

## SHOPPING AT THE MARKET

If you are new to shopping farmers markets, here are some quick tips:

**Go early.** For the best selection get to the market early. The best goods go first. Popular, but limited items may even sell out before the day is gone.

**Bring big bags and small change.** Hardy canvas bags are best to carry your bounty and small change helps for quick and easy transactions.

**Bring cash.** Many vendors do not accept credit cards or checks. For your convenience, there is an ATM located in the Ice Arena (across from the Farmers Market location).

**Get advice.** If you find a vegetable that is new to you, ask the farmer how to prepare it. Most vendors are willing to sell smaller amounts, if asked.

**Know your seasons.** Remember, produce is seasonal. Not everything is in season all at the same time.



## THANK YOU SPONSORS



# PLYMOUTH Farmers Market

Every Wednesday

June 18-October 1

2:30-6:30 pm

Plymouth Ice Center / LifeTime Fitness Parking Lot  
3600 Plymouth Boulevard

The mission of the market is to create a sense of community.

The market will be bursting with summer vegetables & fruits,  
so remember to bring a bag to carry it all home.

A newsletter is published online each week which discusses interests of the market,  
upcoming news and recipes to try.



PLYMOUTH PARKS & RECREATION  
763.509.5200 / [www.plymouthmn.gov](http://www.plymouthmn.gov)



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# PLYMOUTH Farmers Market

## MARKET VENDORS

All of the vendors selling at the Plymouth Farmer's Market are located within 60 miles of Plymouth. They bring to the market a variety of items including honey, baked goods, canned goods, flowers, and seasonal produce. We can't wait to see you here every week!

## CHECK OUT UPCOMING EVENTS!

Featuring local musicians and theme Nights throughout the season!

**July 9<sup>th</sup>** Brian Peterson

**July 23<sup>rd</sup>** Sunny VanBrocklin

**August 6<sup>th</sup>** Brian Peterson

**August 13<sup>th</sup>** Roe Family

**August 27<sup>th</sup>** Barbara English

**September 3<sup>rd</sup>** Sunny VanBrocklin

**September 17<sup>th</sup>** Tim Fast

**October 1st** – Tim Fast

## THANK YOU SPONSORS



## BAKED GOODS

**Great Harvest** *Minnetonka*  
Breads, Granola, Cookies, Rolls, Muffins and Mixes.

**Farina Bakeshop** *Excelsior*  
Pies, Pretzels, Brownies, Bars, Cookies, Tarts, Brioche and Focaccia Bread.

## SPECIALTY ITEMS

**Sugarbush Ridge Farm** - *Maple Grove*  
Honey, Maple Syrup and Vegetables.

**Olive on Tap** – *Minnetonka*  
Artisan Olive Oils, Balsamic Vinegars and Bread Dipping Seasonings.

**Sweetwater Roasters** – *Excelsior*  
½ to 1 pound packages and sample boxes of Whole Bean Roasted Coffee.

**Tantalizing Taste** – *Shorewood*  
Pepper Jams, BBQ and Marinara Sauces, Wine Jelly, Apple Butter, Hummus, Pesto and Salsa.

**Behren's Enterprises, LLC.** – *Champlin*  
BBQ and Wing Sauce, Spice Mixes.

## PRODUCE

**Beck's Elk River Green House and Vegetable Farm** - *Elk River*  
Bedding Plants, Hanging Baskets, Patio Pots, Perennials, Strawberries, Cherries, Gourds, Pickles, Lettuce, Assorted Melons, Pumpkins, Potatoes, Asparagus and much more.

**Bee's Fresh Vegetables** – *Brooklyn Park*  
Green Beans, Jalapenos, Cilantro, Parsley, Kohlrabi, Gourds, Spinach, Collard Greens, Celery, Sweet Banana Pepper, Rhubarb, Cantaloupe, Squash, Cauliflower and much more.

**Chang's Farm** - *Lakeville*  
Lettuce, Kale, Tomatoes, Beans, Broccoli, Carrots, Eggplant, Garlic, Ginger, Bokchoy, Brussels Sprouts, Cauliflower, Cabbage, Radishes, Beets, Peppers and much more.

**Ger Her** – *Cottage Grove*  
Beets, Carrots, Sweet Potatoes, Cabbage, Basil, Dill, Cilantro, Garlic, Okra, Peppers, Squash, Spinach, Beans, Cucumbers, Radishes, Rhubarb, Watermelon and much more.

**Gregor Farm and Greenhouse** - *Wayzata*  
Bedding and Potted Plants and Flowers, Broccoli, Tomatoes, Cabbage, Peppers, Eggplant, Cherries, Plums, Pumpkins, Squash, Zucchini, Jams and Jellies.

**Hughes Farm** - *Cambridge*  
Bedding Plants, Flowers, Homemade Soap, Eggs, Jam, Cucumbers, Peppers, Squash, Tomatoes, Raspberries.

**Jimmy John's Farm** - *Eagan*  
Sweet Potatoes, Tomatoes, Cilantro, Dill, Basil, Peas, Cauliflower, Melons, Cucumbers, Rhubarb, Onions, Carrots, Bell Peppers, Squash, Beets, Beans, Cabbage, Fingerlings, Sweet Corn.

**Lee Family Farm** - *Moundsview*  
Fresh Cut Flowers (Lillies, Sunflower, Dahlias, Rose.. etc.) Okra, Onion, Parsley, Parsnip, Peas, Peppers, Radishes, Rhubarb, Spinach, Squash, Tomatoes, Rutabaga and much more.

**Mau Family Produce** - *Maple Grove*  
Cabbage, Eggplant, Broccoli, Cauliflower, Sweet Corn, Cucumbers, Watermelon, Squash, Brussel Sprouts, Tomatoes, Carrots, Parsnips, Green Beans, Pumpkins, Indian Corn.

**Svihel Vegetable Farm** - *Foley*  
Strawberries, Raspberries, Blueberries, Watermelon, Cantaloupe, Tomatoes, Peas, Zucchini, Squash, Pumpkins, Potatoes, Peppers, Cucumbers, Sweet Corn and much more.

**Thompson Hillcrest Orchard** - *Elko*  
Apples, Raspberries, Applesauce, Apple Pie, Jams and Jellies, Sweet Corn.

**Untiedts Vegetable Farm** - *Waverly*  
Strawberries, Muskmelon, Watermelon, Apples, Onions, Lettuce, Kale, Sweet Corn, Squash, Asparagus, Peas, Beans, Zucchini, Broccoli, Peppers, Cucumbers, Potatoes and much more.

## READY TO EAT FOOD

**Berry Blendz** - *Eden Prairie*  
100% Fruit Smoothies.

**Naturally Delicious Inc.** - *Otsego*  
Homemade Ice Cream in 8 flavors sold in cones, cups and bowls.

**Simply Nuts** - *Chanhassen*  
Cashews, Cinnamon Almonds, Peanuts, Pecan Pralines and a variety of other mixed nuts and trail mixes.

