13	M-Th	Jun 24-Jun 27	1:30pm-2:15pm	\$96	23802-24
M-Th	Jul 8-Jul 18	10:00am-10:45am	\$138	23802-04	Su	Jun 9-Aug 4	8:30am-9:15am	\$138	23802-14	M-Th	Jun 24-Jun 27	2:30pm-3:15pm	\$96	23802-25
M-Th	Jul 22-Aug 1	9:15am-10:00am	\$138	23802-05	Su	Jun 9-Aug 4	10:15am-11:00am	\$138	23802-15	M-W	Jul 1-Jul 3	1:30pm-2:15pm	\$72	23802-26
M-Th	Aug 5-Aug 15	10:00am-10:45am	\$138	23802-06	Su	Jun 9-Aug 4	12:00pm-12:45pm	\$138	23802-16	M-Th	Jul 22-Jul 25	2:15pm-3:00pm	\$96	23802-27
M,W	Jun 10-Jul 3	5:15pm-6:00pm	\$121	23802-07	М	Jul 8-Aug 12	5:15pm-6:00pm	\$104	23802-17	M-Th	Jul 22-Jul 25	3:15pm-4:00pm	\$96	23802-28
M,W	Jun 10-Jul 3	7:00pm-7:45pm	\$121	23802-08	М	Jul 8-Aug 12	7:00pm-7:45pm	\$104	23802-18	M-Th	Jul 29-Aug 1	1:30pm-2:15pm	\$96	23802-29
Tu	Jun 4-Jul 23	6:45pm-7:30pm	\$138	23802-09	W	Jul 10-Aug 14	6:45pm-7:30pm	\$104	23802-19	M-Th	Jul 29-Aug 1	2:30pm-3:15pm	\$96	23802-30
Tu	Jun 4-Jul 23	7:30pm-8:15pm	\$138	23802-10	Tu,Th	Jul 30-Aug 15	4:30pm-5:15pm	\$104	23802-20	M-Th	Aug 5-Aug 8	2:40pm-3:25pm	\$96	23802-31
					Tu,Th	Jul 30-Aug 15	7:30pm-8:15pm	\$104	23802-21	M-Th	Aug 5-Aug 8	3:35pm-4:15pm	\$96	23802-32
										M-Th	Aug 12-Aug 15	1:30pm-2:15pm	\$96	23802-33
										M-Th	Aug 12-Aug 15	2:30pm-3:15pm	\$96	23802-34

### Aquatics

LEVEL	4 (AGES 6-14)			
DAY	DATE	TIME	COST	ACTIVITY
M-Th	Jun 10-Jun 20	10:45am-11:30am	\$121	23803-01
M-Th	Jun 24-Jul 3	10:00am-10:45am	\$121	23803-02
M-Th	Jul 8-Jul 18	10:45am-11:30am	\$138	23803-03
M-Th	Jul 22-Aug 1	9:15am-10:00am	\$138	23803-04
M-Th	Aug 5-Aug 15	10:45am-11:30am	\$138	23803-05
M,W	W Jun 10-Jul 3 6:00pm-6:45pm		\$121	23803-06
M,W	Jun 10-Jul 3	7:45pm-8:30pm	\$121	23803-07
Tu	Jun 4-Jul 23	7:30pm-8:15pm	\$138	23803-08
Th	Jun 13-Jul 25	6:45pm-7:30pm	\$104	23803-09
Sa	Jun 8-Aug 3	11:00am-11:45am	\$138	23803-10
Sa	Jun 8-Aug 3	1:00pm-1:45pm	\$138	23803-11
Su	Jun 9-Aug 4	10:15am-11:00am	\$138	23803-12
М	Jul 8-Aug 12	6:00pm-6:45pm	\$104	23803-13
М	Jul 8-Aug 12	7:45pm-8:30pm	\$104	23803-14
W	Jul 10-Aug 14	6:45pm-7:30pm	\$104	23803-15
Tu,Th	Jul 30-Aug 15	7:30pm-8:15pm	\$104	23803-16
M-Th	Jun 10-Jun 13	1:30pm-2:15pm	\$96	23803-17
M-Th	Jun 10-Jun 13	2:30pm-3:15pm	\$96	23803-18
M-Th	Jun 24-Jun 27	1:30pm-2:15pm	\$96	23803-19
M-Th	Jun 24-Jun 27	2:30pm-3:15pm	\$96	23803-20
M-W	Jul 1-Jul 3	3:45pm-4:30pm	\$72	23803-21
M-Th	Jul 15-Jul 18	1:30pm-2:15pm	\$96	23803-22
M-Th	Jul 15-Jul 18	2:30pm-3:15pm	\$96	23803-23
M-Th	Jul 29-Aug 1	1:30pm-2:15pm	\$96	23803-24
M-Th	Jul 29-Aug 1	2:30pm-3:15pm	\$96	23803-25
M-Th	Aug 5-Aug 8	2:40pm-3:25pm	\$96	23803-26
M-Th	Aug 5-Aug 8	3:35pm-4:15pm	\$96	23803-27
M-Th	Aug 12-Aug 15	1:30pm-2:15pm	\$96	23803-28
M-Th	Aug 12-Aug 15	2:30pm-3:15pm	\$96	23803-29

LEVEL	5 (AGES 8-14)			
DAY	DATE	TIME	COST	ACTIVITY
M-Th	Jul 8-Jul 18	10:00am-10:45am	\$138	23805-01
M-Th	Jul 22-Aug 1	10:00am-10:45am	\$138	23805-02
M-Th	Aug 5-Aug 15	10:00am-10:45am	\$138	23805-03
M,W	Jun 10-Jul 3	10:00am-10:45am	\$121	23805-04
Th	Jun 13-Jul 25	6:45pm-7:30pm	\$121	23805-05
Sa	Jun 8-Aug 3	11:00am-11:45am	\$138	23805-06
Su	Jun 9-Aug 4	12:00pm-12:45pm	\$138	23805-07
М	Jul 8-Aug 12	6:00pm-6:45pm	\$104	23805-08
W	Jul 10-Aug 14	6:45pm-7:30pm	\$104	23805-09
Tu,Th	Jul 30-Aug 15	5:30pm-6:15pm	\$104	23805-10
M-Th	Jun 10-Jun 13	1:30pm-2:15pm	\$96	23805-11
M-Th	Jun 10-Jun 13	2:30pm-3:15pm	\$96	23805-12
M-Th	Jun 24-Jun 27	1:30pm-2:15pm	\$96	23805-13
M-Th	Jun 24-Jun 27	2:30pm-3:15pm	\$96	23805-14
M-W	Jul 1-Jul 3	3:45pm-4:30pm	\$72	23805-15
M-Th	Jul 22-Jul 25	2:15pm-3:00pm	\$96	23805-16
M-Th	Jul 22-Jul 25	3:15pm-4:00pm	\$96	23805-17
M-Th	Jul 29-Aug 1	1:30pm-2:15pm	\$96	23805-18
M-Th	Jul 29-Aug 1	2:30pm-3:15pm	\$96	23805-19
M-Th	Aug 5-Aug 8	2:40pm-3:25pm	\$96	23805-20
M-Th	Aug 5-Aug 8	3:35pm-4:15pm	\$96	23805-21
M-Th	Aug 12-Aug 15	1:30pm-2:15pm	\$96	23805-22
M-Th	Aug 12-Aug 15	2:30pm-3:15pm	\$96	23805-23

LEVEL	LEVEL 6 (AGES 8-14)								
DAY	DATE	TIME	COST	ACTIVITY					
M,W	Jun 10-Jul 3	7:45pm-8:30pm	\$121	23806-01					
Th	Jun 13-Jul 25	7:45pm-8:30pm	\$104	23806-02					
М	Jul 8-Aug 12	7:45pm-8:30pm	\$104	23806-03					
W	Jul 10-Aug 14	7:45pm-8:30pm	\$104	23806-04					

### **ADULT SWIMMING STROKE REFINEMENT**

Wayzata West Middle School, 149 Barry Avenue

Now that you know the basics learn how to make your strokes smoother, faster, and become stronger. This class is designed for those looking to improve their swimming skills.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	M,W	Jun 3-Jun 26 6:30am-7:30am	\$105	25820-01
15+	M,W	Jul 8-Jul 31 6:30am-7:30am	\$128	25820-02
15+	M,W	Aug 5-Aug 14 6:30am-7:30am	\$68	25820-03

### **COMPETITIVE SWIM CAMP**

Wayzata East Middle School, 12000 Ridgemount Avenue

A camp-style class in which students develop and refine the four competitive strokes: front crawl, back crawl, breaststroke and butterfly. Students learn basic starts and flit turns and participate in drills, relays, games and a fun swim event. Must have completed Learn to Swim Level 4 or have equivalent skills.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-9	M-Th	Aug 5-Aug 8 1:30pm-2:30pm	\$60	23807-01
10-15	M-Th	Aug 5-Aug 8 1:30pm-2:30pm	\$60	23807-02
10-15	M-Th	Aug 5-Aug 8 1:30pm-2:30pm	\$60	23807-03

### **DEEP WATER RUNNING**

### Wayzata East Middle School, 12000 Ridgemount Avenue

Take your workout to the water with this fun fitness class. You will tone muscles and improve cardiovascular system. Natural water resistance helps create a challenging workout great for participants with joint ailments or injuries. No swimming required.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	M,W	Jun 3-Jun 26 7:00am-7:45pm	\$45	25801-01
16+	Tu,Th	Jun 4-Jun 27 5:30pm-6:15pm	\$51	25801-02
16+	M,W	Jul 1-Jul 31 7:00am-7:45am	\$65	25801-03
16+	Tu,Th	Jul 2-Jul 30 5:30pm-6:15pm	\$51	25801-04
16+	Tu,Th	Aug 1-Aug 15 5:30pm-6:15pm	\$33	25801-05

### **INTRO TO DIVING**

### Wayzata East Middle School, 12000 Ridgemount Avenue

This class teaches basic diving progressions and assists in preparation for a diving team.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-18	M-Th	Jul 8-Jul 11 1:30pm-2:15pm	\$75	23810-01
7-18	M-Th	Jul 8-Jul 11 2:30pm-3:15pm	\$75	23810-02

### STEM AQUATICS CAMP

### Wayzata East Middle School, 12000 Ridgemount Avenue

Come dive into STEM fun at our new STEM Aquatics Camp! We will experiment with the properties or water and play along the way.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-13	M-Th	Jun 17-Jun 20 1:30pm-3:30pm	\$95	23812-01

### SUMMER PRIVATE INTEREST LIST

### Wayzata East Middle School, 12000 Ridgemount Avenue

We offer a limited number of private 30-minutes swimming lessons to swimmers 5 years and older. A member of our aquatic team will contact families when availability is finalized. Please note that registration for this list does not guarantee a private 30-minute lesson. Fees are \$28 per lesson. Minimum of 4 session.

AGES	DAY	DATE & TIME	ACTIVITY
5+	M-Th	Jun 12-Jun 11 8:00am-4:00pm	26810-01

### WATER EXERCISE

### Wayzata East Middle School, 12000 Ridgemount Avenue

The natural properties of the water allows for an amazing opportunity to challenge your body. The water increases circulation, decreases swelling, increases flexibility, and provides great resistance. Come learn how to use the water to challenge you and provide some variety to your workout routines.

AGES	DAY	DATE & TIME	COST	ACTIVITY
	Tu,Th	Jun 4-Jun 27 7:30am-8:15am	\$45	26217-01
	Tu,Th	Jul 2-Jul 30 7:30am-8:15am	\$45	26217-02

### SUMMER PRIVATE SWIM LESSON

### Wayzata East Middle School, 12000 Ridgemount Avenue

Each season we are able to offer a limited number of private 30-minute swimming lessons to swimmers 5 years and older. Fees are pro-rated at \$28 per lesson. There are no make-up lessons or refunds for students' missed classes.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	M-Th	Jun 10-Jun 13 3:00pm-3:30pm	\$140	26812-01
5+	M-Th	Jun 10-Jun 13 3:45pm-4:15pm	\$140	26812-02
5+	M-Th	Jun 17-Jun 20 1:30pm-2:00pm	\$105	26812-03
5+	M-Th	Jun 17-Jun 20 2:15pm-2:45pm	\$105	26812-04
5+	M-Th	Jun 17-Jun 20 3:00pm-3:30pm	\$105	26812-05
5+	M-Th	Jun 17-Jun 20 3:45pm-4:15pm	\$105	26812-06
5+	M-Th	Jun 24-Jun 27 3:00pm-3:30pm	\$140	26812-07
5+	M-Th	Jun 24-Jun 27 3:45pm-4:15pm	\$140	26812-08
5+	M-Th	Jul 8-Jul 11 3:00pm-3:30pm	\$140	26812-09
5+	M-Th	Jul 8-Jul 11 3:45pm-4:15pm	\$140	26812-10
5+	M-Th	Jul 15-Jul 18 3:00pm-3:30pm	\$140	26812-11
5+	M-Th	Jul 15-Jul 18 3:45pm-4:15pm	\$140	26812-12
5+	M-Th	Jul 22-Jul 25 1:30pm-2:00pm	\$140	26812-13
5+	M-Th	Jul 22-Jul 25 2:15pm-2:45pm	\$140	26812-14
5+	M-Th	Jul 29-Aug 1 3:00pm-3:30pm	\$140	26812-15
5+	M-Th	Jul 29-Aug 1 3:45pm-4:15pm	\$140	26812-16
5+	M-Th	Aug 12-Aug 15 3:00pm-3:30pm	\$140	26812-17
5+	M-Th	Aug 12-Aug 15 3:45pm-4:15pm	\$140	26812-18

WAYZATA EAST MIDDLE SCHOOL - 12000 RIDGEMOUNT AVENUE



## WAYZATA EAST MIDDLE SCHOOL POOL

Register for programs and view pool activities: PLYMOUTHMN.GOV/AQUATICS



### **LAP/OPEN SWIM**

### **LAP SWIM:**

Mon, Wed, Fri: 6-8 am Sat, Sun: 7-9 am Mon-Thurs: 11:30 am-1:30 pm

### **OPEN SWIM:**

Fri, Sat, Sun: 2-4 pm

### **DROP IN PROGRAMS**

### **WATER WALKING:**

Mon, Wed: 7:45-8:30 am

### **DEEP WATER WALKING:**

Tues, Thurs: 7:45-8:30 am

# POOL RENTALS AND PARTY PACKAGES

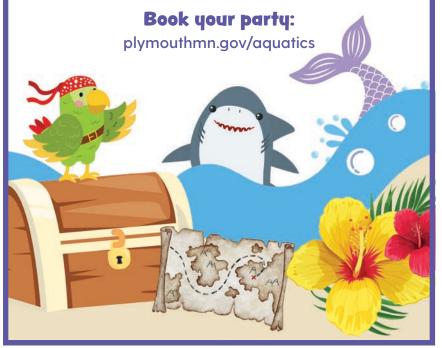
Private rentals are \$125/hour for a minimum of two hours and includes staff. Themed parties are an additional \$150 and include decorations, party supplies, goodie bags, and crafts.

### **Party Themes:**

Pirate, Mermaid, Shark, Tropical, Glow in the dark

### **Rental Times:**

Fri. 5-9 pm, Sat. 5-9 pm and Sun. 4-8 pm



### Beaches





### MEDICINE LAKE **EAST** BEACH

Parking, trails, swimming beach, picnic site with grills, playground and bathrooms/changing areas.



### MEDICINE LAKE WEST BEACH

Parking, trails, swimming beach, picnic shelters, playground, sand volleyball court, fishing pier and portable restrooms.



### PARKERS LAKE BEACH

Parking, trails, swimming beach, picnic sites with grills, playground, sand volleyball, bathrooms/changing areas and portable restrooms.

### **BEACH RULES**

- » Children 11 years old or younger must be accompanied in the water by a person 16 yrs or older.
- » Only U.S. Coast Guard-approved Personal Flotation Devices (PFD) are permitted. Persons wearing PFDs must be within arm's reach of a responsible person.
- » Children in diapers must wear protective plastic pants while in the swim area.
- » No monofins or tails, rafts, inner tubes or any other large inflatable objects.
- » No alcohol or tobacco.

### **BEACH CLOSING POLICY**

Beaches will be closed periodically due to water quality and/or water treatment. Signage will be posted on site as well as updated information on our website.

### **BOATS/WATER CRAFT**

Boat launches are available at both Parkers Lake and Medicine Lake (French Park access). NOTE: boats/water craft are not permitted within the buoyed swimming area.

### Skating



### Plymouth Skate School

offers a fun and safe learning environment for students of all ages and abilities to learn how to skate.

### **GENERAL INFORMATION**

- Beginning levels are required to wear helmets.
- Skaters MUST be at least 4 years old by the start of the class no exceptions will be made.
- Rental skates available for \$5/lesson.
- Parents are not allowed on the ice during class time.
- For safety reasons, no shoes allowed on the ice.

#### PROPER ATTIRE

Skaters will benefit more from a lesson with proper skates. We prefer boots be of leather rather than vinyl and they should have strong ankle support. Skates should not crease or buckle when worn, and should fit to the foot size and not have excess 'room to grow'. Blades should be of high tempered steel and properly sharpened. Double runner blades are NOT allowed.

It is important that all skaters are warm and comfortable while skating. We suggest dressing in layers and request all skaters to wear mittens or gloves.

### CLASS DESCRIPTIONS (please see schedule on following pages)

### **SKATING BEGINNERS (AGES: 4-6)**

For children that have never been on ice. Helmets required.

### **SKATING BEGINNER/INTERMEDIATE (AGES: 4-6)**

For children who have skated previously and can walk on the ice. They must know how to fall down and get up on their own.

### SKATING PRE-ALPHA LEVEL 1 (AGES: 7-15)

A beginner level class for children ages 7-15 with little to no skating experience. Helmets required at this beginner level.

### **SKATING PRE-ALPHA LEVEL 2 (AGES: 4-15)**

Class Elements: One foot glide, right/left, two foot glide, forward/backward swizzles, backward wiggle, two foot turns in place, forward pumps on circles.

### **SKATING ALPHA (AGES: 4-18)**

Pre-req: Pre-Alpha. Class Elements: Forward stroking, forward crossover (both directions), one foot snowplow stop, backward one foot glides, backward pumps on circle, moving two foot turns.

### **SKATING BETA (AGES: 4-18)**

Pre-req: Alpha. Class Elements: Backward stroking, backward crossovers both directions, t-stop, backward edges on circle, side toe hop/shuffle, forward edges.

### **SKATING GAMMA (AGES: 4-18)**

Pre-req: Beta. Class Elements: Forward outside 3-turns, inside open Mohawk, hockey stop, moving backward two foot turns on circle, chasse.

PLYMOUTH ICE CENTER
3650 Plymouth Blvd.

### **SKATING DELTA (AGES: 4-18)**

Pre-req: Gamma. Class Elements: Forward inside 3-turn, forward consecutive edges, shoot the duck/lunge bunny hop, backward crossover to backward outside glide, backward outside edge transitions on circle.

### SKATING FREESTYLE 1-6 (AGES: 4+)

Pre-req: Delta. Advanced figure skating lessons. Jumps and spins.

### SKATING HOCKEY 1 (AGES: 4+)

This is NOT a beginner class. For those with little experience on the ice. Participants must have hockey skates and know how to fall and recover. Proper stance, stationary snowplow stop, forward marching, dips and glides, backwards wiggle, stationary two foot turns, forward swizzles, rocking horses, t-pushes.

### **SKATING HOCKEY 2 (AGES: 4+)**

Pre-req: Hockey 1. For those with moderate skating experience. Must have hockey skates. Forward power swizzles, backward C-cuts, backward snowplow stops, forward/backward C-cuts on circle plus glides, skateboard push, t-push with glides.

### **SKATING HOCKEY 3 (AGES: 4+)**

Pre-Req: Hockey 2. For those with considerable skating experience. Must have hockey skates. One-foot snowplow stops, full stride v-pushes, shuffle stride, backward hustle, forward and backward crossovers, hockey stops, quick starts, forward power turns, mohawks, alternating backward crossovers with wide transitions.

### **SKATING ADULT (AGES: 15.5+)**

Beginner through advanced levels using basic skills.



### **SKATING CONTRACT ICE**

Contract Ice is an opportunity for skaters to practice their skating skills on reserved ice time. If space is available, walk-ins will be \$16 per hour or \$8 per half hour.

NOTE: Coaches who are Skate School instructors will not be charged to teach on contract ice. All others pay for ice time.

AGES	DAY	DATE & TIME	COST	ACTIVITY
all ages	Tu	Jun 11-Jul 30 3:30pm-4:30pm	\$102	26200-01

	BEGINNERS (AGES 4-6) Res \$102 Non Res \$116				
DAY	DATE	TIME	ACTIVITY		
Tu	Jun 11-Jul 30	4:35pm-5:05pm	26203-01		
Tu	Jun 11-Jul 30	5:10pm-5:40pm	26203-02		
Tu	Jun 11-Jul 30	5:45pm-6:15pm	26203-03		
Tu	Jun 11-Jul 30	6:20pm-6:50pm	26203-04		
Tu	Jun 11-Jul 30	6:55pm-7:25pm	26203-05		

	Res \$102 Non Res \$116				
DAY	DATE	TIME	ACTIVITY		
Tu	Jun 11-Jul 30	4:35pm-5:05pm	26204-01		
Tu	Jun 11-Jul 30	5:10pm-5:40pm	26204-02		
Tu	Jun 11-Jul 30	5:45pm-6:15pm	26204-03		
Tu	Jun 11-Jul 30	6:20pm-6:50pm	26204-04		
Tu	Jun 11-Jul 30	6:55pm-7:25pm	26204-05		

PRE-ALPHA LEVEL 1 (AGES 7-15) Res \$102 Non Res \$116						
Tu	Jun 11-Jul 30	4:35pm-5:05pm	26205-01			
Tu	Jun 11-Jul 30	5:10pm-5:40pm	26205-02			
Tu	Jun 11-Jul 30	6:20pm-6:50pm	26205-03			
PRE-ALPHA LEVEL 2 (AGES 4-15) Res \$102 Non Res \$116						
DAY	DATE	TIME	ACTIVITY			
Tu	Jun 11-Jul 30	4:35pm-5:05pm	26206-01			
Tu	Jun 11-Jul 30	5:10pm-5:40pm	26206-02			
Tu	Jun 11-Jul 30	6:20pm-6:50pm	26206-03			
Tu	Jun 11-Jul 30	6:55pm-7:25pm	26206-04			
ALPHA (AGES 4-18) Res \$102 Non Res \$116						
Tu	Jun 11-Jul 30	5:10pm-5:40pm	26207-01			
Tu	Jun 11-Jul 30	6:20pm-6:50pm	26207-02			
Tu	Jun 11-Jul 30	7:30pm-8:00pm	26207-03			
BETA (AGES 4-18) Res \$102 Non Res \$116						
DAY	DATE	TIME	ACTIVITY			
Tu	Jun 11-Jul 23	5:45pm-6:15pm	26208-01			
Tu	Jun 11-Jul 30	6:55pm-7:25pm	26208-02			

GAMMA (AGES 4-18) Res \$102 Non Res \$116					
Tu	Jun 11-Jul 30	7:30pm-8:00pm	26209-01		
	<b>A (AGES 4-18)</b> 102 Non Res \$116				
Tu	Jun 11-Jul 30	7:30pm-8:00pm	26210-01		
FREESTYLE 1-6 (AGES 4+) Res \$102 Non Res \$116					
Tu	Jun 11-Jul 30	7:30pm-8:00pm	26211-01		
HOCKEY 1 (AGES 4+) Res \$102 Non Res \$116					
DAY	DATE	TIME	ACTIVITY		
Tu Jun 11-Jul 30		5:45pm-6:15pm	26212-01		
	<b>KEY 2 (AGES 4+)</b> 102 Non Res \$116				
Tu	Jun 11-Jul 30	6:55pm-7:25pm	26213-01		
HOCKEY 3 (AGES 4+) Res \$102 Non Res \$116					
Tu	Jun 11-Jul 30	7:30pm-8:00pm	26214-01		
ADULT (AGES 15.5+) Res \$102 Non Res \$116					
Tu	Jun 11-Jul 30	5:45pm-6:15pm	26201-01		

### **CANCELLATION POLICY**

BEGINNER/INTERMEDIATE (AGES 4-6)

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.

# Special Events

plymouthmn.gov/specialevents



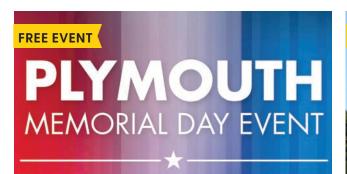
### TREE AND SHRUB SALE

Opens March 1 for Plymouth residents Opens March 8 for non-residents

Shrubs Under \$15 / Trees \$30-\$45

Get help choosing the right plant by viewing video presentations with city forestry staff.

View at plymouthmn.gov/treesale



### **MEMORIAL DAY EVENT**

May 24, 11:00am Plymouth Veteran's Memorial, 3400 Plymouth Blvd

The public is invited to attend this event which honors those who have given their lives while serving in the United States Armed Forces



### **SUMMER SERIES SKATE EVENT**

June 18, 5pm registration, 6pm event start Plymouth Creek Skate Park, 3625 Fernbrook Ln. N

Skateboard contest co-run with 3rd Lair. Free to enter, jam format, and includes prizing down to 3rd place in each division



### HAPPY BIRTHDAY AMERICA PARADE

June 27, 10:00am-12:00pm Hilde Performance Center, 3500 Plymouth Blvd

11:00am - Live music: Kidpower with Rachael

Bring your bikes, trikes, wagons and friends. Decorate with streamers and balloons which are provided or bring your own. Food available for purchase.



# FREE EVENT



### **PIE DAY**

March 14, 10:00am-1:00pm PCC - 14800 34th Ave N

Come to the Community Center and indulge in a slice of your favorite pie along with ice cream! Need to feed a group? Buy an entire pie and get 6 cups of ice cream. Choose from a variety of pies. This event supports senior programs.

\$5.00 - slice of pie with an ice cream cup \$25.00 - whole pie with 6 cups of ice cream

### WALK WITH THE MAYOR

May 1, 6:30pm-7:30pm PCC - 14800 34th Ave N

Kick off the Step to it Challenge with the annual Walk with the Mayor event. Walk includes a 2 mile trail loop and a snack to go.

STEP TO IT CHALLENGE begins May 1.

Participants can begin registering April 1. Visit: www.steptoit.org/

### **BARK IN THE PARK**

Saturday, May 18, 9:00am-12:00pm Hilde Performance Center, 3500 Plymouth Blvd

Spoil your favorite furry friend out at the park and meet other dog lovers at this free event. Activities and contests along with info and products from local vendors. Visit www.plymouthmn.gov/barkinthepark for more details.



### **MUSIC IN PLYMOUTH 5K**

June 29, 8:00am

Northwest Greenway, 5250 Peony Ln.

Join runners and walkers in a 3.1 mile tour of the City Center area on a certified course. Families are welcome. Medals are awarded to top finishers in each age category. Sponsored by the Plymouth Civic League. All proceeds go to support Music in Plymouth. For more info, visit musicinplymouth.org. Register online at active.com.



### **MUSIC IN PLYMOUTH**

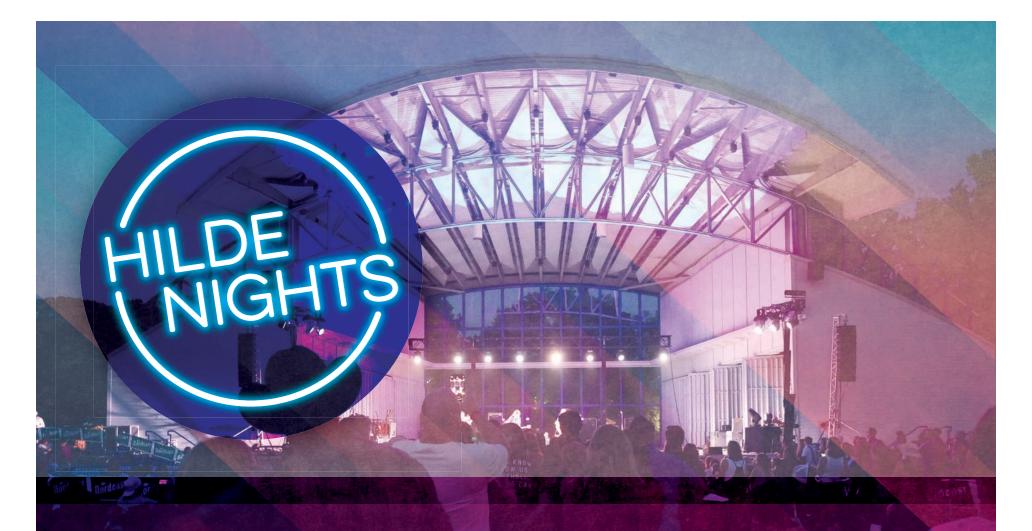
July 10, 5:30-10:30 p.m.

Hilde Performance Center, 3500 Plymouth Blvd

Revel in an enchanted evening of music under the stars featuring musical performances including the Minnesota Orchestra. Stay for the grand finale, a spectacular fireworks display set to music! Sponsored by the Plymouth Civic League. For more info or to donate, visit musicinplymouth.org.

### **NEW CONCERT SERIES!**





JUNE 14

PARROTHEAD PARADISE JULY 19

**GEN X JUKEBOX** 

AUG. 23

CHRIS KROEZE
AND TIM SIGLER BAND





### **Plymouth Concert Band**

Tuesday, June 18 | 7pm

### **Plymouth Rockers Chorus**

Tuesday, August 20 | 7pm

Millennium Garden, 14800 34th Ave N



### SUMMER BEACH SERIES

### **May 23**

6:00-8:00pm

Beaches and Bonfires

East Medicine Lake beach, 1740 E Medicine Lk Blvd

### **June 21**

6:00-8:30pm *Parker's Lake Play Day* Parkers Lake Park, 15500 Co. Rd. 6

### **August 9**

6:00-9:00pm

Beaches, Bands & Brews

East Medicine Lake beach, 1740 E Medicine Lk Blvd



mouth plymouthmn.gov/specialevents





**PLYMOUTH LIONS** 



plymouthmn.gov/sponsors



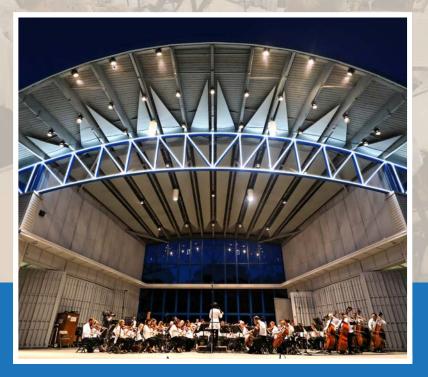
AUGUST 15
5:00 PM-8:30 PM

**Activities & Entertainment:** 

STEM Zone, Fine Arts Zone, Dazzling Dave - National Yo-Yo Master, carnival games, food trucks, stage entertainment, face painting, inflatables, bounce houses and more.

Please check plymouthmn.gov/specialevents for updates

Hilde Performance Center, 3500 Plymouth Blvd











# MUSIC IN PLYMOUTH\*\*

Wed. July 10, 2024 | 5:30 p.m.

Featuring the Minnesota Orchestra

MUSIC IN PLYMOUTH



June 29 | 8 a.m.
Northwest Greenway,
5250 Peony Ln.

## MOVIE MATINEE 55+

SEE DETAILS ON PG 86

ages 55+

summer BINGO

> TUESDAY, JUNE 11 10 AM - 12 PM

**DETAILS ON PAGE 86** 





\$45/couple (residents), \$54/couple (non-residents)

(additional adults or children are \$20/ticket)

Invite the special adult in your life to walk the red carpet for an evening of dancing, photo opportunities, refreshments and more in the Plymouth Room at the Plymouth Community Center. Choose to dress to the nines or wear what you are most comfortable in for this memorable evening. Call 763-509-5200 or register online: plymouthmn.gov/specialevents.

PCC Plymouth Room, 14800 34th Ave N



**APRIL 25-28** 

Plymouth Community Center, 14800 34th Ave N | times vary

Come support local creatives. Primavera features a juried art exhibit, performances in music and the literary arts. Primavera is a partnership with Plymouth Arts Council and City of Plymouth.

Exhibit open APRIL 25-JUNE 7 | Literary Night - APRIL 25

For a full schedule of events, visit plymouthartscouncil.org



### Plymouth Arts Council (PAC) plymouthartscouncil.org

A non-profit organization. Our mission is to promote awareness and appreciation of visual, musical, literary and theater arts. PAC sponsors community art endeavors and provides partial funding to the Plymouth Concert Band.



### Plymouth Concert Band plymouthconcertband.org

Members of the band all share in one thing, their love of music and the desire to bring the arts to the citizens of Plymouth.

They strongly emphasize quality through direction, musical literature, commitment of the players and rehearsal requirements.







# SHOWCASING YOUR COMMUNITY

**MARCH 23**, 9AM-2PM

PLYMOUTH COMMUNITY CENTER DOME, 14800 34th AVE N

See more information at plymouthmn.gov/specialevents